

# WINTER 2025

AQUATICS

FITNESS

ENRICHMENT

SPORTS

SPECIAL EVENTS

ART

STEAM/STEM

South Lyon Area  
**Recreation**  
Authority  
*Discover Your Passion*



RECREATION

COMMUNITY

SOUTH LYON AREA RECREATION AUTHORITY ~ 10083 COLONIAL INDUSTRIAL DR.  
SOUTH LYON, MI 48187 ~ 248.437.8105 ~ WWW.SLREC.NET

## OFFICE INFORMATION

**Hours:**  
Monday - Friday 8 am to 4 pm

**Address:**  
10083 Colonial Industrial Dr.  
South Lyon, MI 48178

**Phone Number:**  
248.437.8105

**Fax Number:**  
248.437.4324

**Web Site:**  
www.slrec.net

### SOUTH LYON AREA RECREATION AUTHORITY BOARD

Mark St. Charles, Green Oak Township  
Patricia Carcone, Charter Township of Lyon  
Paul Zelenak, City of South Lyon

*Meetings 4th Wednesday of every month at 2 pm,  
view website for details*

## SLARA OFFICE CLOSURES

December 24, 25 & 31  
January 1

## SLARA MISSION, VISION, AND CORE VALUES

### MISSION STATEMENT

The mission of SLARA is to enhance the quality of life by providing a variety of safe, fun, and affordable activities for all ages. SLARA strengthens the bonds of community and creates accessible opportunities for renewal, growth, and enrichment.

### VISION STATEMENT

To provide a diverse range of opportunities designed to keep members of the community happy, active, and productive. By maintaining fiscally responsible practices and focusing on accessibility SLARA works to be recognized as the recreational provider of choice in our area.

### CORE VALUES

- Personal Fulfillment and Development
- Exceptional Customer Service
- Diversity
- Health and Wellness
- FUN!



Utilize our QR Code to gain direct access to our website for quick and easy registration!

**NEVER MISS ANOTHER REGISTRATION DEADLINE,**

**CANCELLATION OR PROGRAM GUIDE!**

*Sign-up with Constant Contact TODAY!*

DO YOU WANT  
MONTHLY UPDATES?  
OR  
INFORMATION ON  
UPCOMING EVENTS?

# STAY CONNECTED



To stay up to date on program information, important deadlines, and all things SLARA, be sure to sign up for the SLARA Constant Contact monthly newsletter on our website at [www.slrec.net](http://www.slrec.net).



## SLARA STAFF

CRISTIN SPILLER, DIRECTOR  
CRISTIN@SLREC.COM

JUSTIN LAMBREGTSE, REC. COORDINATOR  
JLAMBREGTSE@SLREC.COM

ANESSA SCHWEITZER, REC. COORDINATOR  
ANESSA@SLREC.COM

KATY FITZPATRICK, AQUATICS MANAGER  
KFITZPATRICK@SLREC.COM

SEAN FLETCHER, REC. AIDE  
RECAIDE@SLREC.COM

MONIDIPA MOLLIK, OFFICE ADMIN.  
ADMIN@SLREC.COM



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## COMMUNITY RESOURCE DIRECTORY

ACTION SPORTS  
WWW.ACTIONSPORTSMI.COM

ACTIVE FAITH COMMUNITY SERVICES  
248.437.9790

AMERICAN DANCE ACADEMY  
248.486.9664 ~ WWW.AMERICANDANCEACADEMY.NET

CENTER FOR ACTIVE ADULTS  
248.573.8175

CHAMBER OF COMMERCE  
248.437.3257

CITY OF SOUTH LYON  
248.437.1735

GREEN OAK TOWNSHIP  
810.231.1333

HAN'S TAE KWON DO  
248.446.4051 ~ WWW.TKDSOUTHLION.COM

ISLAND LAKE STATE RECREATION AREA  
810.229.7067

JUNIOR LEAGUE BASEBALL  
WWW.SLJL.ORG

LYON FC SOCCER CLUB  
248.701.6053 ~ WWW.LYONFCSOCCER.COM

LYON TOWNSHIP  
248.437.2240

LYON TOWNSHIP LIBRARY  
248.437.8800

MATCATS  
WWW.MICHIGANMATCATS.COM

MICHIGAN YOUTH FLAG FOOTBALL  
WWW.MICHIGANYOUTHFLAGFOOTBALL.COM

PANTHER FOOTBALL/CHEER  
WWW.SOUTHLIONPANTHERS.ORG

PINZ BOWLING CENTER  
248.437.0700 ~ WWW.PINZSOUTHLION.COM

SALEM/SOUTH LYON LIBRARY  
248.437.6431

SOUTH LYON COMMUNITY SCHOOLS  
WWW.SLCS.US

THE STUDIO  
248.486.0649 ~ WWW.THESTUDIOSOUTHLION.COM

YOUTH ASSISTANCE  
248.573.8189



# AQUATICS

## COMMUNITY SWIM SCHEDULE

JAN. 18 - APR. 12, 2025

SOUTH LYON EAST HIGH SCHOOL - 52200 W. TEN MILE ROAD

(NO LAP OR OPEN SWIM 2/15, 2/22, 3/1, 3/8, 3/22, 3/29)

SATURDAY
Lap Swim 10:45 am - 1 pm
Open Swim 2pm - 3:30 pm



~PLEASE BRING EXACT CHANGE~  
RESIDENT/NON-RESIDENT DROP-IN FEES  
Open/Lap Swim: \$5/ \$7 per person



DISCOUNT OPEN/LAP SWIM PASSES: 10 Visit Passes

R/NR \$45/\$60 = \$4.50/\$6 per visit  
(children 2 and under swim free)



NOTE: Please purchase pool passes from the  
SLARA office or at the Pool



### PLEASE NOTE:

SLARA RESERVES THE RIGHT TO  
CANCEL OPEN/LAP SWIM IF NO PATRONS  
ARRIVE WITHIN THE FIRST 30 MINUTES  
OF THE SESSION.

CHECK OUR  
FACEBOOK PAGE  
FOR CHANGES

IN THE OPEN/LAP SWIM SCHEDULE



### OPEN SWIM

- Children under 12 **must** be accompanied by an adult.
- Children under 4ft. **must** have parent/adult within arms reach.
- Anyone wishing to swim in the deep end must take a swim test.

**NOTE:** All open/lap swims are pay-as-you-go programs on a first-come, first-served basis. In order to provide adequate supervision, SLARA and lifeguards on duty reserve the right to limit the number of swimmers at any activity (at any time). Groups of 8 or more must call the SLARA office at least 1 week in advance. **Note:** Times are subject to change. Any changes will be posted at the pool, in the SLARA office and on-line at [www.slrec.net](http://www.slrec.net)



# AQUATICS

## SWIM LESSON DESCRIPTIONS

SLARA is offering a wide variety of swim classes based on the American Red Cross Learn-to-Swim Program. Progression from one level to the next will be based upon the student's skill level and readiness to learn. All classes have enrollment limits. Registration must be done in advance with the SLARA office. Due to circumstances beyond our control, it may be necessary to reschedule or cancel some swim lessons. **Parents are asked to stay off the pool deck during swim lessons.**

### PRESCHOOL (AGES 4 TO 6):

Child adjustment and orientation to the water without parent. This class will also teach beginning water skills.

### LEVEL 1 (AGES 4+) - INTRODUCTION TO WATER SKILLS:

Elementary water skills including basic water safety, putting face in water and an introduction to proper breathing. The instructor will assist students with floating on front and back, front and back crawl arms, and flutter kick.

### LEVEL 2 (AGES 4+) - FUNDAMENTAL AQUATIC SKILLS:

Students will learn to independently float, glide, kick and swim on their front and back. They will also become comfortable jumping into the shallow water and retrieving objects under water with eyes open. Students will also be introduced to treading water and basic water safety.

**SWIMMER MUST BE COMFORTABLE PUTTING THEIR FACE IN THE WATER!**

### LEVEL 2+ (AGES 4+):

Students will work on further development of rhythmic breathing, front and back crawl coordination and endurance. Students will also be introduced to diving, breaststroke kick and scissor kick.



### LEVEL 3 - STROKE DEVELOPMENT:

Students will learn to coordinate front and back crawl, introduce dolphin and breaststroke kicks and fundamentals of treading water. Students will also focus on mastering rotary breathing, and safely diving from the side. More advanced rescue and water safety techniques will be taught.

**SWIMMERS MUST BE COMFORTABLE JUMPING IN AND SWIMMING IN DEEP WATER!**

### LEVEL 4 - STROKE IMPROVEMENT:

Students will develop confidence in the strokes they've learned by improving their technique and endurance. Students will continue to build on the butterfly, and be introduced to the elementary backstroke, breaststroke and sidestroke. Students will also learn the basics of turns at the wall, compact and stride dives, feet first surface dives, swimming underwater and the survival float as well as throwing assists and caring for a choking victim.

**SWIMMERS MUST BE COMFORTABLE JUMPING IN AND SWIMMING IN DEEP WATER!**



**Note:** For your comfort and safety, please be sure that all swimmers have their hair tied back and are wearing a one piece bathing suit.

If class is canceled due to weather, mechanical failure, or other unexpected problems, there will be no make-up and no partial refunds will be given.

# AQUATICS

## SATURDAY MORNING GROUP SWIM LESSONS

JAN. 18 - APR. 12 (7 CLASSES) NO CLASS 2/15, 2/22, 3/1, 3/8, 3/22, 3/29  
 LOCATION: SOUTH LYON EAST HIGH SCHOOL - POOL

Course Code	Class	Time	R/NR fees
4300	Level 1	10:30 - 11:15 AM	\$111/\$148
4301	Level 2	10:30 - 11:15 AM	\$111/\$148
4302	Level 2+	11:20AM - 12:05 PM	\$111/\$148
4303	Level 3	11:20AM - 12:05 PM	\$111/\$148
4304	Preschool	12:10 - 12:40 PM	\$92/\$123
4305	Preschool with Parent	12:10 - 12:40 PM	\$92/\$123
4306	Level 4	12:10 - 1:10 PM	\$131/\$174
4307	Private Swim Lesson	12:10 - 12:45 PM	\$175/\$234
4308	Private Swim Lesson	12:45 - 1:15 PM	\$175/\$234
4309	Private Swim Lesson	1:20 - 1:50 PM	\$175/\$234

## AMERICAN RED CROSS LIFEGUARD TRAINING

DATE/TIME: THU., APRIL 3 5 - 9PM  
 FRI., APRIL 4 5 - 9PM  
 SAT., APRIL 5 12 - 8PM  
 FRI., APRIL 11 5 - 9PM  
 SAT., APRIL 12 12 - 8PM

AGES: MUST BE 15 YEARS OF AGE PRIOR TO END OF THE CLASS  
 LOCATION: SOUTH LYON EAST HIGH SCHOOL ~ POOL

American Red Cross Lifeguard Training provides professional training for individuals' who wish to become lifeguards. Upon successful completion of this course, you will be issued an American Red Cross Certification which will include CPR/AED for the professional rescuer, first aid and lifeguarding. (Participants must bring proof of age to first class. A break will be provided for dinner during our Saturday sessions.)

