

WINTER 2024

AQUATICS

FITNESS

ENRICHMENT

SPORTS

SPECIAL EVENTS

ART

STEAM/STEM

South Lyon Area
Recreation
Authority
Discover Your Passion



RECREATION

COMMUNITY



SOUTH LYON AREA RECREATION AUTHORITY ~ 10083 COLONIAL INDUSTRIAL DR.
SOUTH LYON, MI 48187 ~ 248.437.8105 ~ WWW.SLREC.NET

OFFICE INFORMATION

Hours:
Monday - Friday 8 am to 4 pm

Address:
10083 Colonial Industrial Dr
South Lyon, MI 48178

Phone Number:
248.437.8105

Fax Number:
248.437.4324

Web Site:
www.slrec.net

SOUTH LYON AREA RECREATION AUTHORITY BOARD

Mark St. Charles, Green Oak Township
Patricia Carcone, Charter Township of Lyon
Paul Zelenak, City of South Lyon

*Meetings 4th Wednesday of every month at 2 pm,
view website for details*

SLARA OFFICE CLOSURES

December 25 & 26

January 1 & 2

March 29

SLARA MISSION, VISION, AND CORE VALUES

MISSION STATEMENT

The mission of SLARA is to enhance the quality of life by providing a variety of safe, fun, and affordable activities for all ages. SLARA strengthens the bonds of community and creates accessible opportunities for renewal, growth, and enrichment.

VISION STATEMENT

To provide a diverse range of opportunities designed to keep members of the community happy, active, and productive. By maintaining fiscally responsible practices and focusing on accessibility SLARA works to be recognized as the recreational provider of choice in our area.

CORE VALUES

- Personal Fulfillment and Development
- Exceptional Customer Service
- Diversity
- Health and Wellness
- FUN!



Utilize our QR Code to gain direct access to our website for quick and easy registration!

NEVER MISS ANOTHER REGISTRATION DEADLINE,

CANCELLATION OR PROGRAM GUIDE!

→ Sign-up with Constant Contact TODAY!



To stay up to date on program information, important deadlines, and all things SLARA, be sure to sign up for the SLARA Constant Contact monthly newsletter on our website at www.slrec.net.



SLARA STAFF

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COMMUNITY RESOURCE DIRECTORY

ACTION SPORTS
WWW.ACTIONSPORTSMI.COM

ACTIVE FAITH COMMUNITY SERVICES
248.437.9790

AMERICAN DANCE ACADEMY
248.486.9664 ~ WWW.AMERICANDANCEACADEMY.NET

CENTER FOR ACTIVE ADULTS
248.573.8175

CHAMBER OF COMMERCE
248.437.3257

CITY OF SOUTH LYON
248.437.1735

GREEN OAK TOWNSHIP
810.231.1333

HAN'S TAE KWON DO
248.446.4051 ~ WWW.TKDSOUTHLION.COM

ISLAND LAKE STATE RECREATION AREA
810.229.7067

JUNIOR LEAGUE BASEBALL
WWW.SLJL.ORG

LYON FC SOCCER CLUB
248.701.6053 ~ WWW.LYONFCSOCCER.COM

LYON TOWNSHIP
248.437.2240

LYON TOWNSHIP LIBRARY
248.437.8800

MATCATS
WWW.MICHIGANMATCATS.COM

MICHIGAN YOUTH FLAG FOOTBALL
WWW.MICHIGANYOUTHFLAGFOOTBALL.COM

PANTHER FOOTBALL/CHEER
WWW.SOUTHLIONPANTHERS.ORG

PINZ BOWLING CENTER
248.437.0700 ~ WWW.PINZSOUTHLION.COM

SALEM/SOUTH LYON LIBRARY
248.437.6431

SOUTH LYON COMMUNITY SCHOOLS
WWW.SLCS.US

THE STUDIO
248.486.0649 ~ WWW.THESTUDIOSOUTHLION.COM

YOUTH ASSISTANCE
248.573.8189





Healthy Kids
GROW UP TO BE HEALTHY ADULTS

**READY
TO HELP**



Blue Cross Blue Shield of Michigan and Blue Care Network believe that when communities are healthy, everyone benefits. And it all starts with Michigan's youth. Our Building Healthy Communities program is a statewide initiative designed to prevent chronic disease, improve the mental health and well-being of students and staff, and create healthy school environments. The program improves health, reduces obesity, increases student attendance and boosts academic achievement. Since 2009, we've contributed to the health and well-being of over half a million kids in more than 1,100 schools across Michigan.

Learn more at AHealthierMichigan.org

Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.

ADULT PROGRAMS

ART

GLOW IN THE DARK AURORA BOREALIS

DATE: MON. MAR. 4
TIME: 5:30 – 7 PM
AGE: 18+
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: KIDCREATE

Have you ever spotted the Northern Lights in Michigan? Come explore blending as we create a mixed-media landscape featuring nature's most magnificent light show: Aurora Borealis. Just like the real Northern Lights, this project will glow-in-the-dark!!!

CODE: 8090
R/NR Fee: \$42/56

SUCCULENT GARDEN MAKING

DAY/DATE: FRI., APR. 5
TIME: 5:30 - 7 PM
AGE: 18+
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: KIDCREATE

Cultivating an appreciation for both nature and art! Express yourself and explore your imaginations in our creative, one-of-a-kind succulent garden class! Participants will be able to design this living work of art with colorful succulents, plus an adorable mushroom figure that adds a whimsical touch. Not only is it fun - but you can also proudly show off their masterpiece at home or give it as a special gift for someone close.

Code: 8091
R/NR Fee: \$42/56

FITNESS

AERIAL YOGA

DATE: MON. JAN. 15 – FEB. 26
TIME: 10-10:45 AM
AGE: 14+
LOCATION: 28243 BECK RD UNIT B2 - WIXOM
INSTRUCTOR: CPAL

Take your yoga practice to a new height with this beginner aerial yoga class. This hammock yoga class focuses on form and stability to create physical and mental flexibility. Utilizing the aerial hammock to create more mobility and control in your practice.

Code: 8002
R/NR Fee: \$150/200

ETHOS STRONG

SESSION 1: JAN 8 - FEB 28
SESSION 2: MAR 4 - APR 24
AGE: 18+
LOCATION: ETHOS HUMAN PERFORMANCE - 515 N. MILL ST
INSTRUCTOR: ETHOS STRENGTH AND CONDITIONING COACH

Ethos Strong classes are highly effective workouts that will ensure you get your heart rate up while also improving overall strength and fitness level. Classes combine several intense exercises to create a full body workout where strength, endurance, muscle building, and muscle toning are at the forefront. Our coaches will ensure that you are being pushed and held accountable in this encouraging group environment. No matter where you are at in your fitness journey, if you are looking for high-intensity, upbeat, strength/endurance-based workout that guarantees a high calorie burn; Ethos Strong is for YOU!

Code	Ses.	Day	Time	R/NR Fee
3403	1	Mon/Wed	7 - 8 pm	\$225/\$300 (16 classes)
3404	2	Mon/Wed	7 - 8 pm	\$225/\$300 (16 classes)

PILATES/YOGA FITNESS FUSION

DAY: THU.
SESSION #1: JAN. 11 – FEB. 15
SESSION #2: FEB 29 – APR 18
LOCATION: MILLENNIUM MIDDLE SCHOOL
INSTRUCTOR: RHONDA BARNES

This class is for beginners and anyone who is interested in joining! This class will focus on shapes of posture, the principles of alignment, and breath work. This class offers slow-paced flow. Participants will notice a difference in mobility, strength, and alignment after taking this class! **Please bring a yoga mat, wear form fitting stretchy clothing, and bring a water bottle to each class.**

Code	Ses.	Ages	Times	R/NR Fee
8005	1	15+	5:45 – 6:45 pm	\$72/\$96
8007	2	15+	5:45 – 6:45 pm	\$72/\$96

ADULT PROGRAMS

GROUP STRENGTH/MOBILITY/ RESTORATIVE FITNESS

DAY: THU.
SESSION 1: JAN. 11 – FEB. 15
SESSION 2: FEB 29 – APR 18
LOCATION: MILLENNIUM MIDDLE SCHOOL
INSTRUCTOR: RHONDA BARNES

Improve strength, mobility, & body composition in a supportive group with cardio, bodyweight exercises, resistance bands, Pilates, and yoga. All major muscle groups are worked including core, finishing with restorative stretching for a complete workout. This is a full body routine, a bit different for each class, for most levels as modifications are shown. **Instructor provides basic resistance bands; however, participants can bring their own resistance bands & dumbbells specific to their strength levels. Please bring fitness or yoga mats, a towel for sweat, and a water bottle.**

Code	Ses.	Ages	Times	R/NR Fee
8006	1	15+	6:50 - 7:50 pm	\$72/\$96
8008	2	15+	6:50 - 7:50 pm	\$72/\$96

Adult Aerial Apparatus

SESSION 1: JAN 10 - FEB 24
SESSION 2: MAR. 13 – APR 27
AGE: 18+
LOCATION: 28243 BECK RD B2
INSTRUCTOR: CENTER FOR PERFORMANCE ART & LEARNING

An introductory course in the world of Aerial Apparatus. Learn to fly using aerial silks, sling, lyra, and dance trapeze. This class works on conditioning, builds strength, and grace in the air. **Wear tight fitting/stretchy clothing and bring a water bottle to class each day.**

Code	Ses	Day	Time	R/NR Fee
8009	1	Wed	6:30-7:30 pm	\$210/280
8010	1	Sat	2:30 – 1:30 pm	\$210/280
8011	2	Wed	6:30 – 7:30 pm	\$210/280
8012	2	Sat	12:30 – 1:30 pm	\$210/280



LED/FIRE FLOW ART

DAY: THU.
SESSION 1: JAN. 18 – FEB 29
SESSION 2: MAR. 14 – APR 25
LOCATION: 28243 BECK RD UNIT B2 - WIXOM
INSTRUCTOR: CPAL

The Flow Arts are taking over the United States as a “new” performance art. Commonly seen at festivals all over our country. In this class, the students will be introduced to the basics of flow arts with hoop dancing and fire flow. Throughout the class, you will learn the techniques needed in creating choreography. You will have created your own flow dance by the end of this session. Recommended Attire: Fitted Cotton Clothing (no nylon or rayon)

Code	Ses.	Ages	Times	R/NR Fee
8001	1	18+	7 - 8 pm	\$200/\$266
8003	2	18+	7 - 8 pm	\$200/\$266



Zumba

DAY: TUE. (IN-PERSON)
SESSION 1: JAN 9 - FEB 13
SESSION 2: FEB 27 - APR 30 (NO CLASS 3/26, 4 9 & 4/23)
DAY: THU. (VIRTUAL)
SESSION 1: JAN 11 - FEB 15
SESSION 2: FEB 29 - APR 18 (NO CLASS 3/28)
AGE: 14+
LOCATION: MILLENNIUM MIDDLE SCHOOL - 6TH GRADE GYM OR
ONLINE VIA ZOOM
INSTRUCTOR: ZUMBA WITH ELIZABETH

Join Elizabeth for a fun, effective, easy to follow, total body work-out. Zumba classes are fast and slow cardiovascular movements set to Latin beats and high energy international music, which will motivate you to burn calories without even realizing it! Zumba is truly an “exercise in disguised” as fitness that has never felt so fun! No dance experience necessary. Please wear comfortable clothing, tennis shoes, and a water bottle to class.

Code	Ses.	Time	Location	R/NR Fee
8500	1	6:30 - 7:30 pm	MMS	\$36/48
8501	1	6:30 - 7:30 pm	Virtual	\$36/48
8503	2	6:30 - 7:30 pm	MMS	\$42/56
8504	2	6:30 - 7:30 pm	Virtual	\$42/56

ADULT PROGRAMS

CODING

PRACTICAL PYTHON

SESSION 1: JAN 20 - APR 6
SESSION 2: FEB 15 - MAY 2
AGE: 18+
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

Join our Python class & have fun mastering this essential computer programming language. Python opens a whole world of programming possibilities! Python is a high-level coding language used for web development, game development, building apps, machine learning, and more. Programming with Python is one of the simplest & popular coding languages when learning to code. This live class covers the basics of Python coding, plus puts a strong focus on the elements of Python that are most relevant to A. I.. Instead of listening to lectures, you will be building projects throughout the class while learning all the essentials of Python coding. **Technical Requirements:** Laptop or desktop device with Zoom, Chrome browser, and high internet connectivity.

Code	Ses.	Day	Times	R/NR Fee
1120	1	Sat	2 – 3:15 pm	\$236/\$315
1121	2	Thu	7 – 8:15 pm	\$236/\$315

SMART DEVICE & ROBOTIC W/ARDUINO

SESSION 1: JAN 25 - APR 11
SESSION 2: FEB 24 - MAY 11
AGE: 18+
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

Do you tinker? Enjoy building things? Learn step by step about circuits & Arduino, one of the most popular systems for building robots & smart home systems in the industry. You will learn how to design simple electronic systems for alarms, home sensing, motor controls, as well as creating code to control these systems. The class uses an Arduino simulator and does not require a physical device. The same code you create in class will work on the device without any changes. Once you learn the fundamentals of designing & coding with Arduino, there are numerous projects you can create beyond the class. **Technical Requirements:** Laptop or desktop device with Zoom, Chrome browser, and high internet connectivity.

Code	Ses.	Day	Times	R/NR Fee
1122	1	Thu	8:30 – 9:25 pm	\$189/\$252
1123	2	Sat	12:30 – 1:25 pm	\$189/\$252

LIFE SKILLS

TAX MASTERCLASS

DATE: THU. JAN. 25
TIME: 6 – 7 PM
AGE: 18+
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: JUSTIN RUSH

Welcome to our Tax Master Class, an educational class designed to demystify the complexities of taxation. This class is tailor-made for everyone in our community, whether you're a novice looking to build a solid foundation or looking to sharpen your financial skills. We'll cover a spectrum of tax topics, from the basics of taxation to income tax nuances and the latest legislative updates. All with the intention of helping you keep more of your hard-earned money in your own pocket. By the end of the class, you'll not only understand how taxes work but also gain valuable insights into optimizing your financial well-being. Join us in building a more financially savvy and informed community—one tax lesson at a time!