Students must be able to complete the following prerequisites in order to participate in this class:

Jump in, submerge, resurface and swim 150 yards continuously, tread water for 2 minutes, and then swim 50 more yards. While swimming, you must keep your face in the water and demonstrate good breath control. You may swim using front crawl, breaststroke or a combination of both. Swimming on the back or side is not permitted. Swim goggles are allowed. When treading, you must use only your legs.

Complete a timed event within 1 minute, 40 seconds. Starting in the water, swim 20 yards. Your face may be in or out of the water. Swim goggles are not allowed.

Surface dive to a depth of 7 - 10 feet to retrieve a 10 pound object. Return to the surface and swim 20 yards on your back to return to the starting point, holding the object at the surface with both hands and keeping your face at or near the surface. Swimming the distance underwater is not permitted. Exit the water without using a ladder or the steps.

Prior to the first day of class, participants must complete a 7 hour on-line training course which is located on the American Red Cross website. A link to the on-line portion will be emailed to you prior to the class.

CODE: 5200  
 R/NR FEE: \$225/\$300

## LIFEGUARD RECERTIFICATION

DATE/TIME: FRI, MAY 2 5 - 9PM  
 SAT., MAY 3 12 - 8PM

AGES: MUST BE 15 YEARS OF AGE PRIOR TO END OF THE CLASS  
 LOCATION: SOUTH LYON EAST HIGH SCHOOL ~ POOL

Students must possess a current Red Cross Lifeguard Certification and be able to complete the prerequisites of the lifeguard training class.

CODE: 5201  
 R/NR FEE: \$100/\$133

*Participants must attend all dates and times!*



# AQUATICS

## MONDAY EVENING SWIM LESSONS

FEB. 3 - APR. 14 (9 CLASSES) NO CLASS 2/17, 3/24

LOCATION: SOUTH LYON EAST HIGH SCHOOL - POOL

Course Code	Class	Time	R/NR Fees
4320	Level 1	5:30 - 6:15 PM	\$142/\$189
4321	Preschool	5:45 - 6:15 PM	\$119/\$158
4322	Level 2	6:20 - 7:05 PM	\$142/\$189
4323	Level 2+	6:20 - 7:05 PM	\$142/\$189
4324	Level 3	7:10 - 7:55 PM	\$142/\$189
4325	Level 4	7:10 - 8:10 PM	\$167/\$223
4326	Private Swim Lesson	7:10 - 7:40 PM	\$225/\$300
4327	Private Swim Lesson	7:45 - 8:15 PM	\$225/\$300
4328	Private Swim Lesson	8 - 8:30 PM	\$225/\$300

## WEDNESDAY EVENING SWIM LESSONS

FEB. 5 - APR. 16 (9 CLASSES) NO CLASS 2/19, 3/26

LOCATION: SOUTH LYON EAST HIGH SCHOOL - POOL



Course Code	Class	Time	R/NR Fees
4340	Level 1	5:30 - 6:15 PM	\$142/\$189
4341	Preschool	5:45 - 6:15 PM	\$119/\$158
4342	Level 2	6:20 - 7:05 PM	\$142/\$189
4343	Level 2+	6:20 - 7:05 PM	\$142/\$189
4344	Level 3	7:10 - 7:55 PM	\$142/\$189
4345	Level 4	7:10 - 8:10 PM	\$167/\$223
4346	Private Swim Lesson	7:10 - 7:40 PM	\$225/\$300
4347	Private Swim Lesson	7:45 - 8:15 PM	\$225/\$300
4348	Private Swim Lesson	8 - 8:30 PM	\$225/\$300



# SOUTH LYON AQUATICS SWIM TEAM

***Completed swim lessons and ready for your next challenge?  
Come join our team!***

South Lyon Aquatics is a year round USA Swimming competitive swim club offering high quality professional coaching and technique instruction for all ages and abilities.

South Lyon Aquatics offers varying training groups developed around a swimmer's desire, commitment and ability with age groups ranging from 6 to 18 years. Beginning with our novice swimmers, able to make one length of the pool, to our senior level swimmers, looking to advance to the highest levels of the sport, South Lyon Aquatics can provide all a rewarding experience!

**Coach evaluations are required for all *NEW* swimmers.**

**Please contact Head Coach Andy Cebull at the email below to set up an evaluation for your swimmer.**

## FOR MORE INFORMATION

**Please scan the QR code below**

Or contact:



Andy Cebull, SLA Head Coach  
[andycbull@southlyonaquatics.com](mailto:andycbull@southlyonaquatics.com)

Lindsay Bray, SLA VP Membership  
[membership@southlyonaquatics.com](mailto:membership@southlyonaquatics.com)



South Lyon Aquatics





# ADULT PROGRAMS

## DANCE

### BOLLYWOOD

DATE: FRIDAY  
SESSION 1: JAN. 10 - FEB. 14  
SESSION 2: FEB. 21 - MAR. 28  
TIME: 6 - 7PM  
AGE: 14+  
LOCATION: CPAL - 28243 BECK RD UNIT B2  
INSTRUCTOR: CPAL INSTRUCTORS

This program is designed for individuals 14 and up, offering an exciting blend of Indian Classical, Bhangra, Garba, Hip Hop, Jazz, Contemporary, and unique fusion styles. Whether you're looking to learn new dance moves or simply crush some calories, this class will keep you moving and grooving to the rhythm of Bollywood beats. Each session features a rejuvenating warm-up and cool-down, ensuring you're energized and stretched out after every class.

SESSION 1 CODE: 8505  
SESSION 2 CODE: 8509  
R/NR FEE: \$ 135/\$180

### HIP HOP

DATE: SATURDAY  
SESSION 1: JAN. 11 - FEB. 15  
SESSION 2: FEB. 22 - MAR. 29  
TIME: 1:30-2:30PM  
AGE: 14+  
LOCATION: CPAL - 28243 BECK RD UNIT B2  
INSTRUCTOR: CPAL INSTRUCTORS

Designed for ages 14 and up, this class blends the excitement of freestyle with the precision of choreography, allowing you to express yourself through movement while mastering the fundamentals of street dance. We'll explore a variety of different styles, including popping, locking, and krumping - while developing skills in body isolations and improvisation techniques. Whether you're a beginner or have some dance experience, you'll learn how to flow with the music, refine your technique, and build confidence on the dance floor.

SESSION 1 CODE: 8506  
SESSION 2 CODE: 8510  
R/NR FEE: \$ 135/\$180



### LINE DANCING

DATE: WEDNESDAY  
TIME: 8 - 8:45PM  
AGE: 16+  
LOCATION: 22886 PONTIAC TRAIL  
INSTRUCTOR: AMERICAN DANCE ACADEMY

Discover the joy of line dancing! Join our energetic and fun-filled classes where you'll learn choreographed routines to your favorite tunes. Perfect for all skill levels, our instructors will teach you the steps while you groove to the music in a supportive and friendly environment. *April 23 will focus on line dances that are traditionally seen at weddings and prom, please wear heels/dress shoes on this date.* Whether you're a beginner or seasoned dancer, come join us for a lively session of rhythmic moves and great company!

Code	Date	R/NR Fee
8701	All Dates	\$65/\$86
8700	January 22	\$20/\$26
8702	February 26	\$20/\$26
8703	March 19	\$20/\$26
8704	April 23	\$20/\$26

### TAP - CHAIR

DATE: TUE., JAN 7 - FEB 25  
TIME: 12 - 1PM  
AGE: 14+  
LOCATION: CPAL - 28243 BECK RD UNIT B2  
INSTRUCTOR: CPAL INSTRUCTORS

Discover the rhythmic world of Tap Dance, where every step creates music with the sound of metal taps striking the floor! Tap Dance is all about rhythm, syncopation, and movement, with an emphasis on musicality, expression, and improvisation. Our program offers three unique styles to suit all skill levels. Whether you're tapping from a chair, taking your first steps, or refining your rhythm skills, our Tap Dance classes offer something for everyone. Come join us and experience the joy of dancing to the beat of your own steps!

CODE: 8501  
R/NR FEE: \$125/\$180

# ADULT PROGRAMS

## TAP - BEGINNERS & INTERMEDIATE

DATE: WEDNESDAY  
 SESSION1: JAN. 8 - FEB. 12  
 SESSION 2: FEB. 19 - MAR. 26  
 AGE: 14+  
 LOCATION: CPAL - 28243 BECK RD UNIT B2  
 INSTRUCTOR: CPAL INSTRUCTORS

Discover the rhythmic world of Tap Dance, where every step creates music with the sound of metal taps striking the floor! Tap Dance is all about rhythm, syncopation, and movement, with an emphasis on musicality, expression, and improvisation. Our program offers three unique styles to suit all skill levels. Whether you're tapping from a chair, taking your first steps, or refining your rhythm skills, our Tap Dance classes offer something for everyone. Come join us and experience the joy of dancing to the beat of your own steps!

Code	Ses	Level	Time	R/NR Fee
8502	1	Beg.	5:30-6:30pm	\$135/\$180
8503	1	Inter.	6:30-7:30pm	\$135/\$180
8507	2	Beg.	5:30-6:30pm	\$135/\$180
8508	2	Inter.	6:30-7:30pm	\$135/\$180

## FITNESS

### ZUMBA WITH ELIZABETH

DATE: TUESDAY  
 SESSION 1: JAN. 7 - FEB. 25 (NO CLASS 2/18)  
 SESSION2: MAR. 11—APR. 29 ( NO CLASS 3/25)  
 TIME: 6:45 -7:45 PM  
 AGE: 14+  
 LOCATION: MILLENNIUM MIDDLE SCHOOL – 6<sup>TH</sup> GRADE GYM  
 INSTRUCTOR: ELIZABETH SHAIEB

Join Elizabeth for a fun, effective, easy to follow, total body work out. Zumba classes are fast and slow cardiovascular movements set to Latin beats and high energy international music, which will motivate you to burn calories without even realizing it! Zumba is truly exercise disguised as fitness that has never felt for fun. No dance experience necessary. Please wear comfortable clothing, tennis shoes, and bring a water bottle to class.

SESSION 1 CODE: 8500  
 SESSION 2 CODE: 8511  
 R/NR FEE: \$42/\$56

## ZUMBA WITH ESPERANZA

DATE: THURSDAY  
 SESSION 1: JAN. 9 - FEB. 27 (NO CLASS 2/20)  
 SESSION2: MAR. 13 - MAY. 1 ( NO CLASS 3/27, 4/17)  
 TIME: 6:30 -7:30 PM  
 AGE: 14+  
 LOCATION: MILLENNIUM MIDDLE SCHOOL – 6<sup>TH</sup> GRADE GYM  
 INSTRUCTOR: ESPERANZA

Get ready to move, groove, and break a sweat in this high-energy Zumba® class! Designed for participants with a moderate to advanced fitness level, this class blends upbeat Latin & international music with easy-to-follow dance moves. You'll burn calories, improve cardiovascular health, & tone muscles, all while having fun in a vibrant and motivating atmosphere. With medium to high-impact choreography, this class will challenge your endurance, coordination, and rhythm. Whether you're a seasoned Zumba enthusiast or looking to take your fitness to the next level, this dynamic workout will leave you feeling energized and empowered!

Code	Session	R/NR Fee
8504	1	\$49/\$65
8512	2	\$42/\$56

## LANGUAGE

### FOREIGN LANGUAGE

DATE: JAN. 11 - MAR. 18  
 AGE: 5+  
 LOCATION: CPAL— 28243 BECK RD UNIT B2  
 INSTRUCTOR: CPAL INSTRUCTORS

Bonjour! Hallo! Namaste! Konnichiwa! Hola! Learn to communicate, read, and write in various foreign language classes offered by the Center for Performance Art & Learning. These classes cover the basics of communication such as the alphabet, greetings, and key phrases. As well as learning about the cultures and traditions of each language. The classes are taught through various exercises and class conversations. **Foreign Language subjects are Japanese, Hindi, French and Spanish.**

Code	Language	Day	Time	R/NR Fee
2303	Japanese	Sat.	11am - 12pm	\$250/\$333
2304	Hindi	Sun.	2 - 3pm	\$250/\$333
2305	French	Tue.	6 - 7pm	\$250/\$333
2306	Spanish	Tue.	5 - 6pm	\$250/\$333

# ADULT PROGRAMS



## SPECIAL EVENT VOLUNTEERS

SLARA has a range of different volunteer opportunities for people 14-100 years of age.



### SLARA ANNUAL EVENTS

#### Candy Cane Hunt

December 7, 10 - 11:30am

#### Cookie Decorating Party

December 13, 6 - 7:30pm

#### Mother Son Party

February 28, 6:30 - 8:30pm

#### Daddy Daughter Dance

March 1 3-5pm and/or 6-8pm

### VOLUNTEER BENEFITS

- ✓ Be apart of the community
- ✓ Meet new people
- ✓ Resume builder
- ✓ Learn new skills
- ✓ 96% of volunteers said that it uplifts their happiness
- ✓ Boosts self confidence

#### CONTACT US

10083 Colonial Industrial Dr.  
South Lyon, MI 48178

(248) 437 8105  
SLREC.NET

## LIFE SKILLS

### SELF DEFENSE - MEN, WOMEN, & TEENS

**DATE:** THU., MAY 1  
**TIME:** 6:30-8:30PM  
**AGE:** 12+  
**LOCATION:** SLARA - 10083 COLONIAL INDUSTRIAL DR.  
**INSTRUCTOR:** LIVE SAFE ACADEMY

Can you defend yourself against a violent attack? Do you have the knowledge, skill, and confidence to defend your family? You do not have to spend years training in an expensive program. Learn simple, life-saving skills from programs designed to increase your safety after only one class! Our hands-on courses teach time-tested, realistic methods that are easy to learn and remember. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. A great stress reliever and lots of fun. **NOTE: This class is open to students 12 years or older. Parents, serious topics are discussed openly but in a professional manner. Minors should be accompanied by a participating adult when possible. Unpaid spectators are not allowed. A release and hold harmless agreement must be signed by a legal guardian at the beginning of class.**

**CODE:** 1253  
**R/NR FEE:** \$40/53

### ADULT & PED. FIRST AID/CPR/AED

**DAY/DATE:** THU., JUN. 5  
**TIME:** 6 - 9:30PM  
**AGE:** 18+  
**LOCATION:** SLARA - 10083 COLONIAL INDUSTRIAL DR.  
**INSTRUCTOR:** LIVE SAFE ACADEMY

Be prepared when the seconds count! You might save a life, but only if you know what to do. Learn how to respond effectively to adult, child and infant cardiac and choking emergencies, sudden illness, bleeding, and other life-threatening conditions from the American Red Cross programs that set the national standard. You will also learn how to use an Automated External Defibrillator (AED) and your vital role in the chain of survival.

Adult and Pediatric First Aid/CPR/AED certification card will be issued upon successful completion of course requirements (valid for two years). **Please note that you must arrive on time to be certified, so Please arrive up to 10 minutes early.**

**CODE:** 1254  
**R/NR FEE:** \$120/160



# ADULT PROGRAMS

## MARTIAL ARTS

### TEEN & ADULT TAE KWON DO

DATE: WED., THU., OR FRI.  
SESSION 1: JAN. 15 - FEB. 9  
SESSION 2: FEB. 12 - MAR. 8  
TIME: 7:10 - 8PM  
AGE: 15+  
LOCATION: 131 E. LAKE ST  
INSTRUCTOR: HANS TKD ACADEMY

Tae Kwon Do for our teens and adults will equip this group with some basic self-defense and beginner Tae Kwon Do moves. We find that taking Tae Kwon Do allows teens to gain confidence and helps them set boundaries because of that confidence. Take this opportunity to take the class with your teen and make it a family event. Uniforms are not needed though they are available to purchase, but there is a dress code for both male and female students. We require joggers and full-length t-shirts, as well as sports bras for females. No crop tops or shorts. Select the day you would like to participate during registration.

SESSION 1 CODE: 8705  
SESSION 2 CODE: 8706  
R/NR FEE: \$50/\$66

### SANCHIN-RYU KARATE

DATE: WEDNESDAY  
SESSION 1: JAN 15 - FEB 19  
SESSION 2: FEB 26 - APR 2  
SESSION 3: APR 9 - MAY 14  
TIME: 8 - 9PM  
LOCATION: SLARA MPR  
INSTRUCTOR: ROBERT THOMAS

Sanchin Ryu karate system is built for the ever-changing daily challenges we all face. The unique style emphasizes the philosophy that the road to true confidence and security is paved with your ability to understand and develop your movement, thinking, and emotions. Sanchin Ryu is a non-competitive style that meets you where you are and gauges your development and individual growth, all in a safe environment. Our belt ranking system is structured in a healthy no comparison way, and effectively recognizes each student's personal attainment and progress every stop of the way.

SESSION 1 CODE: 2732  
SESSION 2 CODE: 2765  
SESSION 3 CODE: 2768  
R/NR FEE: \$60/\$78

## THEATRE

### INTRO TO THEATER

DATE: TUE., JAN. 14- MAR. 18  
TIME: 7 - 8PM  
AGE: 18+  
LOCATION: 28243 BECK RD UNIT B2 - WIXOM  
INSTRUCTOR: CPAL INSTRUCTORS

Have you always dreamed of acting but feel unsure in a group setting? This Intro to Theater class is the perfect place to start! This class offers a supportive and comfortable environment to explore the basics of acting at your own pace. Whether you're interested in building a repertoire of material for auditions, improving your public speaking skills, or simply discovering the art of performance, this class is tailored to help you grow with confidence. Through individual exercises and personalized guidance, you'll learn foundational acting techniques, develop your stage presence, and unlock your creative potential. No experience required—just bring your enthusiasm and a willingness to explore the exciting world of theater!

CODE: 8300  
R/NR FEE: \$240/320

Join the SLARA team!

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# ADULT PROGRAMS

## SPORTS

### OVER 30 BASKETBALL

DATE: TUE. AND THU., JAN. 7 - MAY 29  
TIME: 8 - 10PM  
AGES: ADULTS 30+  
LOCATION: CENTENNIAL MIDDLE SCHOOL - GYM

Come join SLARA for some non-competitive basketball and get back in the game! One low fee covers the whole season. Teams will be formed on-site during each session. You must bring your own basketball. No showers available on site. **No CLASS 2/18, 2/20, 3/25, 3/27, or 5/13**

**NO ON-SITE REGISTRATION AVAILABLE. YOU MUST REGISTER WITH THE SLARA OFFICE PRIOR TO PARTICIPATING!**

CODE: 6001  
R/NR FEE: \$100/\$133

### WOMEN'S WINTER VOLLEYBALL LEAGUE

DATE: WEDNESDAY  
LEAGUE PLAY BEGINS JAN. 15  
PRACTICE NIGHT/MANAGER'S MEETING JAN. 8  
TIME: 7PM AND/OR 8:15PM  
AGES: 18+  
LOCATION: MILLENNIUM MIDDLE SCHOOL - MAIN GYM

The goal is for all participating teams to get at least 11 matches including playoffs. If there are any school cancellations, every effort will be made to make up games, but there is not a guarantee games will be made up. All teams make the playoffs. Weekly standings compiled. Championship shirts will be awarded to the playoff champions. Schedule to be announced shortly before the season. All teams must fill out Adult League Entry Form prior to registration. An entry form can be found on the SLARA website – slrec.net. **Returning teams have priority to reserve their spot until Fri., Dec. 13. Fees and rosters are due before the first game.**

CODE: 6100W  
FEE: \$300 PER TEAM  
REFEREE FEE: \$20 PER TEAM/PER GAME (PAID IN CASH AT GAME)



### ADULT SOFTBALL LEAGUE

DATE: WED., APR. 23 – MEN'S LEAGUE BEGINS  
FRI., APR. 25 – CO-ED LEAGUE BEGINS  
TIME: EVENINGS  
AGES: 18+  
LOCATION: VOLUNTEER PARK, SOUTH LYON

Returning teams have priority to retain their league spot until **Friday, April 4. An entry form and payment for the league must be submitted at the time of registration to secure your spot!** Teams seeking a spot may submit the Adult League Entry form to be added to the waitlist. Waitlist teams will be contacted after the returning team deadline should there be an available spot in the league. Maximum 8 teams per league. **Rosters due by the first scheduled game.** The format: 14 weeks plus single elimination tournament. We will play makeup games, if possible, but if too many rainouts happen, you might play less than 14 games. All teams make playoffs; standings compiled weekly, groomed, and lined fields. Team trophy will be given for league champions. One new yellow game ball (.052 core) and used back-up ball will be provided each game.