CODE: 8100
R/RN Fee: \$5/\$9

FINANCING SMALL BUSINESSES

DATE: THU. MAR. 14
TIME: 6 – 7 PM
AGE: 18+
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: JUSTIN RUSH

Welcome to our Small Business Financial Education Class. Tailored exclusively for small business owners like you, this class is a practical guide to mastering the financial aspects of entrepreneurship. Discover essential skills in budgeting, cash flow management, and strategic financial planning to ensure the stability and growth of your business. Our class provides actionable insights and real-world examples tailored to the unique challenges and opportunities small businesses face. Join us for an interactive learning experience where you can network with fellow entrepreneurs, ask specific questions relevant to your business, and gain the financial confidence needed to thrive. Let's navigate the financial landscape together and empower your small business for lasting success!

CODE: 8102
R/RN Fee: \$5/\$9



ADULT PROGRAMS

ADULT/PEDIATRIC CPR/FIRST AID/AED

DATE: THUR. APR. 11
TIME: 6 - 9:30 PM
AGE: 18+
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: LIVE SAFE ACADEMY - IAN KINDER

Be prepared for when the seconds count! You might save a life, but only if you know how. Learn how to respond effectively to adult, child and infant cardiac and choking emergencies, sudden illness, bleeding, and other life-threatening conditions from American Red Cross programs that set the national standard. You will also learn to use an automated external defibrillator (AED) and your vital role in the chain of survival. Adult pediatric first First Aid/CPR/AED card will be issued upon successful completion of the course requirements (valid for two years). **Please note that you must arrive on time to be certified, so please arrive early.** For more information, visit livesafeacademy.com/cpraedfirstaid

CODE: 1251
R/RN FEE: \$95/126



SELF DEFENSE FOR ALL

DATE: THU. MAY 2
TIME: 6:30-8:30 PM
AGE: 18+ (12+ ACCOMPANIED WITH AN ADULT)
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: LIVE SAFE ACADEMY - IAN KINDER

Can you defend yourself against a violent attack? Do you have the knowledge, skills, and confidence to protect your family? You don't have to spend years of training in an expensive program. Learn simple, lifesaving skills, from a program designed to increase your safety after just one class. Our hands-on courses teach time-tested, realistic methods that are easy to learn and remember. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. A great stress reliever and lots of fun. Parents, serious topics are discussed openly, but in a professional manner. Minors should be accompanied by participating adults when possible. Unpaid spectators are not allowed. A release and hold harmless agreement must be signed by a legal guardian.

CODE: 1251
R/RN FEE: \$35/47

MARTIAL ARTS

WARRIOR LEGACY

SESSION 1: JAN. 16 - MAR. 14
SESSION 2: MAR. 18 - MAY 16
AGE: 13+
LOCATION: 62345 8 MILE RD
INSTRUCTOR: SAHBUMNIM SHAWN DARNELL AND BLACK BELT STAFF

Adults of all ages are beginning their training in Warrior Legacy Martial Arts. WLMA's primary focus is on overall physical and mental health and longevity, practical self-defense, and street awareness. Techniques are scientifically designed with biomechanics, sports medicine, and kinesiology. Students are challenged to set realistic goals for themselves. They are given the encouragement and direction necessary to attain these goals.

Non-competitive - no sparring or tournament fighting.

Code	Ses.	Day	Times	R/NR Fee
2740	1	Tue	7:30 - 8:45 pm	\$60/80
2741	1	Thu	7:30 - 8:45 pm	\$60/80
2742	2	Tue	7:30 - 8:45 pm	\$60/80
2743	2	Thu	7:30 - 8:45 pm	\$60/80

SANCHIN-RYU KARATE

SESSION 1: JAN 10 - FEB 14
SESSION 2: FEB 21 - APR 3
SESSION 3: APR 10 - MAY 15
AGE: 18+
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR.
INSTRUCTOR: ROBERT THOMAS

Sanchi-Ryu karate system is built for the ever-changing daily challenges we all face. This unique style emphasizes the philosophy that the road to true confidence and security is paved with your ability to understand and develop your movement, thinking and emotions. Sanchin-Ryu is a non-competitive style that meets you where you are and gauges your development and individual growth, all in a safe environment. Our belt-ranking system is structured in a healthy no-comparison way, and effectively recognizes each student's personal attainment and progress every step of the way.

Code	Ses.	Day	Time	R/NR Fee
2762	1	Wed	8 - 9 pm	\$60/\$78
2765	2	Wed	8 - 9 pm	\$60/\$78
2766	3	Wed	8 - 9pm	\$60/\$78

ADULT PROGRAMS

SPORTS

OVER 30 BASKETBALL

DATE: TUE. AND THU., JAN. 9 - MAY 23
TIME: 8 - 10 PM
AGES: ADULTS 30+
LOCATION: CENTENNIAL MIDDLE SCHOOL - GYM

Come join SLARA for some non-competitive basketball and get back in the game! One low fee covers the whole season. Teams will be formed on-site during each session. You must bring your own basketball. No showers available on site. **No CLASS 2/20, 2/22, 3/26, 3/28, or 4/2**

NO ON-SITE REGISTRATION AVAILABLE. YOU MUST REGISTER WITH THE SLARA OFFICE PRIOR TO PARTICIPATING!

CODE: 6001
R/NR FEE: \$95/\$127



WOMEN'S WINTER VOLLEYBALL LEAGUE

DATE: WED.
LEAGUE PLAY BEGINS JAN. 17
PRACTICE NIGHT/MANAGER'S MEETING JAN. 10
TIME: 7 PM AND/OR 8:15 PM
AGES: 18 AND UP
LOCATION: MILLENNIUM MIDDLE SCHOOL - MAIN GYM

The goal is for all participating teams to get at least 11 matches including playoffs. If there are any school cancellations, every effort will be made to make up games, but there is not a guaranteed games will be made up. All teams make the playoffs. Weekly standings compiled. Championship shirts will be awarded to the playoff champions. Schedule to be announced shortly before the season. All teams must fill out Adult League Entry Form prior to registration. An entry form can be found on the SLARA website — slrec.net. **Returning teams have priority to reserve their spot until Fri., Dec. 15. Fees and rosters are due before the first game.**

CODE: 6100W
R/NR FEE: \$300/\$400 PER TEAM
REFEREE FEE: \$20 PER TEAM/PER GAME
(PAID IN CASH AT GAME TIME)

ADULT SOFTBALL LEAGUE

DATE: WED., APR 24 – MEN'S LEAGUE BEGINS
FRI., APR 26 – CO-ED LEAGUE BEGINS
TIME: EVENINGS
AGES: 18 AND UP
LOCATION: VOLUNTEER PARK, SOUTH LYON

Returning teams have priority to retain their league spot until **Friday, April 1. An entry form and payment for the league must be submitted at the time of registration to secure your spot!** Teams seeking a spot may submit the Adult League Entry form to be added to the waitlist. Waitlist teams will be contacted after the returning team deadline should there be an available spot in the league. Maximum **8** teams per league. **Rosters due by the first scheduled game.** The format: 14 weeks plus single elimination tournament. We will play makeup games, if possible, but if too many rainouts happen, you might play less than 14 games. All teams make playoffs; standings compiled weekly, groomed, and lined fields. Team trophy will be given for league champions. One new yellow game ball (.052 core) and used back-up ball will be provided each game.

Managers meeting on Wednesday, Apr. 17 at 6 pm at SLARA Offices

CODE: 6201 WED. — MEN'S RECREATIONAL
6202 FRI. — CO-ED RECREATIONAL

R/NR FEE: \$730/\$920 PER TEAM
UMPIRE FEE: \$20 PER GAME/PER TEAM

***FORFEIT FEE: \$40**

***\$80 REFUNDABLE FORFEIT POOL WILL BE COLLECTED WITH REGISTRATION; THIS WILL BE USED TO PAY ANY FORFEIT FEES DURING THE SEASON AND RETURNED AT THE CONCLUSION OF THE SEASON IF NOT USED. RETURNING TEAMS THAT CHOSE NOT TO GET MONEY REFUNDED WILL NOT HAVE TO PAY IT AGAIN.**



AQUATICS

COMMUNITY SWIM SCHEDULE

JAN. 13 - APR. 13, 2024

SOUTH LYON EAST HIGH SCHOOL - 52200 W. TEN MILE ROAD
(NO LAP OR OPEN SWIM 1/27, 2/17, 2/24, 3/2, 3/23, 3/30)

SATURDAY

Lap Swim
10:45 am - 1 pm

Open Swim
2:15 pm - 3:45 pm

NOTICE
EXACT
CHANGE ONLY

~PLEASE BRING EXACT CHANGE~
RESIDENT/NON-RESIDENT DROP-IN FEES
Open/Lap Swim: \$5/ \$7 per person

NOTICE
EXACT
CHANGE ONLY

DISCOUNT OPEN/LAP SWIM PASSES: 10 Visit Passes

R/NR \$45/\$60 = \$4.50/\$6 per visit
(children 2 and under swim free)

NOTE: Please purchase pool passes from the
SLARA office or at the Pool



PLEASE NOTE:

SLARA RESERVES THE RIGHT TO
CANCEL OPEN/LAP SWIM IF NO PATRONS
ARRIVE WITHIN THE FIRST 30 MINUTES
OF THE SESSION.

CHECK OUR
FACEBOOK PAGE
FOR CHANGES

IN THE OPEN/LAP SWIM SCHEDULE



OPEN SWIM

- Children under 12 **must** be accompanied by an adult.
- Children under 4ft. **must** have parent/adult within arms reach.
- Anyone wishing to swim in the deep end must take a swim test.

NOTE: All open/lap swims are pay-as-you-go programs on a first-come, first-served basis. In order to provide adequate supervision, SLARA and lifeguards on duty reserve the right to limit the number of swimmers at any activity (at any time). Groups of 8 or more must call the SLARA office at least 1 week in advance. **Note:** Times are subject to change. Any changes will be posted at the pool, in the SLARA office and on-line at www.slrec.net



AQUATICS

SWIM LESSON DESCRIPTIONS

SLARA is offering a wide variety of swim classes based on the American Red Cross Learn-to-Swim Program. Progression from one level to the next will be based upon the student's skill level and readiness to learn. All classes have enrollment limits. Registration must be done in advance with the SLARA office. Due to circumstances beyond our control, it may be necessary to reschedule or cancel some swim lessons. **Parents are asked to stay off the pool deck during swim lessons.**

PRESCHOOL (AGES 4 TO 6):

Child adjustment and orientation to the water without parent. This class will also teach beginning water skills.

LEVEL 1 (AGES 5+) - INTRODUCTION TO WATER SKILLS:

Elementary water skills including basic water safety, putting face in water and an introduction to proper breathing. The instructor will assist students with floating on front and back, front and back crawl arms, and flutter kick.

LEVEL 2 (AGES 5+) - FUNDAMENTAL AQUATIC SKILLS:

Students will learn to independently float, glide, kick and swim on front and back. They will also become comfortable jumping into the shallow water and retrieving objects under water with eyes open. Students will also be introduced to treading water and basic water safety.

SWIMMER MUST BE COMFORTABLE PUTTING THEIR FACE IN THE WATER!

LEVEL 2+ (AGES 5+):

Students will work on further development of rhythmic breathing, front and back crawl coordination and endurance. Students will also be introduced to diving, breaststroke kick and scissor kick.

Note: For your comfort and safety, please be sure that all swimmers have their hair tied back and are wearing a one piece bathing suit.

If class is canceled due to weather, mechanical failure, or other unexpected problems, there will be no make-up and no partial refunds will be given.

LEVEL 3 - STROKE DEVELOPMENT:

Students will learn to coordinate front and back crawl, introduce dolphin and breaststroke kicks and fundamentals of treading water. Students will also focus on mastering rotary breathing, and safely diving from the side. More advanced rescue and water safety techniques will be taught.

SWIMMERS MUST BE COMFORTABLE JUMPING IN AND SWIMMING IN DEEP WATER!

LEVEL 4 - STROKE IMPROVEMENT:

Students will develop confidence in the strokes they've learned by improving their technique and endurance. Students will continue to build on the butterfly, and be introduced to the elementary backstroke, breaststroke and sidestroke. Students will also learn the basics of turns at the wall, compact and stride dives, feet first surface dives, swimming underwater and the survival float as well as throwing assists and caring for a choking victim.

SWIMMERS MUST BE COMFORTABLE JUMPING IN AND SWIMMING IN DEEP WATER!



AQUATICS

SATURDAY MORNING GROUP SWIM LESSONS

SESSION : JAN. 13 - APR. 13 (8 CLASSES) NO CLASS 1/27, 2/17, 2/24, 3/2, 3/23, 3/30

LOCATION: SOUTH LYON EAST HIGH SCHOOL - POOL

SESSION 1	CLASS	TIME	R/NR FEES
4300	Level 2	10:30 - 11:15 am	\$127/\$169
4301	Level 2+	10:30 - 11:15 am	\$127/\$169
4302	Level 1	11:20 - 12:05 am	\$127/\$169
4303	Level 3	11:20 - 12:05 am	\$127/\$169
4304	Level 2	12:10 - 12:55 pm	\$127/\$169
4305	Preschool	12:10 - 12:40 pm	\$105/\$140
4306	Level 1	12:45 - 1:15 pm	\$105/\$140
4307	Level 4	1 - 2 pm	\$149/\$199
4308	Private Swim Lesson	1 - 1:30 pm	\$200/\$267
4309	Private Swim Lesson	1:35 - 2:05 pm	\$200/\$267

ADULT PRIVATE SWIM LESSONS

Interested in Adult Private Swim Lessons?

Contact Katy at kfitzpatrick@slrec.com or 248.437.8105.



LIFEGUARD TRAINING

DATE/TIME: THURSDAY, MARCH 7 5 - 9 PM
 FRIDAY, MARCH 8 5 - 9 PM
 SATURDAY, MARCH 9 8 AM - 6 PM
 FRIDAY, MARCH 15 5 - 9:00 PM
 SATURDAY, MARCH 16 8 AM - 6PM

AGES: MUST BE 15 YEARS OF AGE PRIOR TO END OF THE CLASSES

LOCATION: SOUTH LYON EAST HIGH SCHOOL ~ POOL

American Red Cross Lifeguard Training provides professional training for individuals who wish to become lifeguards. Upon successful completion of this course, you will be issued an American Red Cross Certification which will include CPR/AED for the professional rescuer, first aid and lifeguarding. (Participants must bring proof of age to first class. A break will be provided for lunch during our Saturday sessions.)