New for this season, all teams pay the same fee regardless of Resident or Non-Resident status.

Managers meeting on Wednesday, Apr. 16 at 6 pm at SLARA Offices

CODE: 6201 WED. – MEN'S RECREATIONAL  
6202 FRI. – CO-ED RECREATIONAL

FEE: \$650 PER TEAM

UMPIRE FEE: \$25 PER GAME/PER TEAM

\*FORFEIT FEE: \$50 (REFUNDABLE FORFEIT POOL WILL BE COLLECTED WITH REGISTRATION; THIS WILL BE USED TO PAY ANY FORFEIT FEES DURING THE SEASON AND RETURNED AT THE CONCLUSION OF THE SEASON IF NOT USED.)





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W012918

MOM AND SON

# NEON

# Party

**FRIDAY, FEBRUARY 28**  
**6:30 - 8:30PM**

**\$20/\$26 n/nr**



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MOVIE PREMIERE DANCE

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**MARCH 1ST**

AT MILLENNIUM MIDDLE SCHOOL

**3-5PM: 9302**

**6-8PM: 9303**

**R/NR FEE: \$20/\$26**

**STEP INTO THE SPOT LIGHT &  
DRESS TO IMPRESS AS YOU WALK  
THE RED CARPET.**

**COME DANCE THE NIGHT AWAY, GET  
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COOKIES, PARTICIPATE IN A CREATIVE  
CRAFTS & FACE PAINTING.**

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# SPECIAL EVENTS

## CANDY CANE HUNT

DATE: SAT., DEC 7  
TIME: 10AM  
AGE: 5-10  
LOCATION: MCHATTIE PARK

Bring your little ones out to McHattie Park to this FREE event to grab as many candy canes as you can find! Find the multi-colored candy canes to win a prize! We will break up the children into age groups. Bring your own bag to fill up. Make sure to stop by and see Santa and his elves while enjoying cookies and cocoa.

We will be accepting donations for Active Faith (collecting non perishable food)

R/NR FEE: FREE



## COOKIE DECORATING PARTY

DATE: FRI., DEC. 13  
TIME: 6 - 7:30PM  
AGE: ALL  
LOCATION: CENTENNIAL MIDDLE SCHOOL - CAFETERIA

Get in the holiday spirit by joining us for an evening of cookie decorating while listening to holiday music. Bring a container with you to take home your delicious goodies! Each person registered will take home a dozen decorated cookies. **Parents are encouraged to participate with their child for free.**

CODE: 9308  
R/NR FEE: \$20/26

## HOME MADE GIFT PARTY

DATE: MON., DEC. 23  
TIME: 9 - 12:00PM  
AGE: 5 - 12  
LOCATION: SLARA

Make this Christmas extra special with our Homemade Gift Event for Young Children! Join us for a delightful crafting experience where kids can create one-of-a-kind presents for their loved ones. With the guidance of our friendly instructors, they'll unleash their creativity and craft heartfelt gifts that capture the spirit of the season. Join us for a fun-filled day of crafting joy and spreading holiday cheer!

CODE: 9309  
R/NR FEE: \$20/\$26



## NEW YEAR DODGE OFF

DATE: FRI., JAN. 24  
TIME: 6 - 8PM  
AGES: 7 - 11  
LOCATION: BRUMMER ELEMENTARY  
INSTRUCTOR: SLARA STAFF

Join us for **New Year Dodge Off**—an exciting dodgeball night to kick off the new year with action-packed fun! Kids ages 7-11 will jump into a variety of dodgeball games, from classic dodgeball to creative twists like Doctor Dodgeball and Zombie Dodgeball. It's a great way to burn off energy, build teamwork, and make new friends. Get ready to dodge, dip, and dive into the new year!

CODE: 9300  
R/NR FEE: \$10/\$13



# SPECIAL EVENTS

## ART FROM THE HEART

DATE: SAT., FEB 15  
TIME: 11AM - 1PM  
AGES: 16+  
LOCATION: THE CORNER SOCIAL  
INSTRUCTOR: CPAL INSTRUCTOR

Celebrate friendship and creativity at our Paint Party! Gather your best friends for a fun-filled evening of painting, laughter, and connection. Whether you're a beginner or an art pro, everyone can enjoy creating their own masterpiece in a relaxed, supportive atmosphere. We'll provide all the supplies, so just bring your friends and your creativity for a night of colorful fun and unforgettable memories!

CODE: 9301  
R/NR FEE: \$42/\$56



## RECYCLED ART WORKSHOP

DATE: FRI., APR. 25  
TIME: 6 - 8PM  
AGES: 7+  
LOCATION: 10083 COLONIAL INDUSTRIAL DR  
INSTRUCTOR: SLARA STAFF

Join us for a Recycled Art Workshop to celebrate Earth Day! This hands-on workshop lets participants turn everyday recyclables into unique works of art. Participants are asked to bring recyclables such as plastic containers, bottle caps, plastic water bottles, cardboard, and old magazines. SLARA will provide the rest. Participants will create fridge magnets using bottle caps and old magazines, a collaged animal using scraps from various colorful cardboard boxes, and a recycled bottle planter. **Please keep these projects in mind when collecting your recyclables.** Students will go home with a few eco-friendly masterpieces and a deeper appreciation for reducing waste.

CODE: 9304  
R/NR FEE: \$15/20

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# YOUTH PROGRAMS

## ART - CAMPS

### OOEY GOOEY CLAY CREATIONS

DATE: MON. - THU. FEB 17 - 20  
 TIME: 9AM - 12PM  
 AGE: 4 - 9  
 LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
 INSTRUCTOR: KIDCREATE STUDIO

It's ooey, goeey, and oh so much fun! What kid doesn't love to get messy as they create with clay? The children will use a variety of tools and techniques to make owls, monsters, bowls and much, much more. Making a mess is the best, especially when working with clay! **Please pack a nut free snack and drink.**

CODE: 1091  
 R/NR FEE: \$183/\$244



### MORE SLIME PLEASE

DATE: MON. - THU., FEB 17 - 20  
 TIME: 1 - 4PM  
 AGE: 4 - 9  
 LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
 INSTRUCTOR: KIDCREATE STUDIO

Calling all slime lovers! Get ready for a class that will take your slime game to the next level. In this exciting camp, we'll be diving headfirst into the world of slime. We'll be exploring various slime recipes to create the most epic goeey, sparkly, and stretchy concoctions you've ever seen. From a mesmerizing glowing solar system slime to a slime suncatcher, and even a dazzling gold slime Inspired by Gustav Klimt, each day will bring a brand-new slime adventure. And that's not all - we'll also be adding a splash of creativity with some painting and sculpting on the side. So, roll up your sleeves and prepare for a super slimy time like no other! **Please pack a nut free snack and drink .**

CODE: 1093  
 R/NR FEE: \$183/\$244

### LUNCH & DOODLES

DAYS: MON. - THU.  
 TIME: 12-1PM  
 LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
 INSTRUCTOR: KIDCREATE STUDIO

Are you interested in signing your child up for a full day of KidCreate camps? Make sure you also sign up for Lunch & Doodles. Between 12 - 1pm, KidCreate Studio teacher will oversee lunchtime and provide an additional art activity. This is a very popular class! Reserve your child's spot today! **Please pack a nut-free lunch and drink for your child for Lunch & Doodle**

Code	Dates	Age	R/NR Fee
1092	2/17 - 2/20	4 - 9	\$40/\$53
1096	3/24 - 3?27	6 - 12	\$40/\$53



### LAUGHTER LAB

DATE: MON. - THU., MAR. 24-27  
 TIME: 9AM-12PM  
 AGE: 4-9  
 LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
 INSTRUCTOR: KIDCREATE STUDIO

Create some of your favorite cartoon characters and bring them to life! The kids will draw, write, sculpt, and use all their creative juices to make some funny stuff! It's art that's so funny they might just snort! Your young artist will hone their skills while crafting masterpieces that guarantee grins. Upcoming projects include quirky Smash Bros. icons, a snoozy Snoopy, and a lasagna-dreaming Garfield—let the giggles begin! **Please pack a nut free snack and drink.**

CODE: 1095  
 R/NR FEE: \$183/244

# YOUTH PROGRAMS

## SCIENCE MAGIC AND KIDSCIENTIFIC

DATE: MON. - THU., MAR. 24 - 27  
TIME: 1 - 4PM  
AGE: 6 - 12  
LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
INSTRUCTOR: KIDCREATE STUDIO

Unleash your inner wizard at this magical science camp! Experience the thrill of defying gravity with your very own hovercraft, amaze your friends with secret messages written in magical ink, and create wands that light up with enchantment. Join us on this captivating journey, where you'll witness the seemingly magical results of your experiments and unravel the scientific secrets behind each spellbinding phenomenon. Get ready for a blend of learning and fun where every child becomes a wizard of wonder! Please pack a nut free snack and drink for your child each day. **Please pack a nut free snack and drink for your child**

CODE: 1097  
R/NR FEE: \$183/\$244

## ART - CLASSES

### VALENTINE'S DAY PARTY – X's & O's

DATE: FRI., FEB 14  
TIME: 9:30 - 10:30AM  
AGE: 1.5 - 5  
LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
INSTRUCTOR: KIDCREATE STUDIO

Join us for a Valentine's Day gift making party. Let your young artist show their favorite Valentine how much they love them with hugs and kisses. This adorable art project is filled with love and lots of X's and O's. Nothing says "I love you" better than a hand-made gift! This is a great class for siblings to attend together! Children must be accompanied by a caregiver.

CODE: 1090  
R/NR FEE: \$20/\$26



### EASTER CRAFT PARTY – CLAY PEEPS

DATE: MON., APR. 14  
TIME: 9:30-10:30AM  
AGE: 1.5 - 5  
LOCATION: 10083 COLONIAL INDUSTRIAL DR.  
INSTRUCTOR: KIDCREATE STUDIO

Hop on over to class to create an Easter themed art project. You and your child will get to play with some clay as you create a larger-than-life sculpture of a marshmallow Peep®. Come and create right along with your child. Children must be accompanied by a caregiver.

CODE: 1094  
R/NR FEE: \$20/\$26



### PLAYDATE WITH MOM – FLOWER BOUQUET KEEPSAKE

DATE: FRI., MAY 9  
TIME: 9:30-10:30AM  
AGE: 1.5 - 5  
LOCATION: 10083 COLONIAL INDUSTRIAL DRIVE  
INSTRUCTOR: KIDCREATE STUDIO

In honor of Mother's Day, spend some creative time with your child. You and your child will create a beautiful handprint flower bouquet on a canvas board. What a great keepsake! Children must be accompanied by a caregiver.

CODE: 1097  
R/NR FEE: \$20/\$26



# YOUTH PROGRAMS

## CHEERLEADING

### CHEERLEADING

**DATE:** FEB. 3 – JUN. 9  
(NO CLASS 2/17, 3/24, 5/26)  
**AGE:** 4+  
**LOCATION:** HARDY ELEMENTARY - GYM  
**INSTRUCTOR:** CHAMPION FORCE ATHLETICS

Champion Force Athletics is a fun and exciting program for students ages 4-15 with or without previous experience. Students will learn jumps, kicks, arm motions, stunting, cheers, and chants and learn a pom dance routine. Students will learn the necessary skills needed for school cheerleading tryouts. Our program works to build self-confidence, poise, self-esteem and physical fitness. (14 classes)

In addition to registering through SLARA all new registrant paperwork is available online at <https://erp.championforce.com/online-registration>. Please complete prior to class starting.

The program also offers an OPTIONAL competition opportunity. Optional merchandise may be purchased through the Coach in class. Optional competition: \$30-\$40. Uniform (if attending competition) costs \$99 (includes vest, skirt, and bloomers). Accessory fee \$5-\$10 (if attending competition). Champion Force offers a sweepstakes fundraiser to help earn CF credits which may be used towards merchandise and special events.

Code	Div.	Age	Time:	R/NR Fee
2230	1	4-6	5:45-6:30pm	\$180/\$240
2231	2	7-8	6:35-7:20pm	\$180/\$240
2232	3	9+	7:25-8:10pm	\$180/\$240



## CHEER BUNNIES

**DATE:** WEDNESDAY  
**SESSION 1:** JAN. 15 - FEB 19  
**SESSION 2:** MAR. 5 - 26  
**AGE:** 3 - 5  
**LOCATION:** 10083 COLONIAL INDUSTRIAL DR.  
**INSTRUCTOR:** TUMBLEBUNNIES

Join our cheerful group where little ones can jump, twirl, and shine! Little Cheerleaders will work through stations during each class with various popular cheer moves such as "READY", "T", "Touchdown", "Toe Touch", and "High V". Props such as pom poms, megaphones, and ribbons will be introduced during each session. Coloring pages and hand outs are handed out each week to show parents what the little cheerleaders learn. Watch your child make new friends, learn basic cheerleading moves, and enjoy every moment of their new cheering adventure. No experience needed – just stretchy clothing, tennis shoes, water bottle, a big smile and 'lots of energy are required each day for class!

Code	Ses.	Time:	R/NR Fee
2405	1	11:10-11:40am	\$100/\$133
2411	2	11:10-11:40am	\$68/\$90



# YOUTH PROGRAMS

## CODING

**Technical Requirements for all coding classes:** Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

### SCRATCH NINJA UNITS 1 & 2

**AGE:** 7 - 11  
**LOCATION:** VIRTUAL  
**INSTRUCTOR:** CREATE AND LEARN

In this fun and creative class, we introduce students to the wonderful world of coding using Scratch, a platform developed by MIT. Students will use colorful drag-and-drop blocks that are intuitive and easy to use to create stories, games, and animations. We cover essential coding concepts such as conditional, loop, variables, and much more, while also exploring the intriguing features Scratch offers such as motion, sensing, and clones. Given our small class size, every child will enjoy a lot of personalized attention from their teacher. Regardless of what your child is excited about, they will surely find a way to express their interests and build their creativity with Scratch!

Code	Date	Time	R/NR Fee
1105	Tuesday 1/7 - 2/25	8:30 - 9:25PM	\$155/\$207
1106	Saturday 1/18 - 3/8	12:30 - 1:25PM	\$155/\$207
1107	Wednesday 1/29 - 3/19	5:30 - 6:25PM	\$155/\$207
1108	Sunday 2/16 - 4/6	2 - 2:55PM	\$155/\$207
1109	Friday 2/21 - 4/11	7 - 7:55PM	\$155/\$207



### CREATE WITH CHAT GPT

**AGE:** 7 - 11  
**LOCATION:** VIRTUAL  
**INSTRUCTOR:** CREATE AND LEARN

Your children's learning today, and their future have changed drastically with the recent launch of ChatGPT. The impact and capabilities of such AI systems will only grow overtime. Whoever can master AI tools will be in a more advantageous position to succeed. So, what is ChatGPT? To put it in the simplest form, ChatGPT is an AI product created by OpenAI that you can converse with and ask an incredibly wide range of questions from how to cook pasta, to travel recommendations, to coding, to solving calculus problems, and a whole lot more. With the right guidance, ChatGPT can be one of the best learning resources for students. It can also help them develop critical thinking, executive functions, & creativity. This fun and informative course, students will start to learn how to use ChatGPT more effectively, understand its strengths and weaknesses, and develop important skills to master this very valuable tool

Code	Date	Time	R/NR Fee
1119	Tue 1/14 - 2/11	5:30 - 6:25PM	\$103/\$137
1120	Wed 2/12 - 3/12	8:30 - 9:25PM	\$103/\$137

### BEGINNER ROBLOX GAME CODING

**AGE:** 8-13  
**LOCATION:** VIRTUAL  
**INSTRUCTOR:** CREATE AND LEARN

Does your kid love Roblox? With this coding class, your child will be able to create their own games for Roblox in no time. The coding approach is similar to Scratch but is tailored specifically for developing Roblox games. It is a lot more effective for younger students compared to using Lua. Children will learn and practice advanced coding skills, apply their imaginations, & create!

Code	Date	Times	R/NR Fee
1115	Thursday 1/16 - 4/3	7 - 8:15PM	\$275/\$367
1116	Saturday 2/1 - 4/19	2 - 3:15PM	\$275/\$367
1117	Tuesday 2/18 - 5/6	5:30 - 6:45PM	\$275/\$367

# YOUTH PROGRAMS

## PYTHON FOR AI UNITS 1, 2, & 3

AGE: 10 - 17  
 LOCATION: VIRTUAL  
 INSTRUCTOR: CREATE AND LEARN

Python unlocks a realm of programming possibilities, making it a must-learn skill! Python stands as a high-level coding language favored by industry giants such as Netflix and Google. It finds applications in web development, game design, app creation, machine learning, and much more. Studies consistently highlight Python as one of the most intuitive and most popular coding languages. Our live online class not only covers the fundamentals of Python coding for kids and teenagers but also places a strong emphasis on the elements of Python most relevant to AI, including data structures and libraries.

Code	Date	Times	R/NR Fee
1111	Thursday 1/16 - 4/3	5:30 - 6:40PM	\$275/\$367
1112	Tuesday 1/21 - 4/8	7 - 8:10PM	\$275/\$367
1113	Saturday 2/22 - 5/10	2 - 3:10PM	\$275/\$367
1114	Tuesday 2/25 - 5/13	8:30 - 9:40PM	\$275/\$367

## MINECRAFT MODDING QUEST

AGE: 8 - 11  
 LOCATION: VIRTUAL  
 INSTRUCTOR: CREATE AND LEARN

Minecraft: Education Edition is built on top of the regular Minecraft game and includes additional features to teach kids coding & other STEM skills. In these carefully designed Minecraft modding classes, we cover a broad set of coding concepts. We start by introducing kids to the very basic concept of stacking commands together to make computers accomplish tasks. Kids will control agents to solve puzzles while interacting with different in-game characters. We will then move on to learn core coding concepts such as loop, operations, conditional, events, function, variables, and more. As students become increasingly proficient in these coding skills, they will progress to constructing more intricate structures and even coding mini games.

Code	Dates	Times	R/NR Fee
1129	Wednesday 1/14 - 4/2	8:30 - 9:25PM	\$220/\$293
1130	Thursday 2/6 - 4/24	7 - 7:55PM	\$220/\$293
1131	Saturday 2/22 - 5/10	12:30 - 1:25PM	\$220/\$293

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## DANCE - CAMPS

### KIDS WINTER BLAST

DATES: JAN 2 - 3  
TIMES: 9AM - 4PM  
AGE: 4 - 9  
LOCATION: 22886 PONTIAC TRAIL  
INSTRUCTOR: AMERICAN DANCE ACADEMY

Get ready for two action-packed days of winter fun at Kids Winter Blast! This exciting program is packed with a little bit of everything to keep kids entertained and active all day long. From a festive winter party to dance-offs, games, creative crafts, and tasty snacks, there's something for every child to enjoy. Whether they're showing off their dance moves, making a cool craft to take home, or enjoying the fun games and activities, your child is sure to have a blast.