Participants must be able to swim continuously 300 yards freestyle and/or breaststroke using rhythmic breathing. They must be able to treat water with their hands under their arm pits for 2 minutes. They must also must complete a timed event within 1 minute, 40 seconds. Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed. Surface dive, feet-first or headfirst, to a depth of 7 to 10 feet to

retrieve a 10-pound object. Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface in order to breathe (or to get a breath).

Prior to the first day of class, participants must complete a 7 hour on-line training which is located on the Red Cross website:

<https://www.redcrosslearning.com/course/73031950-15C1-11e7-b4e0-51657ecd06af>

Participants must also read Lifeguard manual prior to the last day of class. The manual may be accessed on-line at:

https://www.redcross.org/content/dam/redcross/training-services/no-index/LG_PM_digital.pdf

CODE: 5202
 R/NR FEE2: \$225/\$300

Participants must attend all dates and times!!



AQUATICS

MONDAY EVENING SWIM LESSONS

SESSION : FEB. 5 - APR. 8 (8 CLASSES) NO CLASS 2/19, 3/25

LOCATION: SOUTH LYON EAST HIGH SCHOOL - POOL

Session 1	Class	Time	R/NR Fees
4320	Level 1	5:30 - 6:15 pm	\$127/\$169
4321	Preschool	5:45 - 6:15 pm	\$105/\$140
4322	Level 2	6:20 - 7:05 pm	\$127/\$169
4323	Level 2+	6:20 - 7:05 pm	\$127/\$169
4324	Level 3	7:10 - 7:55 pm	\$127/\$169
4325	Level 4	7:10 - 8:10 pm	\$149/\$199
4326	Private Swim Lesson	7:10 - 7:40 pm	\$200/\$267
4327	Private Swim Lesson	7:45 - 8:15 pm	\$200/\$267
4328	Private Swim Lesson	8 - 8:30 pm	\$200/\$267

WEDNESDAY EVENING SWIM LESSONS

SESSION : FEB. 7 - APR. 10 (8 CLASSES) NO CLASS 2/21, 3/27

LOCATION: SOUTH LYON EAST HIGH SCHOOL - POOL



Session 1	Class	Time	R/NR Fees
4340	Level 1	5:30 - 6:15 pm	\$127/\$169
4341	Preschool	5:45 - 6:15 pm	\$105/\$140
4342	Level 2	6:20 - 7:05 pm	\$127/\$169
4343	Level 2+	6:20 - 7:05 pm	\$127/\$169
4344	Level 3	7:10 - 7:55 pm	\$127/\$169
4345	Level 4	7:10 - 8:10 pm	\$149/\$199
4346	Private Swim Lesson	7:10 - 7:40 pm	\$200/\$267
4347	Private Swim Lesson	7:45 - 8:15 pm	\$200/\$267
4348	Private Swim Lesson	8 - 8:30 pm	\$200/\$267



SOUTH LYON AQUATICS SWIM TEAM

*Completed swim lessons and ready for your next challenge?
Come join our team!*

Short Course Season - September - March

Long Course Season - April - July

South Lyon Aquatics is a year round USA Swimming, Michigan Swimming, competitive swim club offering high quality professional coaching and technique instruction for all ages and abilities.

The goal of our team is to provide every member an opportunity to improve swimming skills and achieve success at his or her ability level, from novice to international competitor.

South Lyon Aquatics offers varying training groups developed around a swimmer's desire, commitment and ability with age groups ranging from 5 to 21 years. Beginning with our novice swimmers, able to make one length of the pool, to our senior level swimmers, looking to advance to the highest levels of the sport, South Lyon Aquatics can provide all a rewarding experience! Swimmers will have the opportunity to compete in USA sanctioned swim meets.

**Coach evaluations are required for all *NEW* swimmers.
Please contact Head Coach Andy Cebull at the email below to
set up an evaluation for your swimmer.**

FOR MORE INFORMATION:

Please go to southlyonaquatics.com or scan QR below

Or contact:

Andy Cebull, SLA Head Coach
andycebull@southlyonaquatics.com

Lisa Stage, SLA VP Membership
membership@southlyonaquatics.com



South Lyon Aquatics





**PUT ON YOUR COWBOY HATS AND BOOTS AND
JOIN US FOR THE
2024
MOM/SON
RODEO**

FRIDAY, MARCH 1

6:30 pm-8:30 pm at
Millennium Middle School

Code: 1305

N/NR Fee: \$20/\$26

Both mom and son must register

www.slrec.net

248.437.8105

www.slrec.net

248.437.8105



The poster features a vibrant pink background with a large, stylized orange arch. Several colorful, checkered disco balls in shades of pink, blue, and orange are scattered around the arch. The title 'GROOVY DADDY DAUGHTER DISC' is written in a large, blue, retro-style font, with the words 'GROOVY', 'DADDY', 'DAUGHTER', and 'DISC' stacked vertically. The 'O's in 'GROOVY' and the 'D' in 'DISC' are replaced by the checkered disco balls.

GROOVY DADDY DAUGHTER DISC

Grab your bell bottoms, sequins, and platforms
for this groovy night!

Saturday, March 2nd, 2024

Join us in a night filled with music, dancing, snacks,
face painting, crafts, and professional photos.

Millennium Middle School

3-5PM: Code #9303

6-8PM: Code #9304

R/NR Fee: \$20/26

Both Father & Daughter must register.

Registration Deadline: Feb. 23rd or when full

SPECIAL EVENTS

CANDY CANE HUNT

DATE: SAT., DEC. 2
TIME: 10 AM
AGE: 3-11
LOCATION: MCHATTIE PARK

Bring your little ones out to McHattie Park to this FREE event to grab as many candy canes as you can find! Find the multi-colored candy canes to win a prize! We will break up the children into age groups. Bring your own bag to fill up. Make sure to stop by and see Santa and his elves while enjoying cookies and cocoa.

We will be accepting donations for Active Faith (collecting non perishable food)

R/NR FEE: FREE



LITTLE THREADS
Children's Resale Shoppe



COOKIE DECORATING PARTY

DATE: FRI., DEC. 8
TIME: 6 - 7:30 PM
AGE: ALL
LOCATION: MILLENNIUM MIDDLE SCHOOL - CAFETERIA

Get in the holiday spirit by joining us for an evening of cookie decorating while listening to holiday music. Bring a container with you to take home your delicious goodies! Each person registered will take home a dozen decorated cookies. **Parents are encouraged to participate with their child for free.**

CODE: 9304
R/NR FEE: \$22/\$26

Duck & Dodge: Ultimate Dodgeball Teen Night

DATE: FRI., JAN. 12
TIME: 6 - 8 PM
AGE: 14 - 17
LOCATION: BRUMMER GYM - 9919 RUSHTON RD

Get ready to duck, dip, dive, and DODGE! SLARA welcomes teens to come celebrate 2024 by participating in an ultimate dodge ball night. Participants will participate in a multitude of dodge ball games in a two-hour timeframe. Games such as Poison Ball, Protect the President, Traitor ball, and a few rounds of traditional dodge ball. Snacks & bottle watered is included. Get your friends together for a fun and competitive Friday night, as we throw things back to our Elementary Gym Class days!!

CODE: 9300
R/NR FEE: \$10/13



SLARA has a range of different volunteer opportunities for people 14-100 years of age.

SLARA ANNUAL EVENTS

Candy Cane Hunt
December 3, 10 - 11:30am

Cookie Decorating Party
December 8, 6 - 7:30pm

Mother Son Party
March 1, 6:30 - 8:30pm

Daddy Daughter Dance
March 2 3-5pm and/or 6-8pm

VOLUNTEER BENEFITS

- ✓ Be apart of the community
- ✓ Meet new people
- ✓ Resume builder
- ✓ Learn new skills
- ✓ 96% of volunteers said that it uplifts their happiness
- ✓ Boosts self confidence

CONTACT US

23333 Griswold Rd.
South Lyon, MI 48178

(248) 437 8105
SLREC.NET



SPECIAL EVENTS

Couples Paint & Sip w/ Noah's Art

DATE: FRI., FEB 9

TIME: 6 – 8 PM

AGE: 21+

LOCATION: 10083 COLONIAL INDUSTRIAL DR

It's a great night for a date night! You can have everything you love about a regular date, for example your favorite beverage and finger foods, plus all the fun of trying something new!! Come laugh, create, and sip on your favorite BYOB beverages. Snacks & Goodies will be provided. Each couple will take home a double canvas painting and great memories!

CODE: 9301

R/NR FEE: \$30/40



Garden Fest: Earth Day Party

DATE: MON, APR. 22

TIME: 5:30-7PM

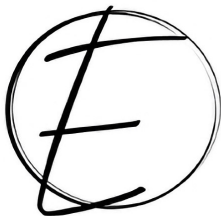
AGE: 5-12

LOCATION: 10083 COLONIAL INDUSTRIAL DR

SLARA invites you to celebrate earth day with us. Each participant will create their own seed bombs and decorate a flowerpot as we talk about the importance of planting seeds, clean air, conservation, and picking up our planet. Each participant will take home their flower bombs to dry out overnight, a bag of soil, and their decorated pots.

CODE: 9305

R/NR FEE: \$12/16



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- Team Training
- Personal & Small Group Training
- Adult ETHOS Strong Classes
- Nutritional Consults
- Offsite & Educational Services

www.slrec.net

248.437.8105



YOUTH PROGRAMS

ART

LITTLE MESS MAKER'S ART CLASS

DATE: MON. JAN. 8 - 29
TIME: 9:30 - 10:30 AM
AGE: 18 MONTHS - 6 YEARS
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIOS

Your little mess-maker will have a blast in this hands-on class! They will enjoy many artistic, mess-making moments as they create marvelously messy masterpieces. We plan to paint, sculpt, scribble, and giggle our way to discovering mess-making at its very best. These are not projects to tackle at home. Leave the mess with us! Come ready to get messy while you play right along with your child. **Children must be accompanied by a caregiver.**

CODE: 1090
R/NR FEE: \$95/126



BIG MACHINES

DATE: FRI. FEB. 2 - 23
TIME: 9:30 - 10:30 AM
AGE: 18 MONTHS - 6 YEARS
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIO

Beep beep! Honk! Rumble rumble! Zoom! If your little one loves big machines, we've got the class for you. While exploring a variety of different art materials, artists will create a clay construction zone and design their own 3D rollercoaster; they'll even create a rocket ship that really glows in the dark! This class is great for boys AND girls! Come and create right along with your child. **Children must be accompanied by a caregiver.**

CODE: 1091
R/NR FEE: \$95/126



VALENTINE'S DAY MOSAIC HEART CRAFT

DATE: MON, FEB. 12
TIME: 4:30 - 6:30 PM
AGE: 4-9
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIOS

Looking for a new Valentine's Day tradition? Why not feel the love as you create amazing art together with your child! In this class, we will design our own glittery heart mosaics using clay, beads, and more. These mosaics are great to keep, or they're the perfect Valentine's Day gift for a friend or loved one. Get ready for some messy fun, as each parent and child will create their own craft. **Please pack a nut free snack and drink for your child each day.**

CODE: 1094
R/NR FEE: \$36/48

CLAYLICIOUS WITH KIDCREATE

DATE: TUES - THU., FEB 20 - 22
TIME: 9AM - 12:00 PM
AGE: 4-9
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIOS

Sculpt, slab, coil, and carve... roll up your sleeves, because this camp is all clay, all the time! We'll sculpt silly puppies, fuzzy hedgehogs, a chocolate layer cake that looks good enough to eat, and more. This is your chance to use tons of air-dry clay, Model Magic®, and so much more as you have a totally claylicious time! **Please pack a nut free snack and drink for your child each day.**

CODE: 1092
R/NR FEE: \$138/184

YOUTH PROGRAMS

A VERY MESSY ART CAMP

DATE: TUES – THU, FEB 20 - 22
TIME: 1 – 4 PM
AGE: 4-9
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIOS

Let's take mess-making to a whole new level! We'll paint with plaster, sculpt with gooey gunk, make papier mache birds and fling paint like Jackson Pollock. We will even learn some art terms along the way. These are not projects to tackle at home – leave the mess with us. After all, being a kid is a messy business! **Please pack a nut free snack and drink for your child each day.**

CODE: 1093
R/NR FEE: \$138/184



SENSATIONAL SLIME

DATE: MON, MAR. 11
TIME: 4:30 – 6:30 PM
AGE: 4-9
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIOS

We think slime is sensational! Once you've mixed up a batch of fabulous fluffy slime, then tried your hands on our special bubblegum scented silly putty slime, we are sure you'll think slime is sensational too! Sorry grown ups, this class is for KIDS ONLY!! **Please pack a nut free snack and drink for your child.**

CODE: 1095
R/NR FEE: \$36/48

APRIL FOOL'S DAY FUN

DATE: MON, APR. 1
TIME: 4:30 – 6:30 PM
AGE: 4-9
LOCATION: 10083 Colonial Industrial Dr.
INSTRUCTOR: KIDCREATE STUDIOS

We'll get simply silly as we get ready to celebrate April Fool's Day by creating some unbelievably hilarious craft pranks. Get ready for a good time, this class is sure to tickle your funny bone! This is a popular class, register early before it fills up! **Please pack a nut free snack and drink for your child.**

CODE: 1096
R/NR FEE: \$34/45

BEGINNING PHOTOSHOP WORKSHOP

DATE: SAT. FEB. 24
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

Join us in learning Adobe's most popular software; photoshop! Starting with the basics, such as how to open/save photos, crop, color adjust, and basic touch-up. Learn about the different selection tools, such as marquee, quick select, magic wand, and poly wand. **Students should come to class with a few different photo options to edit.**

CODE: 1097
R/NR FEE: \$57/\$76

PORTRAIT PHOTOSHOP

DATE: SAT. MAR. 9
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

The portrait workshop focuses on facial touch-ups. Learn to crop, edit, and touch up faces. Learn tools such as the healing brush, cloning brush, and color adjust. This class will cover basic retouching such as removing blemishes, scars, and imperfections. We will explore the various downloadable brush options, such as make up, eye last, and hair. **Students should come to class with a few different photo options to edit.**

CODE: 1098
R/NR FEE: \$57/\$76



YOUTH PROGRAMS

INTERMEDIATE PHOTOSHOP

DATE: SAT. MAR. 16
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

This class is for students who have prior knowledge in Photoshop or have taken the previous Photoshop workshops. This class focuses on furthering your skills already learned in photoshop. Using the learned skills such as selection tools and blending tools to combine elements from different photos to make one that never existed. **Students should come to class with a few different photo options to edit.**

CODE: 1099
R/NR FEE: \$57/\$76



CPAL PHOTOSHOP WORKSHOPS

DATE: SAT. FEB. 24, MAR. 9, MAR. 16
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

Interested in Photoshop? Register for all three Center of Performance Arts & Learning Photoshop Workshop and save \$10! This includes the beginner, portrait, and intermediate photoshop workshops. You are bound to learn the ins & outs of photoshop by signing up for all three classes!