Code	Day	R/NR Fee
1710	Thursday	\$60/\$80
1712	Friday	\$60/\$80
1711	Both Days	\$100/\$133



### KIDS DAY OUT: A WICKED FUN DAY!

DATE: MON., JAN. 20  
TIME: 9AM - 4PM  
AGE: 4 - 9  
LOCATION: 22886 PONTIAC TRAIL  
INSTRUCTOR: AMERICAN DANCE ACADEMY

Join us for a *wicked* day of adventure as we follow the yellow brick road straight to the magical Land of Oz! This one-day event promises a delightful journey of dance, games, crafts and misc. activities! This program is great for parents who work on MLK day and need childcare. It's going to be a *wonderfully wicked* day of fun, and you won't want to miss it! **Please pack a peanut free lunch and a water bottle for your child.** Early drop off and pick up is available, contact ADA at [americandanceacademy@yahoo.com](mailto:americandanceacademy@yahoo.com) to schedule your extended care

PROGRAM CODE: 1713  
R/NR FEE: \$60/80





# YOUTH PROGRAMS

## WINTER DANCE CAMP

**DATES:** MON.-FRI., FEB. 17-21  
**TIMES:** 9AM – 4PM  
**AGE:** 4 - 9  
**LOCATION:** 22886 PONTIAC TRAIL  
**INSTRUCTOR:** AMERICAN DANCE ACADEMY

This winter, join us for a fun-filled Dance Camp where each day is a new adventure! From dancing down the yellow brick road with Dorothy in *Wicked Wonderland* to sailing the seas with Moana, exploring emotions with *Inside Out*, grooving with the Minions, and shaking it off to Taylor Swift hits at our *Swifties Dance Party*, kids will have a blast as we bring their favorite themes to life! Each day includes exciting dance lessons, creative games, themed crafts, and tasty snacks, making it the perfect way for kids to stay active and imaginative all week long. **Please pack a peanut free lunch and a water bottle for your child. Early drop off and pick up is available, contact ADA at [americandanceacademy@yahoo.com](mailto:americandanceacademy@yahoo.com) to schedule your extended care**

**CODE:** 1714  
**R/NR FEE:** \$195/\$260

## DANCE - CLASSES

### DANCE CLASSES WITH THE STUDIO

**DATE:** JAN 27 - APR 3  
 (NO CLASS 2/17 - 21, 3/24 - 28)  
**LOCATION:** 12632 10 MILE RD  
**INSTRUCTOR:** THE STUDIO DANCE INSTRUCTORS

Whether your dancer wants to simply have fun, meet new friends, get great exercise, or learn what it takes to be a star! The studio provides a wide variety of programs for students of all ages and interests. From Bounce & Boogie to Teen Hip Hop. These classes offer skills that strengthen the body/mind, increase self confidence, and teach discipline in unique ways. **Students are recommended to wear stretchy clothing or leotards, Jazz Shoes or Ballet Slippers and bring a water bottle to class each day.**

### BABY JAZZ, BALLET & TAP (AGE:2.5 - 3)

Code	Day	Time	R/NR Fee
1503	Wed	5 - 5:30pm	\$110/146
1507	Thu	5 - 5:30pm	\$110/146
1510	Fri	11:15-11:45AM	\$110/146

### BALLET (AGE: 3-6)

Code:	Day	Time	R/NR Fee
1504	Wed	6:15-7pm	\$135/180

### JAZZ, HIP HOP, TAP COMBO (AGE: 4-6)

Code	Day	Time	R/NR Fee
1508	Thu	6:30 - 7:15pm	\$135/180
1511	Fri	10:30-11:15AM	\$135/180

### BALLET & LYRICAL JAZZ (AGE: 6-11)

Code	Day	Time	R/NR Fee
1501	Tue	6 - 6:45pm	\$135/180
1505	Wed	7:30-8:15pm	\$135/180

### HIP HOP & JAZZ JAM! (AGE: 7-12)

Code	Day	Time	R/NR Fee
1500	Mon	7:15-8pm	\$135/180
1509	Thu	7:15-8pm	\$135/180

### POM PON & HIP HOP (AGE: 4-6 & 7-12)

Code	Day	Time	R/NR Fee
1506	Wed	5:30-6:15pm	\$135/180



# YOUTH PROGRAMS

## BOLLYWOOD FOR TOTS & YOUTH

SESSION1: JAN 8 - FEB 13

SESSION2: FEB 19 - MAR 27

LOCATION: 28243 BECK RD UNIT B2 - WIXOM

INSTRUCTOR: CENTER FOR PERFORMANCE ARTS & LEARNING

Center for Performance Arts and Learning offer Bollywood classes designed for your specific age group. Our Bollywood Dance class for tots introduces your little ones to the energetic and expressive world of Bollywood dance. Through easy-to-follow steps and playful movements, children will explore rhythm, coordination, and self-expression. Youth Bollywood offers an exciting blend of Indian Classical, Bhangra, Garba, Hip Hop, Jazz, Contemporary, and unique fusion styles. These classes will keep you moving and grooving to the rhythm of Bollywood beats. Each session features a warm-up and cool-down, ensuring you're energized and stretched out after every class.

Code	Ses	Age	Day	Time	R/NR Fee
2301	1	7-15	Wed	7 - 8pm	\$135/\$180
2310	2	7-15	Wed	7 - 8pm	\$135/\$180
2302	1	3.5-6	Thu.	5:30 - 6:15pm	\$135/\$180
2311	2	3.5-6	Thu.	5:30 - 6:15pm	\$135/\$180

## YOUTH AERIAL APPARATUS

SESSION 1: JAN 6 - FEB 13

SESSION 2: FEB 17 - MAR 27

LOCATION: SLARA MPR

INSTRUCTOR: TUMBLE BUNNIES

Soar to new heights! Discover the thrill of aerial silks, slings, lyra, & dance trapeze. Whether you're a beginner or looking to further master your skills, we've got you covered! This class focuses on conditioning and perfecting form to ensure you develop the power and elegance needed to float effortlessly through the air! Transform your fitness routine and experience the magic of flying. **Classes are offered on Monday from 7 - 8PM, Wednesday from 6:30 - 7:30 PM, or Thursday 6 - 7pm. After registering with SLARA, participants must call the Center of Performance Arts & Learning, using the phone number (248) 207 - 4838, to reserve a timeslot.**

SESSION1: 2412

SESSION2: 2416

R/NR FREE: \$210/\$280

## GYMNASTICS

### BEGINNER GYMNASTICS

DATE: TUESDAY OR WEDNESDAY

SESSION 1: JAN 14 - FEB 18

SESSION 2: MAR 4 - MAR 26

LOCATION: SLARA MPR

INSTRUCTOR: TUMBLE BUNNIES

### ITTY BITTY BUNNIES (AGES 1.5-3)

This class has parents working with their child in a fun, energetic class that is filled with activities such as gymnastic focused warmups. Children will be introduced to a multitude of gymnastic equipment such as octagons, wedge mats, trampolines, and bars. **Comfortable clothing is all that is required.**

Code	Ses	Day	Time	R/NR Fee
2400	1	Tue	5:25-5:55pm	\$100/\$133
2403	1	Wed	10-10:30am	\$100/\$133
2406	2	Tue	5:25-5:55pm	\$68/\$90
2409	2	Wed	10-10:30am	\$68/\$90

### BIZZY BUNNIES/HAPPY HOPPERS

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampolines, vaults, wedge mats, and so much more. The classes are fun, fast moving, and challenging. The enthusiastic instructors will make each child feel special and encourage them to do their very best. **Comfortable clothing is all that's required.**

### BIZZY BUNNIES (AGES 3 - 4)

Code	Ses	Day	Time	R/NR Fee
2401	1	Tue	6 - 6:30pm	\$100/\$133
2404	1	Wed	10:35 - 11:05am	\$100/\$133
2407	2	Tue	6 - 6:30pm	\$68/\$90
2410	2	Wed	10:35 - 11:05am	\$68/\$90

### HAPPY HOPPERS (AGES 5-7)

Code	Ses	Day	Time	R/NR Fee
2402	1	Tue	6:35 - 7:05pm	\$100/\$133
2408	2	Tue	6:35 - 7:05pm	\$68/\$90



# YOUTH PROGRAMS

## LANGUAGE

### FOREIGN LANGUAGE

**DATE:** JAN 11 - MAR 18  
**AGE:** 5+  
**LOCATION:** CPAL—28243 BECK RD UNIT B2 - WIXOM  
**INSTRUCTOR:** CPAL INSTRUCTOR

Bonjour! Hallo! Namaste! Konnichiwa! Hola! Learn to communicate, read, and write in various foreign language classes offered by the Center for Performance Art & Learning. These classes cover the basics of communication such as the alphabet, greetings, and key phrases. As well as learning about the cultures and traditions of each language. The classes are taught through various exercises and class conversations. **Foreign Language subjects are Japanese, Hindi, French and Spanish.**

Code	Language	Day	Time	R/NR Fee
2303	Japanese	Sat.	11am - 12pm	\$250/\$333
2304	Hindi	Sun.	2 - 3pm	\$250/\$333
2305	French	Tue.	6 - 7pm	\$250/\$333
2306	Spanish	Tue.	5 - 6pm	\$250/\$333

## LIFE SKILLS

### CERTIFIED BABYSITTER/CPR/FIRST AID AND SAFE HOME ALONE

**DATE:** THU., MAR. 6  
**TIME:** 5:45-8:45PM  
**AGE:** 9+  
**LOCATION:** MILLENNIUM MIDDLE SCHOOL – CAFETERIA  
**INSTRUCTOR:** LIVE SAFE ACADEMY

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. One-day class. Topics include first aid, when and how to call 911, CPR with manikin practice, choking, and more! Students will also learn how to be safe and responsible when home alone, including what to do if somebody comes to the door and the importance of not giving out personal information.

Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for two years). To be certified students must participate in the entire course from beginning to end and successfully complete all skills, which requires full motor function of all four extremities. No refunds or

credit with less than 24-hour notice. If you need a medical exception, email Live Safe Academy at [info@LiveSafeAcademy.com](mailto:info@LiveSafeAcademy.com) before class. Bring a snack, pen and paper for notes is optional. No cell phone use during class except during break. Please note that students must arrive on time to be certified, so please arrive up to 10 minutes early. Parents, this class is for students who are independent and responsible enough to be responsible for the safety and well-being of younger children without adult supervision. Please check in your student at the beginning of class. Drop off and pick up is in the same room as class. This class sometimes ends late, approximately 10 minutes. For more information please visit: [www.livesafeacademy.com/babysitting](http://www.livesafeacademy.com/babysitting)

**PROGRAM CODE:** 1250  
**R/NR FEE:** \$55/\$73



### SELF DEFENSE FOR CHILDREN

**DATE:** THU., MAY 1  
**TIME:** 5:30 - 6:30PM  
**AGE:** 6 - 11  
**LOCATION:** 10083 COLONIAL INDUSTRIAL DR.  
**INSTRUCTOR:** LIVE SAFE ACADEMY - IAN KINDER

If someone wants to hurt our children, they will not choose a time or place with witnesses. That means no parents, no teachers, no policemen, just our children and the predator. The safety of our children will depend on their ability to recognize danger and respond appropriately. This fun, interactive and age-appropriate workshop teaches essential, lifesaving information about the dangers that our children face, strategies for prevention and real-world techniques designed to reduce their risk of abductions, assaults, and other forms of violence. But most of all, these programs teach students that they have the right to be safe, that no one has the right to hurt them, and that they are worth protecting. No refunds or credit with less than 24-hour notice. If you need a medical exception, email Live Safe Academy at [info@LiveSafeAcademy.com](mailto:info@LiveSafeAcademy.com) before class. For more information about this program please visit: <http://www.livesafeacademy.com/childsafety>

**CODE:** 1252  
**R/NR FEE:** \$20/26

# YOUTH PROGRAMS

## MARTIAL ARTS

### HAN'S TAE KWON DO

DATE: MON., WED., OR FRI.  
(SELECT THE DAY AT REGISTRATION)

SESSION 1: JAN. 17 - FEB. 14

SESSION 2: FEB. 17 - MAR. 3

LOCATION: 131 E LAKE ST.

INSTRUCTOR: HAN'S TAE KWON DO

#### AGES 5 - 9

This is a great class to teach young kids success principles through martial arts. Our classes get kids ready to learn how to focus, have self-discipline, and respect for others. Along with these principles, they will also learn beginning techniques, self-confidence, and respect.

Code	Ses	Time	R/NR Fee
2700	1	5:10 - 6pm	\$60/\$80
2702	2	5:10 - 6pm	\$60/\$80

#### AGES 10 - 14

Our classes for older kids help them to learn important principles to succeed in school and life. Skills such as respect, self-confidence, focus, goal setting and completion. As well as teaching important marital arts skills such as self-defense and awareness.

Code	Ses	Time	R/NR Fee
2701	1	6:10 - 7pm	\$60/\$80
2703	2	6:10 - 7pm	\$60/\$80



### SANCHIN-RYU KARATE

DATE: WEDNESDAY

SESSION 1: JAN. 15 - FEB. 19

SESSION 2: FEB. 26 - APR. 2

SESSION 3: APR. 9 - MAY. 14

LOCATION: SLARA—10083 COLONIAL INDUSTRIAL DR.

INSTRUCTOR: ROBERT THOMAS

Sanchin Ryu karate system is built for the ever-changing daily challenges we all face. The unique style emphasizes the philosophy that the road to true confidence and security is paved with your ability to understand and develop your movement, thinking, and emotions. Sanchin Ryu is a non-competitive style that meets you where you are and gauges your development and individual growth, all in a safe environment. Our belt ranking system is structured in a healthy no comparison way, and effectively recognizes each student's personal attainment and progress every stop of the way.

#### KIDS (4-14)

Handling stranger danger and bullies, building positive self-image, how to navigate peer pressure and circumvent it, developing self-control both physically and emotionally, and how to improve concentration.

Code	Ses	Time	R/NR Fee
2760	1	6 - 7pm	\$60/\$80
2763	2	6 - 7pm	\$60/\$80
2766	3	6 - 7pm	\$60/\$80

#### FAMILY (5+)

Karate for kids and adult program curriculum, lessons on family safety and protection, how to avoid conflict using awareness and communications, drills, and exercise.

Code	Ses	Time	R/NR Fee
2761	1	7 - 8pm	\$110/\$143
2764	2	7 - 8pm	\$110/\$143
2767	3	7 - 8PM	\$110/\$143

# YOUTH PROGRAMS

## MUSIC

### WARRIOR LEGACY

SESSION 1: JAN 15-MAR 16  
 SESSION 2: MAR 18 – MAY 18  
 (NO CLASS MAR. 23 - 31 & APR. 18)  
 LOCATION: 10638 RUSHTON RD BUILDING #4  
 INSTRUCTOR: SAHBUMNIM SHAWN DARNELL & BLACK BELT STAFF

### LITTLE DRAGONS (AGES 3 - 5)

Little Warrior classes are designed for preschool aged children, 3 – 5 years of age, to help them to develop the essential physical, cognitive, emotional, social, and behavioral skills that they will need to embrace life with a positive mental attitude!

Code	Ses	Day	Time	R/NR Fee
2706	1	Fri	5 - 5:45pm	\$60/\$80
2710	1	Sat	11:30am-12:15pm	\$60/\$80
2713	2	Fri	5 - 5:45pm	\$60/\$80
2717	2	Sat	11:30am-12:15pm	\$60/\$80

### JUNIOR WARRIORS (AGES 6-18)

The junior student program is designed specifically for children of all ages to give them the skills needed to move forward in life. Students are motivated to set goals for themselves and are encouraged with positive reinforcement to reach their goals. Every child is taught that he or she has potential and through our martial arts system of leadership, every child will have the opportunity to discover that potential. Most of all, children have fun while learning valuable developmental and lifesaving skills!

Code	Ses	Day	Time	R/NR Fee
2704	1	Wed	5:30-6:30pm	\$60/\$80
2705	1	Wed	6:30-7:30pm	\$60/\$80
2707	1	Fri	5:45-6:45pm	\$60/\$80
2708	1	Fri	6:45-7:45pm	\$60/\$80
2709	1	Sat	10:30-11:30am	\$60/\$80
2711	2	Wed	5:30-6:30pm	\$60/\$80
2712	2	Wed	6:30-7:30pm	\$60/\$80
2714	2	Fri	5:45-6:45pm	\$60/\$80
2715	2	Fri	6:45-7:45pm	\$60/\$80
2716	2	Sat	10:30-11:30am	\$60/\$80



### PRIVATE MUSIC LESSONS

SESSION1: JAN 6 - 27  
 SESSION2: FEB 3 - 24  
 SESSION 3: MAR 3 - 24  
 AGE: 6+  
 LOCATION: CPAL - 28243 BECK RD UNIT B2 WIXOM  
 INSTRUCTOR: CENTER FOR PERFORMANCE ART & LEARNING

Music lessons are an ageless pastime that continues into your future. From the heart of human emotions to the enrichment of our leisure time, CPAL helps you discover music and enrich your life. Four-week sessions are available on a one-on-one basis. Students will explore the instruments, learn to read basic music, finger positions, and playing techniques. Students who already have some musical skills will further their skills while learning more advanced techniques. Cen4Pal has a multitude of music lessons available, such as Violin, Banjo, Mandolin, Piano, Voice, Drum & Guitar. **SLARA Note: Student will be asked what musical instrument they're interested in taking during the registration process. CPAL Note: that participants must first register through SLARA and THEN call the Center of Performance Art & Learning at (248)-207-4838 to reserve a timeslot. Musical Instrument lessons are available Monday – Sunday after 3PM.**

SESSION CODE 1: 2300  
 SESSION CODE 2: 2309  
 SESSION CODE 3: 2312  
 R/NR FEE: \$160/213

# YOUTH PROGRAMS

## THEATER

### KINDER THEATER

**DATE:** JAN. 13 – APR. 1  
(NO CLASS 2/17 - 21, 3/24 - 28)  
**TIME:** 5:15 - 6PM  
**AGE:** 4 - 6  
**LOCATION:** 22886 PONTIAC TRAIL  
**INSTRUCTOR:** AMERICAN DANCE ACADEMY

Welcome to the world of theatre designed to inspire rising stars ages 4, 5, & 6! Children will be introduced to acting, singing, theatre movement including tap dance that is both educational and fun – the way it should be! Must wear comfortable stretchy clothing, bring water bottle, and wear tennis shoes. Questions? Please email [americandanceacademy@yahoo.com](mailto:americandanceacademy@yahoo.com)

Code	Day	Time	R/NR Fee
1700	Mon	5:15-6PM	\$160/\$213
1701	Wed	5:15-6PM	\$160/\$213

### ACT IT OUT

**DATE:** JAN. 13 – APR. 1  
(NO CLASS 2/17 - 21, 3/24 - 28)  
**AGE:** 7 - 12  
**LOCATION:** 22886 PONTIAC TRAIL  
**INSTRUCTOR:** AMERICAN DANCE ACADEMY

Join Act it Out with American Dance Academy this season during their theatre workshops! This course introduces and explores theater from page to stage. Class will include acting, voice lessons, improvisation, dance, and visual arts! Students will explore their imagination, self-expression, and build self-esteem throughout the season. Class enrollment is limited to personal attention with special guest instructors. Optional auditions will be held mid-season for South Lyon Theatre Company's Spring/Summer musical productions. Must wear comfortable stretchy clothing, bring water bottle, and wear tennis shoes. Questions? Please email [americandanceacademy@yahoo.com](mailto:americandanceacademy@yahoo.com)

Code	Day	Time	R/NR Fee
1703	Mon	6:15 - 7:15pm	\$180/\$240
1704	Wed	6:15 - 7:15pm	\$180/\$240

### YOUTH THEATER WITH CPAL

**DATE:** TUE., JAN. 14 – MAR. 18  
**TIME:** 6 - 7PM  
**AGES:** 8 - 12  
**LOCATION:** 28243 BECK RD UNIT B2 - WIXOM  
**INSTRUCTOR:** CENTER FOR PERFORMANCE ARTS & LEARNING

Ready to shine? Learn the basics of theater, from presence to performing! Awaken your senses and imagination through fun exercises and games. This class focuses on physical awareness, intellect, imagination, and emotion. Students will participate in theatre exercises and games that involve text, voice, speech, and movement exercises. Each class focused on a different aspect of theatre. The end goal of these seven weeks is to have the students perform what they've been learning.

**CODE:** 2307  
**R/NR FEE:** \$240/\$320



### TEEN THEATER WITH CPAL

**DATE:** WED., JAN. 14 – MAR. 18  
**TIME:** 6 - 7PM  
**AGE:** 13 - 17  
**LOCATION:** 28243 BECK RD UNIT B2 - WIXOM  
**INSTRUCTOR:** CENTER FOR PERFORMANCE ARTS & LEARNING

Ready to shine? Learn the basics of theater, from presence to performing! Awaken your senses and imagination through fun exercises and games. This class focuses on physical awareness, intellect, imagination, and emotion. Students will participate in theatre exercises and games that involve text, voice, speech, and movement exercises. Each class focused on a different aspect of theatre. The end goal of these seven weeks is to have the students perform what they've been learning.