CODE: 1100
R/NR FEE: \$160/\$213

CHEERLEADING

CHAMPION FORCE CHEERLEADING

DATE: MON, FEB 5 - JUN 3
LOCATION: HARDY ELEMENTARY - 24650 COLLINGWOOD DR.
INSTRUCTOR: CHAMPION FORCE ATHLETICS

Champion Force Athletics is a fun and exciting program for students ages 4-15 with or without previous experience. Students will learn jumps, kicks, arm motions, stunting, cheers, and chants and learn a pom dance routine. Students will learn the necessary skills needed for school cheerleading tryouts. Our program works to build self-confidence, poise, self-esteem and physical fitness. (14 classes)

In addition to registering through SLARA all new registrant paperwork is available online at <https://erp.championforce.com/onlineregistration>. Please complete prior to class starting.

The program also offers an OPTIONAL competition opportunity. Optional merchandise may be purchased through the Coach in class. Optional competition: \$30-\$40. Uniform (if attending competition) costs \$99 (includes vest, skirt, and bloomers). Accessory fee \$5-\$10 (if attending competition). Champion Force offers a sweepstakes fundraiser to help earn CF credits which may be used towards merchandise and special events.

Code	Div.	Age	Time	R/NR Fee
2230	1	4-6	5:45-6:30 pm	\$144/192
2231	2	7-8	6:30-7:15 pm	\$144/192
2232	3	9+	7:15-8 pm	\$144/192



YOUTH PROGRAMS

CODING

SCRATCH NINJA UNITS 1 & 2

AGE: 7 - 11
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc. The class employs a variety of interesting topics to teach logical thinking and inspire creativity, so your kids are not only learning but also creating starting from day one. Kids will be challenged to be creative and solve tough problems while learning the deeper computer science concepts.

Beginner Level: No prerequisites.

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity. Mac/Windows/Chromebooks are all fine. iPad cannot be used because it lacks key features.

R/NR FEE: \$138/\$184

Code	Ses.	Day/Date	Time
1111	1	Sat., 1/20 - 3/9	12:30 - 1:25 pm
1112	2	Wed., 1/31 - 3/20	5:30 - 6:25 pm
1113	3	Fri., 2/16 - 4/5	7 - 7:55 pm
1114	4	Sat., 2/24 - 4/13	2 - 2:55 pm



PYTHON FOR AI UNITS 1, 2, & 3

AGE: 10 - 17
LOCATION: VIRTUAL
INSTRUCTOR: CREATE AND LEARN

Students take a deeper dive into coding using Python. Students will transition from block coding, which they learned in Scratch, to text-based coding. They will learn fundamental Python skills as they build creative stories, animations, and games. Basic topics will include using Python syntax, variables, loops, functions, and built-in data structures. In these classes, students will begin using Python for AI and data science. We will explore more advanced elements of Python such as dictionaries and files and learn how to employ Python's powerful modules to build games, stories, and real-world data projects.

Prerequisites: Strongly recommend Scratch 1-3 with us or equivalent; familiarity with basic coding concepts such as conditional, loop, variable, and events. For students grades 6 or lower, extensive prior coding experiences in platforms like Scratch are required. For grades 7 or older, you can start with Python without prior coding experiences, if you are willing to spend some moderate amount of extra time to practice.

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

R/NR FEE: \$246/\$328

Code	Ses.	Day/Date	Time
1115	1	Thu., 1/18 - 4/4	5:30 - 6:40 pm
1116	2	Tue 1/23 - 4/9	7 - 8:10 pm
1117	3	Sat 2/24 - 5/11	2 - 3:10 pm
1118	4	Tue 2/27 - 5/14	8:30 - 9:40 pm
1119	5	Mon 3/4 - 5/20	7 - 8:10 pm



YOUTH PROGRAMS

ICODE NOVI AFTER-SCHOOL TECH CLUBS ROBLOX

DATE: THU, FEB 8 – FEB 29
TIME: 4:30 – 5:30 PM
AGE: 7 - 14
LOCATION: ICODE NOVI - 48000 GRAND RIVER AVE, NOVI
INSTRUCTOR: ICODE NOVI

The iCode Novi After-School Tech Clubs in partnership with South Lyon is a collaborative educational initiative designed to provide elementary and middle school students with an engaging and enriching learning experience. These one-month tech clubs aim to foster creativity, problem-solving, and digital literacy in children through exciting topics like Roblox world building

CODE: 1128
R/NR FEE: \$125/\$167



ICODE NOVI AFTER-SCHOOL TECH CLUBS MINECRAFT

DATE: THU, JAN 11 – FEB 1
TIME: 4:30 – 5:30 PM
AGES: 7- 14
LOCATION: ICODE NOVI - 48000 GRAND RIVER AVE, NOVI
INSTRUCTOR: ICODE NOVI

The iCode Novi After-School Tech Clubs in partnership with South Lyon is a collaborative educational initiative designed to provide elementary and middle school students with an engaging and enriching learning experience. These one-month tech clubs aim to foster creativity, problem-solving, and digital literacy in children through exciting topics like Minecraft digital art.

CODE: 1129
R/NR FEE: \$125/\$167

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YOUTH PROGRAMS

DANCE

DANCE CLASSES WITH THE STUDIO

DATE: JAN 29 – MAR 29 (NO CLASS 2/17-2/25)

LOCATION: 12632 10 MILE RD

INSTRUCTOR: THE STUDIO DANCE INSTRUCTORS

Whether your dancer wants to simply have fun, meet new friends, get great exercise, or learn what it takes to be a star! The studio provides a wide variety of programs for students of all ages and interests. From Bounce & Boogie to Teen Hip Hop. These classes offer skills that strengthen the body/mind, increase self confidence, and teach discipline in unique ways. **Students are recommended to wear stretchy clothing or leotards, Jazz Shoes or Ballet Slippers and bring a water bottle to class each day.**

Mommy & Me

Code	Age	Day	Time	R/NR Fee
1500	2.5-3	Wed.	5-5:30 pm	\$105/140

Ballet & Jazz

Code	Age	Day	Time	R/NR Fee
1501	2.5 - 3	Mon	5:45-6:15 pm	\$105/140
1502	2.5 - 3	Wed	6:15-6:45 pm	\$105/140



Jazz & Ballet

Code	Age	Day	Time	R/NR Fee
1503	4 - 6	Mon.	5-5:45 pm	\$125/166

Jazz, Hip Hop, and Tap

Code	Age	Day	Time	R/NR Fee
1504	4 - 6	Tue.	9:30-10:15 am	\$125/166
1505	4 - 6	Wed	5:30-6:15 pm	\$125/166

Lyrical & Jazz

Code	Age	Day	Time	R/NR Fee
1507	4-6	Thu	6:30-7:15 pm	\$125/166
1508	7-12	Thu	7:30-8:15 pm	\$125/166

Ballet

Code	Age	Day	Time	R/NR Fee
1506A	4 - 6	Tue.	6-6:45 pm	\$125/166



Hip – Hop & Jazz Jam

Code	Age	Day	Time	R/NR Fee
1509	7 - 12	Thurs	7:15-8 pm	\$125/166

Jazz & Technique

Code	Age	Day	Time	R/NR Fee
1510	7 - 12	Wed	6:45-7:30 pm	\$125/166



YOUTH PROGRAMS

FITNESS

ZUMBA BUNNIES

DAY: TUE
 Session 1: Jan. 16 – Feb. 20
 Session 2: Mar. 5 – Apr. 9
 LOCATION: 10083 Colonial Industrial Dr.
 INSTRUCTOR: Tumblebunnies

Join TumbleBunnies in an after gymnastics dance party!! Part aerobic, part dance; your Zumba Bunnies will jump, shimmy, sway, salsa, and crump their way through body energizing movements that will keep them moving and jump for joy! Using Latin music and Latin dance steps such as Salsa, Cha-Cha, Merengue, Umbria, Flamenco, Tango and other influences of Jazz and Hip – Hop.

Code	Ses	Age	Time	R/NR Fee
2402	1	3 - 9	6:35 - 7:05 pm	\$100/\$133
2408	2	3 - 9	6:35–7:05 pm	\$100/\$133

YOGA BUNNIES

DAY: WED
 Session 1: Jan. 16 – Feb. 20
 Session 2: Mar. 5 – Apr. 9
 LOCATION: 10083 Colonial Industrial Dr.
 INSTRUCTOR: Tumblebunnies

Join TumbleBunnies for an after gymnastics wind-down. This class promotes body awareness, relaxation, strength, and flexibility by using scaled down yoga poses accompanied by soothing kid friendly sounds of music. By using a variety of themes throughout the session such as beautiful butterflies, bugs bugs bugs, lucky rabbit, ect will help this activity be fun and age appropriate. All while learning the wonderful world of yoga.

Code	Ses	Age	Time	R/NR Fee
2405	1	3 - 5	11:10 - 11:40 am	\$100/\$133
2411	2	3 - 5	11:10 - 11:40 am	\$100/\$133



GYMNASTICS

BEGINNERS GYMNASTICS

DAY: TUE
 SESSION 1: JAN. 16 – FEB. 20
 SESSION 2: MAR. 5 – APR. 9
 LOCATION: 10083 COLONIAL INDUSTRIAL DR.
 INSTRUCTOR: TUMBLEBUNNIES

ITTY BITTY BUNNIES (AGES 1.5-3)

This class has parents working with their child in fun, energetic class that is filled with activities as gymnastic focused warmups. Children will be introduced to a multitude of gymnastic equipment such as octagons, wedge mats, trampoline, and bars. **Comfortable clothing is all that is required.**

BIZZY BUNNIES/HAPPY HOPPERS (AGES 3-7)

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampolines, vaults, wedge mats, and so much more. The classes are fun, fast moving, and challenging. The enthusiastic instructors will make each child feel special and encourage them to do their very best. **Comfortable clothing is all that's required.**

R/NR FEE: \$100/133

Code	Ses	Class	Day	Time
2400	1	Bizzy Bunnies	Tue	5:25 - 5:55 pm
2401	1	Happy Hoppers	Tue	6 - 6:30 pm
2403	1	Itty Bitty Bunnies	Wed	10 - 10:30 am
2404	1	Bizzy Bunnies	Wed	10:35 - 11:05 am
2406	2	Bizzy Bunnies	Tue	5:25 - 5:55 pm
2407	2	Happy Hoppers	Tue	6 - 6:30 pm
2409	2	Itty Bitty Bunnies	Wed	10 - 10:30 am
2410	2	Bizzy Bunnies	Wed	10:35 - 11:05 pm

YOUTH PROGRAMS

AERIAL APPARATUS

SESSION 1: JAN 10- FEB 24
 SESSION 2: MAR. 13 – APR 27
 AGE: 6+
 LOCATION: 28243 BECK RD B2
 INSTRUCTOR: CENTER FOR PERFORMANCE ART & LEARNING

An introductory course in the world of Aerial Apparatus. Learn to fly using aerial silks, sling, lyra, and dance trapeze. This class works on conditioning, builds strength, and grace in the air. **Wear tight fitting/stretchy clothing and bring a water bottle to class each day.**

Code	Ses	Day	Time	R/NR Fee
2412	1	Wed	5:30 - 6:30 pm	\$210/\$280
2413	1	Sat	2:30 – 3:30 pm	\$210/\$280
2414	2	Wed	5:30 - 6:30 pm	\$210/\$280
2415	2	Sat	2:30 – 3:30 pm	\$210/\$280



HULA HOOP FLOW ARTS

SESSION 1: JAN 19 – FEB 29
 SESSION 2: MAR. 14 – APR 25
 AGE: 6+
 LOCATION: 28243 BECK RD B2
 INSTRUCTOR: CENTER FOR PERFORMANCE ART & LEARNING

Flow is that feeling of pleasure that comes over you as you sync with your hoop, the music, and the movement. In this class, participants will learn the foundation moves of hoop dance, how to find their own unique style of hoop flow, combos, and fun sequences. By the end of this course, you will create a choreography at the end of the session.

Code	Ses	Day	Time	R/NR Fee
2416	1	Thu	7 – 8 pm	\$150/\$200
2417	2	Thu	7 – 8 pm	\$150/\$200

LIFE SKILLS

CERTIFIED BABYSITTER/CPR/FIRSTAID AND SAFE HOME ALONE

DATE: THU., MAR. 7
 TIME: 5:30 - 8:30 PM
 AGE: 12+
 LOCATION: HARDY ELEMENTARY - ART ROOM
 INSTRUCTOR: LIVE SAFE ACADEMY - IAN KINDER



Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. One-day class. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, and more! Students who successfully complete the course requirements are certified in Babysitting Safety, CPR and First Aid. Students will also learn how to be safe and responsible when home alone, including what to do if somebody comes to the door and the importance of not giving out personal information. Bring a snack. For more information please visit: www.livesafeacademy.com/babysitting.

CODE: 1254
 R/NR FEE: \$55/73

SELF DEFENSE FOR CHILDREN

DATE: THU. MAY 2
 TIME: 5:30 - 6:30 PM
 AGE: 6-11
 LOCATION: 10083 COLONIAL INDUSTRIAL DR.
 INSTRUCTOR: LIVE SAFE ACADEMY - IAN KINDER



If someone wants to hurt our children, they will not choose a time or a place with witness. That means no parents, no teachers, no police officers, just our children and the predator. The safety of our children will depend on their ability to recognize a threat and respond effectively. This fun, interactive and age-appropriate workshop teaches essential, lifesaving information about the threats facing our children, strategies for prevention and real-world techniques designed to reduce their risk of abduction, assault, and other forms of violence. But most of all, these programs teach students that they have the right to be safe, that no one has the right to hurt them, and that they are worth protecting.

CODE: 1252
 R/NR FEE: \$20/26



YOUTH PROGRAMS

SELF DEFENSE & SAFETY CAMP FOR KIDS

DATE: MON - FRI, MAR. 26 – 28
TIME: 1 – 4 PM
AGE: 6-11
LOCATION: 10083 COLONIAL INDUSTRIAL DR.
INSTRUCTOR: LIVE SAFE ACADEMY - IAN KINDER

Kids, have fun and learn to be safe at the same time! Learn real self-defense and practice on an instructor wearing a padded suit. You'll also learn fire safety, how to use 911, stranger awareness, drug resistance, gun accident prevention and more. Cartoons, art, physical practice, and classroom games are just some of the fun ways that you will learn in this camp. Parents, nothing is more important to us than our children. This camp is more than just a week of fun, it is an investment into a lifetime of safety. Kids will need daily lunch, snacks, water bottle, sunscreen, bag for activity sheets and handouts.

CODE: 1253
R/NR FEE: \$150/200



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MARTIAL ARTS

SANCHIN-RYU KARATE

DAY: WED.
SESSION 1: JAN 10 - FEB 14
SESSION 2: FEB 21 - APR 3
SESSION 3: APR 10 - MAY 15
LOCATION: SLARA OFFICE - 10083 COLONIAL INDUSTRIAL DR
INSTRUCTOR: ROBERT THOMAS

Sanchin-Ryu karate system is built for the ever-changing daily challenges we all face. This unique style emphasizes the philosophy that the road to true confidence and security is paved with your ability to understand and develop your movement, thinking and emotions. Sanchin-Ryu is a non-competitive style that meets you where you are and gauges your development and individual growth, all in a safe environment. Our belt-ranking system is structured in a healthy nocomparison way, and effectively recognizes each student's personal attainment and progress every step of the way.

Kids (5-14) Handling Stranger Danger and bullies, building positive self-image, how to navigate peer pressure and circumvent it, developing self-control both physically and emotionally, improve concentration.

Family (5+) Karate for kids and adult program curriculum, lessons on family safety and protection, how to avoid conflict using awareness and communication, drills, and exercise.

Code	Ses	AGE	Times	R/NR Fee
2760	1	Kids	6-7 pm	\$60/\$78
2761	1	Family	7-8 pm	\$110/\$143
2763	2	Kids	6-7 pm	\$60/\$78
2764	2	Family	7-8 pm	\$110/\$143
2767	3	Kids	6-7 pm	\$60/\$78
2768	3	Family	7-8 pm	\$110/\$143



YOUTH PROGRAMS

WARRIOR LEGACY

SESSION 1: JAN. 15 - MAR. 16 (NO CLASS 2/19-24)

SESSION 2: MAR 18 - MAY 18 (NO CLASS 3/23 - 31)

INSTRUCTOR: SAHBUMNIM SHAWN DARNELL & BLACK BELT

STAFF

LOCATION: 82345 8 MILE RD SOUTH LYON

LITTLE DRAGONS (AGES 3 - 5)

Little Dragons classes are designed for preschool aged children, 3 - 5 years of age, to help them to develop the essential physical, cognitive, emotional, social and behavioral skills that they will need to embrace life with a positive mental attitude!

Code	Ses	Day	Time	R/NR Fee
2712	1	Mon	6-6:45 pm	\$60/\$80
2713	1	Sat	11:30 am-12:15 pm	\$60/\$80
2714	2	Mon	6-6:45 pm	\$60/\$80
2715	2	Sat	11:30 am-12:15 pm	\$60/\$80

FAMILY WARRIORS (ALL AGES)

This program is tailored for families of all ages. Students have the opportunity to join together with siblings, mom and/or dad in an environment full of positive energy. Classes are non-competitive and teach children and adults how to work together as a team. This 60 minute class will teach Warrior Legacy Martial Arts mannerisms such as discipline, posture, eye and hand position, power, proper body movement and correct breathing. All WLMA techniques use sequential movement, which means that energy transfers naturally from one body segment to the next.

Code	Ses	Day	Time	R/NR Fee
2728	1	Sat	10:30-11:30 am	\$60/\$80
2729	2	Sat	10:30-11:30 am	\$60/\$80



JUNIOR WARRIORS (AGES 6-14)

The Warrior Legacy Martial Arts junior student program is designed specifically for children of all ages to give them the skills needed to move forward in life. Students are motivated to set goals for themselves and are encouraged with positive reinforcement to reach their goals. Every child is taught that he or she has a potential and through our martial arts system of leadership, every child will have the opportunity to discover that potential. Most of all, children have fun while learning valuable developmental and lifesaving skills!

Code	Ses	Day	Time	R/NR Fee
2716	1	Tue.	5:30 - 6:30 pm	\$60/\$80
2717	1	Tue.	6:30 - 7:30 pm	\$60/\$80
2718	1	Wed.	5:30 - 6:30 pm	\$60/\$80
2719	1	Wed.	6:30 - 7:30 pm	\$60/\$80
2720	1	Thu.	5:30 - 6:30 pm	\$60/\$80
2721	1	Thu.	6:30 - 7:30 pm	\$60/\$80
2722	2	Tue.	5:30 - 6:30 pm	\$60/\$80
2723	2	Tue.	6:30 - 7:30 pm	\$60/\$80
2724	2	Wed.	5:30 - 6:30 pm	\$60/\$80
2725	2	Wed.	6:30 - 7:30 pm	\$60/\$80
2726	2	Thu.	5:30 - 6:30 pm	\$60/\$80
2727	2	Thu.	6:30 - 7:30 pm	\$60/\$80

KOBUJUTSU - STICK FIGHTING (AGES 6+)

A traditional Okinawan martial art and practical self-defense with and without weaponry. Designed for any physical ability or skill level. A class to foster discipline and respect for one's self and for others.

Code	Ses	Day	Time	R/NR Fee
2730	1	Mon	7 - 8pm	\$60/\$80
2731	1	Wed	7:30 - 8:30pm	\$60/\$80
2732	2	Mon	7 - 8 pm	\$60/\$80
2733	2	Wed	7:30 - 8:30pm	\$60/\$80

YOUTH PROGRAMS

TAE KWON DO

SESSION 1: JAN. 8 – FEB. 2

SESSION 2: FEB 5 – MAR. 1

SESSION 3: MAR. 4 – MAR. 29

SESSION 4: APR. 1 – APR. 26

LOCATION: HAN'S TAE KWON DO ACADEMY- 131 E LAKE ST

INSTRUCTOR: MASTER HAN

Ages 5-9: This is a great class to teach young kids success principles through martial arts. Our classes get kids ready to learn how to focus, have self-discipline, and respect for others. Along with these principles, they will also learn beginning techniques & self-confidence. **Class is offered M, W, R & F, you will select your class day during registration**

Code	Ses	Time	R/NR FEE
2700	1	5:10 – 6 pm	\$60/\$80
2701	2	5:10 – 6 pm	\$60/\$80
2702	3	5:10 – 6 pm	\$60/\$80
2703	4	5:10 – 6 pm	\$60/\$80

Ages 10 - 14: Our classes for older kids help them to learn important principles to succeed in school and life. Skills such as respect, self-confidence, focus, goal setting and completion. As well as teaching important martial arts skills such as self-defense and awareness. **Class is offered M, W, R & F, you will select your class day during registration.**

Code	Ses	Time	R/NR FEE
2704	1	6:10 – 7 pm	\$60/\$80
2705	2	6:10 – 7 pm	\$60/\$80
2706	3	6:10 – 7 pm	\$60/\$80
2707	4	6:10 – 7 pm	\$60/\$80

Ages 14 - 18: Tae Kwon Do for teens will equip teens with some basic self-defense and beginner Tae Kwon Do moves. This class allows students to gain confidence and helps them set boundaries. **Teens do not need a uniform, though they're available to purchase. There is a dress code. Joggers and full-length shirts are required. No crop tops or shorts.**

Code	Ses	Day	Time	R/NR FEE
2708	1	Mon & Fri	4 - 5 pm	\$120/\$160
2709	2	Mon & Fri	4 - 5 pm	\$120/\$160
2710	3	Mon & Fri	4 - 5 pm	\$120/\$160
2711	4	Mon & Fri	4 - 5 pm	\$120/\$160

MUSIC

PRIVATE MUSIC LESSONS

DATE: SESSION 1: JAN 15 - FEB 10

SESSION 2: FEB 18 - MAR 16

SESSION 3: MAR 25 - APR 20

AGE: 6+

LOCATION: CEN4PAL, 28243 BECK RD., UNIT B2

INSTRUCTOR: CEN4PAL STAFF

Music lessons are an ageless pastime that continues into your future. From the heart of human emotions to the enrichment of our leisure time, Cen4Pal help you discover music and enrich your life. Four-week sessions are available on a one-on-one basis. **Please note that participants must first register through SLARA and THEN call the Center of Performance Art & Learning at (248)-207-4838 to reserve a timeslot.**

R/NR FEE: \$160/\$213

Drum Lessons

These courses are all about drum and percussion basics! This includes working on a drum pad and practicing sticking various patterns. An advance class will develop their skills further with more advance techniques. Class times are available **Mon, Tues, Thurs after 5pm.**

	Session 1	Session 2	Session 3
Code	2318	2323	2329

Piano Lessons

Beginner students of piano focus on finger placement, finger movement, basic playing techniques and melody. Advanced students will further develop their skills with more advance techniques. **Class times are available Mon – Thurs after 5:30 & Sun after 10am.**

	Session 1	Session 2	Session 3
Code	2319	2324	2330

Guitar Lessons

Beginners will start by learning basic chords, notes, and the structure of guitar playing. Advanced students will focus on playing chords together and practice advanced guitar songs. **Class times are available Sun, Mon, Weds, Thurs, Fri after 4:30pm.**

	Session 1	Session 2	Session 3
Code	2320	2325	2331



YOUTH PROGRAMS

Voice Lessons

This course works as exploration of physiology and the acoustics of the human singing voice in a one-on-one sitting. Whether you want to learn rock, pop, or classical, whether you are novice or expert, we have the lessons suited for you! **Class times are available Mon – Wed after 4pm & Fri after 4:30pm.**

	Session 1	Session 2	Session 3
Code	2321	2326	2332

Ukelele Lessons

Beginners will start by learning basic chords, notes, and the structure of guitar playing. Advanced students will focus on playing chords together and practice advanced guitar songs. **Class times are available Sun, Mon, Weds, Thurs, Fri after 4:30p**

	Session 1	Session 2	Session 3
Code	2322	2327	2333

PHOTOGRAPHY

BEGINNER PHOTOGRAPHY WORKSHOP

DATE: SAT. APR. 6
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

This is the first step in your future career in photography! We will explore your camera and how to use its various settings/modes. Begin to understand the choices you have when taking photographs, so the best image can come from your camera. This class discusses topics such as aperture, shutter speed, and film speed. **Students must bring their own camera to class. Please call The Center for Performance Arts & Learning at 248-207-4838 for affordable camera recommendations.**

Code: 1101
R/NR Fee: \$65/\$86



PORTRAIT PHOTOGRAPHY

DATE: SAT. APR. 6
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

Learn how to work your camera with the focus on portrait & family photos. Learn what lighting and camera settings are best for portrait photography. Explore styles of posing and popular photography trends. **Students must bring their own camera to class. Please call The Center for Performance Arts & Learning at 248-207-4838 for affordable camera recommendations.**

Code: 1102
R/NR Fee: \$65/\$86

NATURE PHOTOGRAPHY

DATE: SAT. APR. 13
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

Learn how to work your camera with the focus on nature and the great outdoors. Learn what lighting and camera settings are best for portrait photography. Explore styles of posing and popular photography trends. **Students must bring their own camera to class. Please call The Center for Performance Arts & Learning at 248-207-4838 for affordable camera recommendations.**

Code: 1103
R/NR Fee: \$65/\$86

CPAL PHOTOGRAPHY WORKSHOP

DATE: SAT. APR. 27
TIME: 2-3:30 PM
AGE: 9+
LOCATION: 28243 BECK RD B2 - WIXOM
INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

This is the first step in your future career in photography! Sign up for all three Center of Performance Art & Learning Photography Workshops for \$10 dollars off. Students will learn camera basics, taking portraits and scenery pictures. **Students must bring their own camera to class. Please call The Center for Performance Arts & Learning at 248-207-4838 for affordable camera recommendations.**

Code: 1104
R/NR Fee: \$185/\$260

YOUTH PROGRAMS

THEATER

KINDER THEATER

Dates: Jan. 15 – Apr. 25
(No class 2/19 – 24 & 3/25 – 29)

Location: 22886 Pontiac Trail

Age: 4 - 6

Instructor: American Dance Academy

Welcome to the world of theatre designed to inspire rising stars ages 4, 5, & 6!
Children will be introduced to acting, singing, theatre movement including tap dance that is both educational and fun – the way it should be!

Code	Day	Time	R/NR FEE
1700	Mon	6 – 6:45 pm	\$160/\$213
1701	Wed	6 – 6:45 pm	\$160/\$213



ACT IT OUT

DATES: Jan. 15 – Apr. 25
(No class 2/19 – 24 & 3/25 – 29)

LOCATION: 22886 PONTIAC TRAIL

AGE: 7 - 12

INSTRUCTOR: AMERICAN DANCE ACADEMY

Join Act it Out with American Dance Academy this season during their theatre workshops! This course introduces and explores theater from page to stage. Class will include acting, voice lessons, improvisation, dance, and visual arts! Students will explore their imagination, self-expression, and build self-esteem throughout the season. Class enrollment is limited to personal attention with special guest instructors. Optional auditions will be held mid-season for South Lyon Theatre Company's Spring/Summer musical productions. Must wear comfortable stretchy clothing, bring water bottle, and wear tennis shoes. Questions?

Please email americandanceacademy@yahoo.com

Code	Day	Time	R/NR Fee
1703	Mon	6:45 – 7:45 pm	\$180/\$240
1704	Wed	6:45 – 7:45 pm	\$180/\$240

South Lyon Area Recreation Authority
is moving to a new registration system starting August 7.

Create your new account today by visiting slara.recdesk.com

Direction on how to create your account can be found at slrec.net



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SPORTS - LEAGUES

BASKETBALL

WINTER YOUTH BASKETBALL LEAGUE

DATE: JAN. 8 - MAR. 16
(NO GAMES FEB. 24 DUE TO MID-WINTER BREAK)
GRADES: K-8
LOCATION: PRACTICE: KENT LAKE, HARDY, BARTLETT, OR SAYRE
GAMES: KENT LAKE OR SAYRE
(HARDY WILL BE USED IF NEEDED)

Rosters/Schedules will be emailed out by Dec. 19 at the latest. If you have not received a roster or schedule by then, please contact our office or check your spam folder. Limited space is available on a first come, first serve basis. League registration will close when all available spots are filled or when registration deadline occurs, whichever comes first.

Grade K – 1: This co-ed league will introduce your youngster to team basketball. It is purely instructional with a set of relaxed rules. Coaches are permitted on the court during games to instruct and help the game progress. Game format will be either 4 on 4 or 5 on 5 depending on registration totals.

Grade 2 - 3 Entry League: Co-ed league with relaxed rules to get players used to playing competitive basketball. Players who are just starting out or who are not quite ready for the experienced league are encouraged to sign up for this level. Game format will be either 4 on 4 or 5 on 5 depending on registration totals.

Grade 2 - 3 Experienced League: Co-ed league for advanced players. This league will feature a 9ft rim and have a stricter set of rules that will get players ready to advance in the sport. Game format will be either 4 on 4 or 5 on 5 depending on registration totals.

Grade 4 - 5: This age level is separated by a boy's league and a girl's league. A full-court and 5 on 5 gameplay will be used. This league is set to teach the players the skills necessary to continue playing at the next level.

Grade 6 - 8 Boys: This league focuses on the advancement of skills and getting your child prepared to continue their playing career at the middle school level, especially if they are not able to play for a school team.

Grade 6 - 8 Girls: This level is designed to focus on skill advancement for girls seeking to take the next step in their game. We will be joining up with the Northville and Novi Winter leagues to create a more engaging experience with more teams. All South Lyon teams will practice at one of the available locations, but games may be in Northville or Novi. The rules we follow will be agreed to by all 3 cities.

Teams practice once a week for an hour Mon.-Fri. between 5:30 - 9:30pm and play games on Saturdays. Practice day and time is determined by volunteer coaches. There are 2 weeks of practice before the first games.

Players will be divided into teams by SLARA based on practice availability and child ranking. Please make sure you are ranking your child accurately and providing us with accurate practice availability information. Team changes will not be allowed if information is not accurate. All SLARA Leagues are based on grade level, not age. The age ranges when registering are rough estimates of children's ages in those grades. If your child doesn't fall within that range, do not sign them up for a different league, call our office to override the age restriction.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All friend requests must follow our Friend Request Policy and be submitted before Dec. 13. No friend request is guaranteed, but Friend Requests submitted after Dec. 13 will not be saved.

Games will be officiated by students at both South Lyon High Schools for K-3rd grade and 4th-8th grade unless contracted officials are available. If no officials are available, games will be refereed by coaches or volunteer parents.

Volunteer coaches are needed, no experience necessary! Coaches meeting will be held on Mon., Dec. 18 at 6 pm at the SLARA Office.

Recommended Equipment: Basketball

R/NR Fee: \$100/\$133

Jersey Fee: \$12.25 if you did not play in the summer/fall 2023 league

Registration Deadline: December 13

(REGISTRATION AFTER DEC. 13 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)

Code	Grades	Level/Co-Ed
3000	K-1	Co-Ed
3001	2-3 Entry	Co-Ed
3002	2-3 Experienced	Co-Ed
3003	4-5	Boys
3004	4-5	Girls
3005	6-8	Boys
3006	6-8	Girls



SPORTS - LEAGUES

IN-HOUSE VOLLEYBALL LEAGUE

DATE: PRACTICES BEGIN THE WEEK OF APRIL 1
MON, TUES, OR THURS.
AGES: GRADES 3 - 8
LOCATION: PRACTICES AT MILLENNIUM MIDDLE SCHOOL - GYM
GAMES AT CENTENNIAL MIDDLE SCHOOL - GYM

REGISTRATION WILL OPEN ON MON., JANUARY 22 AT 8 AM

Players in Grades 3 - 8 will be divided into teams by the SLARA Office. Each team will have a set evening practice time during the week. Coaches pick the practice day and time. Available practice days are Monday, Tuesday, and Thursday. Each team will play one officiated match on Friday evenings officiated by students of both South Lyon High Schools. All players will receive a team t-shirt. **Recommended Equipment:** Knee Pads

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All requests must follow our Friend Request Policy and submitted by Mar. 13.

Rosters/Schedules distributed by March 20 at the latest! If you do not receive a schedule and roster via email by March 22, please reach out to our office. Limited space is available on a first come, first serve basis. League registration will close when all available spots are filled or when registration deadline occurs, whichever comes first. All friend requests are due by Mar.13.

Volunteer coaches are needed! Coaches meeting will be held at 6:00 PM on Tue., Mar. 19 at the SLARA office. If you would like to coach, call the SLARA Office at 248.437.8105

Registration Deadline: March 6

Code	Grade	R/NR Fee
3210	3 - 4	\$110/\$147
3211	5 - 6	\$110/\$147
3212	7 - 8	\$110/\$147

(REGISTRATION AFTER MAR. 6 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)



www.slrec.net

248.437.8105



SPRING YOUTH SOCCER LEAGUE

DATE: APR. 1 - MAY 25
LOCATION: VOLUNTEER PARK NORTH FIELD

REGISTRATION WILL OPEN ON MON., JANUARY 22 AT 8 AM

Register now for another exciting season of Spring Soccer with SLARA! Each league runs for 8 weeks (weather permitting). Players participate twice a week with practices for K - 1 on Mondays, 2 - 3 on Tuesday and 4 - 5 on Wednesday, all games will be played on Saturdays; Practices will be spent learning the skills necessary to play the game. Grades K - 1 will be played 5 on 5 without goalies. Bring a #3 soccer ball to practice. Grade 2 - 3 and 4 - 5 will be played 5 on 5 with goalies. Bring a #4 soccer ball to practice. **SLARA reserves the right to alter game formats based on player registration totals. All games are officiated by the coaches. Each child receives a team t-shirt.**

Recommended Equipment: Shin Guards

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All friend requests must follow our Friend Request Policy and be submitted before Mar. 13.

Rosters/Schedules distributed after the coaches meeting! If you do not receive a roster or schedule via email by March 21 at the latest, please reach out to our office. Limited space is available on a first come, first serve basis. League registration will close when all available spots are filled or when registration deadline occurs, whichever comes first. All friend requests are due by the deadline.

Volunteer coaches are needed; no experience necessary! Coaches meeting will be held on Mon., Mar. 18 at 6 pm at the SLARA Office. If you would like to coach, call the SLARA Office at 248.437.8105

R/NR Fee: \$110/\$147

Registration Deadline: March 6

(REGISTRATION AFTER MAR. 6 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)

Code	Grade	Practice Day	Times
3101	K-1	Monday	5:30 - 6:30 pm
3102	2-3	Tuesday	5:30 - 6:30 pm
3103	4-5	Wednesday	5:30 - 6:30 pm



SPORTS - LEAGUES

SPRING PRESCHOOL SOCCER

DATE: APR. 6 - MAY 25
TIME: 10 - 11 AM
AGES: 3.5 - 5 YEARS
LOCATION: VOLUNTEER PARK NORTH FIELD

REGISTRATION WILL OPEN ON MON, JANUARY 22 AT 8 AM

Rosters/Schedules distributed after the coaches meeting! If you do not receive a roster or schedule via email by March 21, please reach out to our office. Limited space is available on a first come, first serve basis. League registration will close when all available spots are filled or when registration deadline occurs, whichever comes first. All friend requests are due by the deadline.

This program is a wonderful way to introduce your preschooler to league play. Teams will play using the 5 on 5 format without goalies. Each team has one hour of participation with practice for the first 30 minutes then games for the last 30 minutes. **SLARA reserves the right to alter game formats based on player registration totals.** All games are officiated by the coaches. Each child receives a team t-shirt. Volunteer coaches are needed; no experience necessary! Coaches meeting will be held on Mon. Mar. 18, at 6 pm at the SLARA Office. No additional registrations will be taken after Mar. 13. A t-shirt is not guaranteed after the deadline. Please bring a #3 soccer ball to practice.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All friend requests must follow our Friend Request Policy and be submitted before Mar. 6.

Recommended Equipment: Shin Guards

CODE: 3100
R/NR FEE: \$100/\$133
Registration Deadline: March 6
(REGISTRATION AFTER MAR. 6 MAY BE TAKEN BASED ON AVAILABILITY AND A \$8 LATE FEE WILL APPLY)



KIDDIE KICKERS

DATE: SAT., APR 13 - MAY 11
AGE: 3½ - 5
LOCATION: VOLUNTEER PARK SOCCER FIELDS

Learn the basic skills of soccer including kicking, dribbling, and passing with Fun Time Sports! Each child is asked to bring a #3 soccer ball.

Code	Times	R/NR Fee
3104S	9-10 am	\$85/\$113
3105S	10-11 am	\$85/\$113



Sports League Friend Requests

ONLINE ONLY!!



Please open the QR Code to complete your Friend Request online





play



FLAG

Boys & Girls Pre-K Through 8th Grade

✓ **REGISTER FOR SPRING 2024**

www.MichiganYouthFlagFootball.com

• Practice before games

• No Experience Necessary

Partnered with

South Lyon Area

Recreation
Authority

Discover Your Passion



www.slrec.net

248.437.8105



SPORTS - CLASSES AND CLINICS

BASEBALL/SOFTBALL/T-BALL

FUN TIME SPORTS INDOOR TEE BALL

DAY: THURSDAY
 SESSION 1: JAN. 18 - FEB. 15 (NO CLASS JAN. 25)
 SESSION 2: FEB. 29 - MAR. 21
 LOCATION: BRUMMER ELEMENTARY - GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF



We aim to help your children develop basic baseball skills in a fun and positive environment. This is a great way to get your child started in baseball or softball, America's favorite pastimes. No previous experience is necessary, but it is a plus. We will cover basic baseball skills including throwing and catching the ball, fielding (grounders & fly balls), playing various positions, and running the bases. Hitting instruction is also provided, with kids hitting off a tee. **Please wear sneakers, bring a water bottle, and a baseball glove.**

Code	Ses.	Ages	Times	R/NR Fee
3602	1	3 - 5	6:30 - 7:30 pm	\$90/\$120
3604	2	3 - 5	6:30 - 7:30 pm	\$90/\$120

FUN TIME SPORTS INDOOR BASEBALL AND SOFTBALL SKILLS AND DRILLS

DAY: THURSDAY
 SESSION 1: JAN. 18 - FEB. 15 (NO CLASS JAN. 25)
 SESSION 2: FEB. 29 - MAR. 21
 LOCATION: BRUMMER ELEMENTARY - GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF



We aim to help your children develop basic baseball and softball skills in a fun and positive environment. This is a great way to get your child started in baseball or softball America's favorite pastimes. No previous experience is necessary, but it is a plus. We will cover basic baseball skills including throwing and catching the ball, fielding (grounders & fly balls), playing various positions, and running the bases. Hitting instruction is also provided, with kids hitting off a tee. **Please wear sneakers, bring a water bottle, and a baseball glove.**

Code	Ses.	Ages	Times	R/NR Fee
3603	1	6 - 9	7:30 - 8:30 pm	\$90/\$120
3605	2	6 - 9	7:30 - 8:30 pm	\$90/\$120

BASKETBALL

FUN TIME SPORTS BASKETBALL

DATE: TUE, APR. 2 - APR 30
 LOCATION: HARDY ELEMENTARY - GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF



We aim to help your child develop basic basketball skills in a fun and positive environment. This is a fantastic way to get your child learning about and playing one of the world's most exciting games. NO experience is necessary, but it is a plus. Your child will learn dribbling, passing, shooting and defense. Older players will have a chance to fine tune their skills and learn in-game strategies. **Please wear sneakers, bring a water bottle and a basketball.**

Code	Ages	Times	R/NR Fee
3621	5 - 7	5:30 - 6:30 pm	\$100/\$133
3622	8 - 10	6:30 - 7:30 pm	\$100/\$133
3623	11 - 13	7:30 - 8:30 pm	\$100/\$133



FUN TIME SPORTS BASKETBALL

DATE: THU, MAY 2 - MAY. 30 (NO CLASS MAY 9)
 LOCATION: BRUMMER ELEMENTARY - GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF

We aim to help your child develop basic basketball skills in a fun and positive environment. This is a fantastic way to get your child learning about and playing one of the world's most exciting games. NO experience is necessary, but it is a plus. Your child will learn dribbling, passing, shooting and defense. Older players will have a chance to fine tune their skills and learn in-game strategies. **Please wear sneakers, bring a water bottle and a basketball.**

Code	Ages	Times	R/NR Fee
3624	5 - 7	5:30 - 6:30pm	\$90/\$120
3625	8 - 10	6:30 - 7:30pm	\$90/\$120
3626	11 - 13	7:30 - 8:30pm	\$90/\$120

SPORTS - CLASSES AND CLINICS

ETHOS TRAINING

YOUTH DEVELOPMENT CLASS

SESSION 1: JAN 9 - FEB 29

SESSION 2: MAR 5 - APR 25

LOCATION: ETHOS HUMAN PERFORMANCE - 515 N. MILL ST.

INSTRUCTOR: ETHOS STRENGTH AND CONDITIONING COACH

Our Youth Development class is a great way for any young athlete to gain new skills and improve their bio-mechanics. We use our scientific approach to develop these young athletes in the areas of speed, agility, balance, core, plyometric training, injury prevention to better develop them in any sport.

Our classes are meant to instill confidence in young kids! We ensure they train in a competitive, fun, and encouraging environment!

Code	Ses.	Day	Age	Time	R/NR Fee
3401	1	Tue/Thu	8 - 12	5 - 6pm	\$225/\$300 (16 classes)
3402	2	Tue/Thu	8 - 12	5 - 6pm	\$225/\$300 (16 classes)



FLOOR HOCKEY

FUN TIME SPORTS FLOOR HOCKEY

SESSION 1: JAN. 18 - FEB. 15 (NO CLASS 1/25)

SESSION 2: FEB. 29 - MAR. 21

LOCATION: BRUMMER ELEMENTARY - GYM

INSTRUCTOR: FUN TIME SPORTS STAFF

Experience the joy of floor hockey...Small groups, practice stations, and games are a great way for participants to learn the fundamentals of floor hockey. Learn and practice a variety of activities including passing, shooting at a goal, stick handling, face-offs, and playing in a team environment. Each participant will have the opportunity to get plenty of "touches" on the ball or plastic/rubber puck while getting healthy exercise.

Code	Ses.	Day	Age	Time	R/NR Fee
3600	1	Thu	6 - 11	5:30 - 6:30pm	\$90/\$120
3601	2	Thu	6 - 11	5:30 - 6:30pm	\$90/\$120

FUTSAL

WINTER FUTSAL W/ ALICIA PRISTER K-1

DATE: THU, JAN. 18 - MAR 21

(NO CLASS 2/20, 3/7)

TIME: 5:45 PM - 6:45 PM

LOCATION: CENTENNIAL MIDDLE SCHOOL~ MAIN GYM

INSTRUCTOR: ALICIA PRISTER, SLARA SOCCER COACH

Futsal indoor hardcourt soccer is coming to SLARA! Have fun improving your dribbling and passing in this small-sided soccer game. Each week will be 30 minutes of practice followed by a 30 minute game. It is recommended that only players with previous soccer experience sign up as this will be a smaller program with a faster pace.

CODE: 3503

R/NR FEE: \$75/\$100



WINTER FUTSAL W/ ALICIA PRISTER

DATE: TUE., JAN. 16 - MAR. 12

THU., JAN 18 - MAR 21

(NO CLASS 2/20, 2/22, 3/7)

LOCATION: CENTENNIAL MIDDLE SCHOOL L~ MAIN GYM

INSTRUCTOR: ALICIA PRISTER, SLARA SOCCER COACH

Futsal indoor hardcourt soccer is coming to SLARA! Have fun improving your dribbling and passing in this small-sided soccer game. First class will be an introduction to Futsal court, rules, and getting used to dribbling and passing on a hard court. Remaining sessions will be scrimmages.

If boys' and girls' sessions do not fill up fully, they may be combined into a Co-Ed class that runs on Tuesday.

Code	Day	Grade	Times	R/NR Fee
3500	Tue	2 nd -3 rd Co-Ed	5:45 pm-6:45 pm	\$75/100
3501	Tue	4 th -6 th Girls	6:45 pm-7:45 pm	\$75/100
3502	Thu	4 th -6 th Boys	6:45 - 7:45pm	\$75/\$100



SPORTS - CLASSES AND CLINICS

SOCCER

FUN TIME SPORTS INDOOR SOCCER

DAY: MONDAYS
 SESSION 1: JAN. 22 - FEB 12
 SESSION 2: MAR 4 - APR 1 (NO CLASS ON MAR. 25)
 LOCATION: BRUMMER ELEMENTARY GYM

The goal is for the kids to learn and have fun growing with the game of soccer! This co-ed class will focus on those who are still learning the game of soccer. The skills focused on will include soccer fundamentals of how to pass, dribble, and shoot. This is a relaxed setting where the emphasis will be on fun! Please wear shin guards, bring a soccer ball and a bottle of water.

Code	Ses	Ages	Times	R/NR Fee
3615	1	3 - 5	5:30 -6:30 pm	\$90/\$120
3616	1	6 - 8	6:30 -7:30 pm	\$90/\$120
3617	1	9 - 12	7:30 -8:30 pm	\$90/\$120
3618	2	3 - 5	5:30 -6:30 pm	\$90/\$120
3619	2	6 - 8	6:30 -7:30 pm	\$90/\$120
3620	2	9 - 12	7:30 -8:30 pm	\$90/\$120



TENNIS

TODD BEYER INDOOR TENNIS

DAY: MON.
 SESSION 1: JAN. 8 - FEB. 12 (NO CLASS JAN. 15)
 SESSION 2: MAR 4 - APR. 8 (NO CLASS ON MAR. 25)
 SESSION 3: APR. 15 - MAY 13
 LOCATION: KENT LAKE ELEMENTARY - GYM
 INSTRUCTOR: TODD BEYER OR STAFF

Come join the fun and learn the exciting game of tennis with our pro Todd Beyer and/or staff. Coach Todd has taught tennis for over 30 years. Please contact him at 734.674.6754 with any questions. Bring age-appropriate tennis racket, tennis shoes and water.

AGES 4 - 6: Introduction to tennis using low-impact tennis balls. Fun games and exercise.

AGES 7 - 10: For players new to tennis or those that have some experience. Learn/review fundamentals through drills and fun/competitive games.

AGES 11 - 14: Learn/review tennis strokes, drill and rally playing out points, and working on fundamentals.

Code	Ses	Age	Time	R/NR Fee
3300	1	4 - 6	5:30 - 6:30 pm	\$92/\$123
3301	1	7 - 10	6:30 - 7:30 pm	\$104/\$139
3302	1	11 - 14	7:30 - 8:30 pm	\$104/\$139
3303	2	4 - 6	5:30 - 6:30 pm	\$92/\$123
3304	2	7 - 10	6:30 - 7:30 pm	\$104/\$139
3305	2	11 - 14	7:30 - 8:30 pm	\$104/\$139
3306	3	4 - 6	5:30 - 6:30 pm	\$92/\$123
3307	3	7 - 10	6:30 - 7:30 pm	\$104/\$139
3308	3	11 - 14	7:30 - 8:30 pm	\$104/\$139



SPORTS - CLASSES AND CLINICS

TRACK/CROSS COUNTRY

FUN TIME SPORTS INDOOR TRACK AND CROSS COUNTRY

DAY: TUE
SESSION 1: JAN 16 - FEB 13
SESSION 2: MAR 5 - APR 2 (NO CLASS 3/26)
LOCATION: HARDY ELEMENTARY SCHOOL- GYM
INSTRUCTOR: FUN TIME SPORTS STAFF



FTS owner/coach, Steve Allen, started his sports career in track and field. It holds a special place in his heart. Join him in for the FTS Elite Track and Field Club. Come train and compete with us!! Participation in the M.I.T.S track meets are a separate fee and are optional. **Please wear sneakers and bring a water bottle.**

Code	Ses	Age	Times	Price
3609	1	6 - 11	5:30 - 6:30 pm	\$100/\$133
3612	2	6 - 11	5:30 - 6:30 pm	\$90/\$120

FUN TIME SPORTS TRACK AND CROSS COUNTRY

DATE: APR. 15 - MAY 22 (NO CLASS MAY 8)
AGE: 6 - 10
LOCATION: MILLENNIUM MIDDLE SCHOOL - TRACK
INSTRUCTOR: FUN TIME SPORTS STAFF



FTS owner/coach, Steve Allen, started his sports career in track and field. It holds a special place in his heart. Join him in for the FTS Elite Track and Field Club. Come train and compete with us!! Participation in the M.I.T.S track meets are a separate fee and are optional. **Please wear sneakers and bring a water bottle.**

Code	Day	Age	Times	Price N/NR
3606	Mon.	6 - 10	6:30 - 7:30 pm	\$120/\$160
3607	Wed.	6 - 10	6:30 - 7:30 pm	\$120/\$160
3608	Mon./Wed.	6 - 10	6:30 - 7:30 pm	\$210/\$280



USA HOCKEY

LEARN TO PLAY

AGE: ALL
LOCATION: USA HOCKEY ARENA
INSTRUCTOR: USA HOCKEY

The Learn to Play Hockey program is a USA Hockey Cross-Ice Instructional program. All our teaching and lesson plan materials are based on USA Hockey's American Development Model (ADM). This program is designed to be the natural progression from Learn to Skate (Hockey 1 - 4) to the Compuware House League. Are you already playing hockey? The Learn to Play Hockey program is also a great way to get additional ice time and instruction for those currently playing youth league hockey! **Prerequisite:** Already learned how to skate and have a full set of hockey equipment.

R/NR FEE: \$138/\$184

Code	Ses.	Dates	Times
1116	1	Wed 1/3 - 2/7	6:10 - 7 pm
1117	1	Sun 1/7 - 2/11	8:30 - 9:20 am
1118	2	Wed 2/14 - 3/20	6:10 - 7 pm
1119	2	Sun 2/18 - 3/24	8:30 - 9:20 am
1120	3	Wed 4/10 - 5/15	6:10 - 7 pm
1121	3	Sun 4/14 - 5/19	8:30 - 9:20 am

LEARN TO SKATE

AGE: 4+
LOCATION: USA HOCKEY ARENA
INSTRUCTOR: USA HOCKEY

From the first steps on the ice to mastering advanced techniques, Learn to Skate is the right start for everyone. USA Hockey Arena is excited to offer a new curriculum called Learn to Skate USA. The program, empowers aspiring skaters to achieve athletic and personal goals on and off the ice while providing a fun and positive experience.

R/NR FEE: \$138/\$184

Code	Ses.	Date	Times
1122	1	Wed 1/3 - 2/7	5:10 - 6 pm
1123	1	Sat 1/6 - 2/10	9 - 10:20 am
1124	2	Wed 2/14 - 3/20	5:10 - 6 pm
1125	2	Sat 2/17 - 3/23	9 - 10:20 am
1126	3	Wed 4/10 - 5/15	5:10 - 6 pm
1127	3	Sat 4/13 - 5/18	9 - 10:20 am

SPORTS - CLASSES AND CLINICS

VOLLEYBALL

FUN TIME SPORTS VOLLEYBALL

DAY: TUESDAY
 SESSION 1: JAN. 16 - FEB. 13
 SESSION 2: MAR 5 - APR 2 (NO CLASS 3/26)
 LOCATION: HARDY ELEMENTARY - GYM
 INSTRUCTOR: FUN TIME SPORTS STAFF



We aim to help your child develop basic volleyball skills in a fun and positive environment. This is a fantastic way to get your child involved in a Fun Time playing the fast-paced game of volleyball. NO experience is necessary, but it is a plus. Your child will learn serving, bumping, setting, and everyone's favorite-spiking!! Older players will learn jump serves, reverse sets and more advanced skills, fine tune skills that they have already acquired, and learn in-game strategies. **Please wear sneakers and bring a water bottle.**

Code	Ses	Ages	Times	Price N/NR
3610	1	7 - 9	6:30 - 7:30 pm	\$100/\$133
3611	1	10 - 12	7:30 - 8:30 pm	\$100/\$133
3613	2	7 - 9	6:30 - 7:30 pm	\$90/\$120
3614	2	10 - 12	7:30 - 8:30 pm	\$90/\$120

VOLLEYBALL SKILLS & SCRIMMAGE

DAY: FRIDAY
 SESSION 1: JAN. 19 - FEB. 16
 SESSION 2: MAR. 1 - APR. 5 (NO CLASS MAR. 29)
 SESSION 3: APR. 26 - JUNE 7 (NO CLASS MAY 24)
 LOCATION: HARDY ELEMENTARY
 INSTRUCTOR: JO SCHIRTZINGER, LEISURE UNLIMITED LLC

VolleyLite (Grades 2-4): Learn sound fundamentals in passing, serving, and spiking. We'll cover rules, rotation, and transition. Fun, progressive drills challenge players while they work at their own pace. Instructor, Coach Jo Schirtzinger is a former Class A High School Volleyball Coach, has over 40 years of competitive playing experience and is a former MHSAA official. For info: www.leisureunlimited.net

Volleyball (Grades 5-7): Trying to make the school volleyball team? Improve your techniques in passing, spiking, setting, blocking, and serving. We'll also cover rules, serve reception, offenses, defenses, net play, court communication and transition. Scrimmages help players apply what they've learned and enhance their understanding of the game. Instructor, Coach Jo Schirtzinger is a former Class A High School Volleyball Coach, has over 40 years of competitive playing experience and is a former MHSAA official. For info: www.leisureunlimited.net

Code	Session	Grade	Times	R/NR Fee
3700	1	2 - 4	6 - 7 pm	\$77/\$103
3701	1	5 - 7	7 - 8 pm	\$77/\$103
3702	2	2 - 4	6 - 7 pm	\$77/\$103
3703	2	5 - 7	7 - 8 pm	\$77/\$103
3704	3	2 - 4	6 - 7 pm	\$92/\$123
3705	3	5 - 7	7 - 8 pm	\$92/\$123





NOTICE TO PARTICIPANTS

All participants are subject to the SLARA Code of Conduct. SLARA programs are offered to all persons without regard to race, color, sex, national origin, age, creed or ability. In compliance with the Americans With Disabilities Act of 1990, SLARA will make reasonable efforts to accommodate participants with disabilities for programs. For assistance, call 248.437.8105 at least seven days prior to the program or event. All athletic and recreational activities involve some risk of accident or injury. SLARA does not provide insurance nor does it assume responsibility for accidents or injuries. Participation in this program and the use of equipment is at your own risk.

NOTE TO THE COMMUNITY

Circumstances are such that some classes will not meet in consecutive weeks as scheduled. We will make every effort to assure that students will receive the total number of sessions indicated. All classes are subject to a maximum and minimum enrollment. You will be notified only if your class is cancelled, full or in conflict. Occurrences beyond our control may necessitate a change of date, room, time, instructor and/or cancellation of a class. Often, conflicts happen without prior notice and we do not have time to notify you. Your understanding is appreciated.

SLARA MEETING SCHEDULE

SLARA Board meetings are held at 2:00pm, the fourth Wednesday of every month. Schedule can be found at slrec.net

INCLEMENT WEATHER POLICY

When South Lyon schools are closed all SLARA programs held at a SL school will be cancelled. If your class is being held at a different facility, please call that facility directly to check the status of your class. The SLARA office will make every attempt to remain open and stay as close to the regularly scheduled business hours as possible during snow storms and other weather emergencies. We encourage you to call ahead to determine the operational status of the SLARA office when there appears to be reason for weather-related institutional delays and/or closures. You can also check the SLARA Facebook page and Instagram account for delays and closures. There will be no partial refunds, letter of credit or make-up for cancelled classes due to inclement weather, mechanical failure or natural disaster.

NON-TRANSFERABLE REGISTRATIONS

All SLARA registrations are solely intended for the person(s) registered and are non-transferable. This includes but is not limited to programs, classes, sports, aquatics, special events, and day camp.

PHOTO POLICY

Enrollment in SLARA programs authorizes SLARA, its employees and contractors to take your photograph for use in future brochures, flyers, documents, displays, and other publications, website and on social networking websites. SLARA will not sell, use or authorize others to use such photographs for commercial purposes.

ALLERGY INFO

Please be sure to let us know if you and/or your child have any food allergies or restrictions. We will make reasonable efforts to accommodate participants with food allergies. You may be asked to provide your own snack.

REGISTRATION

You can register via Fax, Mail-In, Walk-In or Online. Online registration available at www.slrec.net Please call the office to create an account. SLARA accepts Discover, VISA, MasterCard, or American Express. **NOTE:** There is a non-refundable \$4 convenience fee whenever you use a credit or debit card. However, this fee will be fully refunded if a class is cancelled by SLARA. Make checks payable to "SLARA". A \$25 fee will be assessed to all returned checks.

RESIDENCY POLICY

We are not affiliated with the South Lyon School District. The SLARA service area encompasses Green Oak Township, the Charter Township of Lyon and the City of South Lyon. Any person residing within the boundaries of these municipalities will be considered a "resident" and will receive a discount for most program fees. Anyone who resides outside of these municipalities will be considered a "non-resident" and be required to pay full price to participate in programs.

REFUNDS

All refund requests are charged a \$10 cancellation fee. Any refunds requested after the first class/program are charged the cost of the first day plus the cancellation fee. **NO REFUNDS** will be given after the second scheduled class/program.

For a refund, please follow these steps:

1. Cancellations must be made BY PHONE OR IN PERSON.
2. Call or visit the SLARA Office immediately to allow time for someone else to register for the class.
3. All requests must be made before **3:00 pm** on the last working day prior to the beginning of the second scheduled class/activity.

YOUTH SPORTS LEAGUES: NO REFUNDS will be given after the first practice. Refunds after the uniforms have been ordered will have the uniform and cancellation fee subtracted.

SPECIAL EVENTS/ONE DAY PROGRAMS: NO REFUNDS for special events, one day programs or convenience fees unless they are cancelled by SLARA.

KIDS KAMP: Refunds must be requested 3 weeks **PRIOR** to the week of camp requiring cancellation. If requesting a refund prior to the refund deadline, a \$10 fee is charged. After the refund deadline, absolutely **NO** refunds are allowed.

Refunds will be paid in full when classes are cancelled by SLARA. There is no refund or reduction of fees for classes missed by students. No refunds paid in cash. Refunds take 2-3 weeks to process. **NOTE:** There is a non-refundable \$4 convenience fee whenever you use a credit or debit card. However, this fee will be fully refunded if a class is cancelled by SLARA.

If a class is cancelled due to weather, mechanical failure, or other unexpected problems, an effort will be made to schedule a make-up. If it is not possible to provide a make-up, no partial refunds will be given.





Weather Cancellation Notification System

The safety and welfare of all employees and participants is of the utmost importance. This notification system has been designed to give guidance to employees, coaches, officials and participants in activities, as well as renters of SLARA facilities. The following are general guidelines. Employee judgement may be exercised in certain situations and some determinations/cancellations may be made at the facility or on the fields. ***Cancellations may occur due to inclement weather, heat index, outside restrictions or unacceptable facility conditions.***

If Program is Held at a South Lyon School Facility

When the South Lyon School facilities are closed all SLARA programs held at a South Lyon School will be cancelled. ****NOTE: Programs will still be held in case of in-service days.***

If Program is Held at another other Location

If programs are taking place at a facility other than a South Lyon school, please call that facility directly to check the status of your class. SLARA will make every attempt to remain open and stay as close to the regularly scheduled business hours as possible during inclement weather.

For Outdoor Events

As a matter of safety and precaution, all activities must stop if thunder is heard or lighting is seen. All players, coaches, officials, participants, and spectators are to return to their cars. NO EXCEPTIONS. Wait 30 minutes from the last sound of thunder or sight of lightning. If the weather clears, 30 minutes after last sound of thunder or sight of lightning, activity can resume. If conditions persist the activity will be cancelled.

Notification System

Time frame for such cancellations will be as follows: (if no notification has been posted, cancellations may be determined onsite)

Day of: Programs running prior to 4:00pm will be determined as soon as possible. Please understand that some circumstances are out of our control and prior notification might not be possible.

Evening of: Programs running after 4:00pm will be determined by 4:00pm

Weekends: Determined at least 1 hour prior to the beginning of the program

Special Events: Determined at least 1 hour prior to the beginning of the program

****Cancellation notices will be posted on SLARA social media accounts including Twitter, Facebook and Instagram. Notifications may also be made via email or by phone if determination is made during business hours and it is feasible to do so.***

For sports leagues, coaches will be emailed and asked to contact individual players.

Follow us on our social media platforms:



facebook.com/southlyonarearecreationauthority



instagram.com/southlyonrec



twitter.com/southlyonrec

REGISTRATION/WAIVER FORM



HOUSEHOLD INFORMATION

Last Name: _____ Primary Phone #:(_____) _____
 Address: _____ City: _____ Zip: _____
 Primary E-mail : _____
 Parent: _____ DOB: _____ Cell #:(_____) _____
 Parent: _____ DOB: _____ Cell #:(_____) _____

PROGRAM REGISTRATION

Allergies/Medical or Special Needs: _____

League Shirt Size Options: YS, YM, YL, AS, AM, AL, AXL

League Skill Level Options: 1, 2, 3, 4, 5 (1=beginner, 5=experienced)

Participant's Name	D.O.B	Program Code #	Shirt Size	Skill Level	Fee
		#			\$
		#			\$
		#			\$
		#			\$

Total Fee: \$

Credit Card Use Only

There is a non-refundable \$4 convenience fee whenever you use Discover/Visa/Mastercard/American Express. However, the convenience fee will be fully refunded if a class is cancelled by SLARA.

Credit Card#: _____ - _____ - _____ Exp. Date: _____ CVV code: _____
 Name on card (print): _____ Signature: _____ Date: _____

PLEASE READ AND SIGN WAIVER FOR PARTICIPATION:

In consideration for the foregoing, I for myself, my child, my executors, administrators, and assignees, do hereby release and discharge SLARA, all sponsors, coordinating groups, volunteers, and any individuals associated with the event, for all claim or damages, demands, actions whatsoever in manner arising or growing out of my or my child's participation in said event. In the absence of a parent/guardian's signature below, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release. South Lyon Area Recreation Authority will not provide health and/or accident insurance for program participants. I hereby grant permission for SLARA to use myself or my child's photograph, videotape or film to publicize activities and programs.

Signature: _____
 (Participant or Parent/Guardian if participant is under 18 years old)

Date: _____

Mail registration with payment to: SLARA, 10083 Colonial Industrial Dr., South Lyon, MI 48178
 Hours: M – F, 8:00am to 4:00pm Phone: 248.437.8105
 Fax: 248.437.4324 Website: www.slrec.net

VOLUNTEER COACH/ASSISTANT COACH

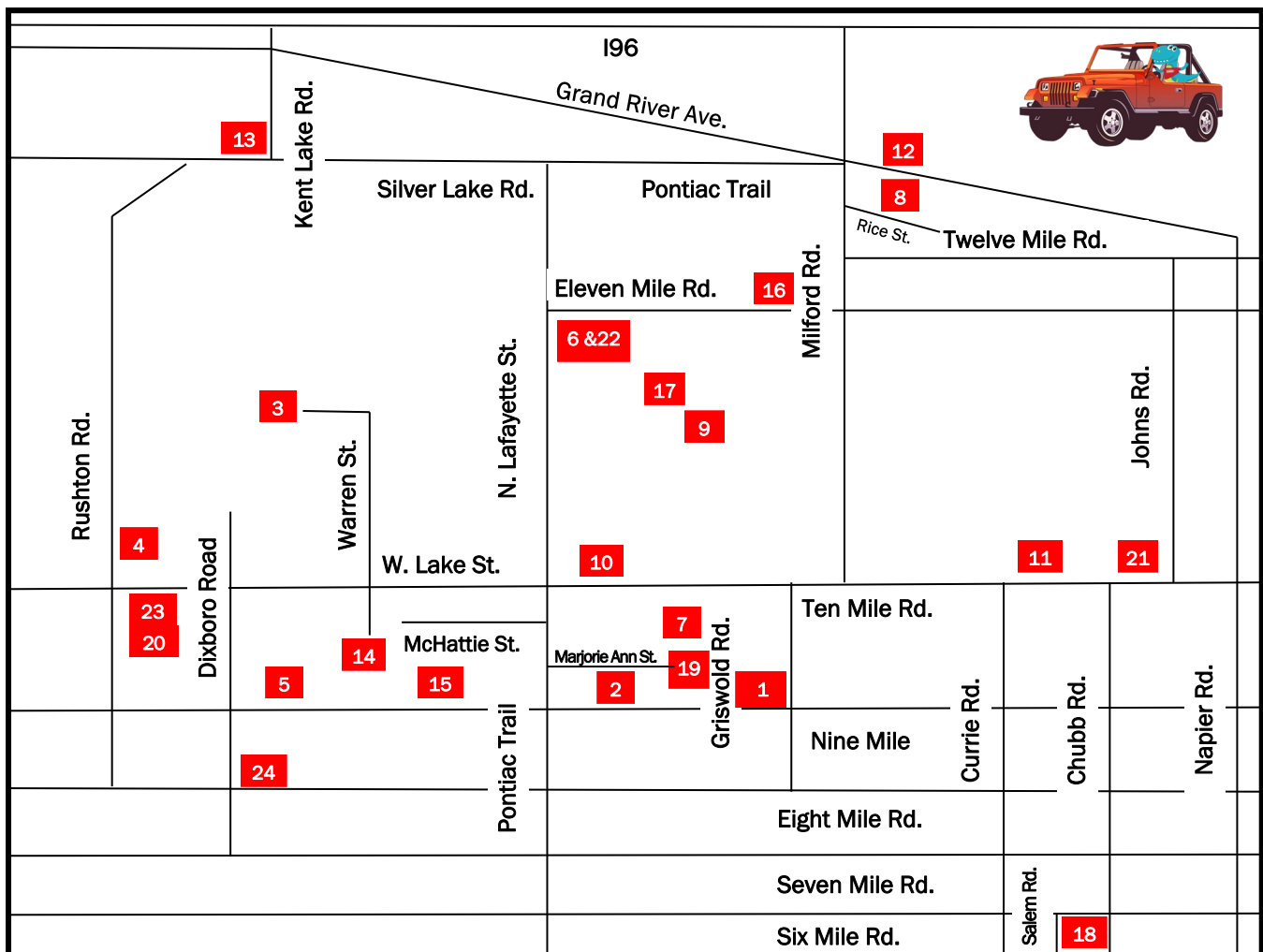
Name: _____ Date of Birth: _____ T-Shirt Size: _____
 Primary Phone #: (____) _____ Secondary #: (____) _____
 Email: _____ Coach to be placed with: _____

By signing this waiver you are allowing SLARA to conduct a standard State of Michigan I-Chat System background check on yourself.

If you are registering by mail, drop box or fax and you do not receive a confirmation of your registration via email, please call the office to confirm your registration. DO NOT MAIL CASH!

SOUTH LYON AREA RECREATION AUTHORITY VENUE MAP

- | | | | |
|--|------------------------------|---|------------------------------|
| 1. Action Sports
23333 Griswold Rd., Suite #300 | 248.727.8328 | 13. Kent Lake Elementary
30181 Kent Lake Rd. | 248.573.8350 |
| 2. American Dance Academy
22886 Pontiac Trail | 248.486.9664 | 14. McHattie Park
Off Pontiac Trail between Nine and Ten Mile Roads | |
| 3. Bartlett Elementary
350 School St. | 248.573.8300 | 15. Millennium Middle School (6 th)
61526 W. Nine Mile Rd. (7 th /8 th) | 248.573.8190
248.573.8200 |
| 4. Brummer Elementary
9919 N. Rushton Rd. | 248.573.8520 | 16. Pearson Elementary
57900 Eleven Mile Rd. | 248.573.8750 |
| 5. Centennial Middle School (6 th)
62500 W. Nine Mile Rd. (7 th /8 th) | 248.573.8590
248.573.8600 | 17. PINZ Bowling Center
700 N. Lafayette | 248.437.0700 |
| 6. Center for Active Adults
1000 N. Lafayette St. | 248.573.8175 | 18. Salem Elementary
7806 Salem Rd. | 248.573.8450 |
| 7. Columbia Park
Off Ten Mile Rd, In Hunters Creek | | 19. Sayre Elementary
23000 Valerie St. | 248.573.8500 |
| 8. Dolsen Elementary
56775 Rice St. | 248.573.8400 | 20. SLARA Office
10083 Colonial Industrial Dr | 248.437.8105 |
| 9. Ethos Human Performance
515 N. Mill St | 734.463.3008 | 21. South Lyon East High School
52200 W. Ten Mile Rd. | 248.573.8700 |
| 10. Hans Tae Kwon Do
131 E. Lake St. | 248.974.4780 | 22. South Lyon High School
1000 N. Lafayette St. | 248.573.8150 |
| 11. Hardy Elementary
24650 Collingswood (Woodwind Sub-Division) | 248.573.8650 | 23. The Studio
12632 10 Mile Road | 248.486.0649 |
| 12. Inspiration Park
56730 Grand River Ave | | 24. Volunteer Park
Dixboro between Eight and Nine Mile Roads | |



IMPORTANT SLARA DATES

LOOK INSIDE FOR ADDITIONAL DETAILS

DECEMBER 2- CANDY CANE HUNT

DECEMBER 4 - REGISTRATION OPENS

DECEMBER 8 - COOKIE DECORATING PARTY

DECEMBER 13- WINTER BASKETBALL REGISTRATION DEADLINE

JANUARY 12 - DUCK & DODGE: ULTIMATE DODGEBALL NIGHT

January 22 - SPRING SOCCER AND VOLLEYBALL REGISTRATION OPENS

FEBRUARY 9 - COUPLES PAINT & SIP WITH NOAH'S ART

MARCH 3 - MOTHER SON RODEO

MARCH 2 - DADDY/DAUGHTER DISCO

APRIL 1 - SOFTBALL RETURNING TEAM DEADLINE

APRIL 22 - GARDEN FEST: EARTH DAY PARTY

VISIT OUR NEW LOCATION



*We are
Moved*



10083 COLONIAL INDUSTRIAL DR.
SOUTH LYON, MI 48178