**CODE:** 2308  
**R/NR FEE:** \$240/\$320

# SPORTS - LEAGUES

## BASKETBALL

### WINTER YOUTH BASKETBALL LEAGUE

**DATE:** JAN. 6 - MAR. 15  
(NO GAMES FEB. 22)

**GRADES:** K - 8

**LOCATION: PRACTICE: KENT LAKE, HARDY, BARTLETT, OR SAYRE**  
**GAMES: KENT LAKE OR SAYRE**

**Grade K - 1:** This co-ed league will introduce your youngster to team basketball. It is purely instructional with a set of relaxed rules. Coaches are permitted on the court during games to instruct and help the game progress. Game format will be either 4 on 4 or 5 on 5 depending on registration totals.

**Grade 2 - 3 Entry League:** Co-ed league with relaxed rules to get players used to playing competitive basketball. Players who are just starting out or who are not quite ready for the experienced league are encouraged to sign up for this level. Game format will be either 4 on 4 or 5 on 5 depending on registration totals.

**Grade 2 - 3 Experienced League:** Co-ed league for advanced players. This league will feature a 9ft rim and have a stricter set of rules that will get players ready to advance in the sport. Game format will be either 4 on 4 or 5 on 5 depending on registration totals.

**Grade 4 - 5:** This age level is separated by a boy's league and a girl's league. A full-court and 5 on 5 gameplay will be used. This league is set to teach the players the skills necessary to continue playing at the next level.

**Grade 6 - 8 Boys:** This age level is separated by a boy's league and a girls league. This league focuses on the advancement of skills and getting your child prepared to continue their playing career at the middle school level, especially if they are not able to play for a school team.

**Grade 6 - 8 Girls:** This level is designed to focus on skill advancement for girls seeking to take the next step in their game. We will be joining up with the Northville and Novi Winter leagues to create a more engaging experience with more teams. All South Lyon teams will practice at one of the available locations, but games may be in Northville or Novi. The rules we follow will be agreed to by all 3 cities.

Players will be divided into teams by SLARA based on practice availability and child ranking. Friend requests can be submitted but are not guaranteed under any circumstance. Please make sure you are ranking your child accurately and providing us with accurate practice availability information. Team changes will not be allowed if information is not accurate.



Teams practice once a week for an hour Mon.-Fri. and play games on Saturdays. There are 2 weeks of practice before the first games. Practices can be any time between 5:30 pm-9:30 pm and on any day, and both are determined by volunteer coaches. If you want to ensure your child gets a certain day or time for practice, the only way to guarantee that is by coaching a team.

Games will be officiated by students at both South Lyon High Schools for K-3<sup>rd</sup> grade and 4<sup>th</sup>-8<sup>th</sup> grade unless contracted officials are available. If no officials are available, games will be refereed by coaches or volunteer parents.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All friend requests must follow our Friend Request Policy and be submitted before Dec. 18. No friend request is guaranteed.

**Volunteer coaches are needed, no experience necessary!** Coaches meeting will be held on Thu., Dec. 19 at 6 pm at the SLARA Office.

**Rosters/Schedules will be emailed out by Dec. 21 at the latest. If you have not received a roster or schedule by then, please contact our office or check your spam folder.**

**R/NR Fee: \$105/\$140**  
**JERSEY FEE: \$12.25 IF YOU DID NOT PLAY IN THE SUMMER OR FALL 2024 LEAGUE.**  
**REGISTRATION DEADLINE: DECEMBER 11**  
**(REGISTRATION AFTER DEC. 11 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)**

**Recommended Equipment:** Basketball

Code	Grades	Level/Co-Ed
3000	K-1	Co-Ed
3001	2-3 Entry	Co-Ed
3002	2-3 Experienced	Co-Ed
3003	4-5	Boys
3004	4-5	Girls
3005	6-8	Boys
3006	6-8	Girls

# SPORTS - LEAGUES

## VOLLEYBALL

### IN-HOUSE VOLLEYBALL LEAGUE

**DATE:** PRACTICES BEGIN THE WEEK OF APRIL 7  
MON., TUE., OR THU.  
**AGES:** GRADES 2 - 8  
**LOCATION:** PRACTICES AT MILLENNIUM MIDDLE SCHOOL - GYM  
GAMES AT CENTENNIAL MIDDLE SCHOOL - GYM

**\*REGISTRATION WILL OPEN ON MON., FEBRUARY 11 AT 8 AM\***

Players in Grades 2 - 8 will be divided into teams by the SLARA Office. Each team will have a set evening practice time during the week. Coaches pick the practice day and time. Available practice days are Monday, Tuesday, and Thursday. Each team will play one officiated match on Friday evenings officiated by students of both South Lyon High Schools. All players will receive a team t-shirt. **Recommended Equipment:** Knee Pads

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All requests must follow our Friend Request Policy and submitted by Mar. 27.

**Rosters/Schedules distributed by April 1 at the latest!** If you do not receive a schedule and roster via email by April 1, please reach out to our office. Limited space is available on a first come, first serve basis. League registration will close when all available spots are filled or when registration deadline occurs, whichever comes first. Final registration deadline is March 28.

**Volunteer coaches are needed! Coaches meeting will be held at 6:00 PM on Tue., Apr. 1 at the Millennium Middle School Gym.** If you would like to coach, call the SLARA Office at 248.437.8105

**Registration Deadline: March 21**  
(Registration after Mar. 21 may be taken based on availability and a \$10 late fee will apply)

Code	Grade	R/NR Fee
3210	2 - 3	\$110/\$147
3211	4 - 5	\$110/\$147
3212	6 - 8	\$110/\$147



## SOCCER

### SPRING PRESCHOOL SOCCER

**DATE:** APR. 26 - JUN. 7  
**TIME:** 10 - 11AM  
**AGES:** 3.5 - 5 YEARS  
**LOCATION:** VOLUNTEER PARK NORTH FIELD

**\*REGISTRATION WILL OPEN ON MON., FEBRUARY 11 AT 8 AM\***

Rosters/Schedules distributed after the coaches meeting! If you do not receive a roster or schedule via email by April 1, please reach out to our office. Limited space is available on a first come, first serve basis. League registration will close when all available spots are filled or when registration deadline occurs, whichever comes first. All friend requests are due by the deadline.

This program is a wonderful way to introduce your preschooler to league play. Teams will play using the 5 on 5 format without goalies. Each team has one hour of participation with practice for the first 30 minutes then games for the last 30 minutes. **SLARA reserves the right to alter game formats based on player registration totals.** All games are officiated by the coaches. Each child receives a team t-shirt. **Volunteer coaches are needed; no experience necessary!** Coaches meeting will be held on Mon. Mar. 31, at 6 pm at the SLARA Office. No additional registrations will be taken after Mar. 28. A t-shirt is not guaranteed after the deadline. Please bring a #3 soccer ball to practice.

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, slrec.net. All friend requests must follow our Friend Request Policy and be submitted before Mar.

**Recommended Equipment:** Shin Guards

**CODE:** 3100  
**R/NR FEE:** \$100/\$133  
**Registration Deadline: March 21**

(Registration after Mar. 21 may be taken based on availability and a \$10 late fee will apply)





# SPORTS - LEAGUES

## SPRING YOUTH SOCCER LEAGUE

DATE: APR. 7 - JUN. 7

LOCATION: VOLUNTEER PARK - SOUTH FIELD

**\*REGISTRATION WILL OPEN ON MON., FEBRUARY 11 AT 8 AM\***

Register now for another exciting season of Spring Soccer with SLARA! League runs for 7 weeks (weather permitting). Coaches are now able to select a practice day and time out of available days, please indicate what days your child is available when registering and they will be assigned to a team based on their availability. Players participate twice a week with practice once during the week and a game Saturday. Each child will receive a team t-shirt.

Grades K - 1 will be played 5 on 5 without goalies. Bring a #3 soccer ball to practice. Grade 2 - 3 and 4 - 5 will be played 5 on 5 with goalies. Bring a #4 soccer ball to practice. **SLARA reserves the right to alter game formats based on player registration totals. All games are officiated by the coaches, unless a referee is available.**

If you would like your child to play with a friend, both parties must submit a friend request form, which can be found on our website, [slrec.net](http://slrec.net). Friend request forms must be submitted before March 28. Friend requests are not guaranteed under any circumstance and we will always prioritize practice availability and team balance before friend requests.

**Volunteer coaches are needed; no experience necessary.** If you would like to coach, please fill out the coaching section during registration and complete a volunteer coach application. Please contact the SLARA Office at 248.437.8105 or email Justin Lambregtse at [jlambregtse@slrec.com](mailto:jlambregtse@slrec.com) with any questions.

**Coaches meeting will be held on Mon., Mar. 31 at 6 pm at the SLARA Office.** Rosters/Schedules distributed after the coaches meeting! **If you do not receive rosters and schedules by April 1, please contact our office.**

**Recommended Equipment:** Shin Guards, appropriate size soccer ball

**Registration Deadline: March 21**  
(REGISTRATION AFTER MAR. 21 MAY BE TAKEN BASED ON AVAILABILITY AND A \$10 LATE FEE WILL APPLY)

Code	Grade	R/NR Fee
3101	K-1	\$110/\$147
3102	2 - 3	\$110/\$147
3103	4 - 5	\$110/\$147

## KIDDIE KICKERS

DATE: SAT., APR. 26 - MAY 24

AGE: 3½ - 5

LOCATION: VOLUNTEER PARK SOCCER FIELDS

**\*REGISTRATION WILL OPEN ON MON., FEBRUARY 11 AT 8 AM\***

Learn the basic skills of soccer including kicking, dribbling, and passing with Fun Time Sports! Each child is asked to bring a #3 soccer ball. **Registration Deadline: April 25**

Code	Times	R/NR Fee
3104S	9-10am	\$85/\$113
3105S	10-11am	\$85/\$113



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# LET'S PLAY



OFFICIAL FLAG FOOTBALL LEAGUE OF THE NFL



- NO EXPERIENCE NECESSARY  
- PRACTICE BEFORE GAMES

BOYS & GIRLS PRE-K THRU 8TH GRADE

Games and Practices on **Sundays** at **South Lyon High School**

Season Starts **April 13th** Deadline is **February 23rd**

**SPRING REGISTRATION IS OPEN**



**WWW.MICHIGANYOUTHFLAGFOOTBALL.COM**



In Partnership with



# SPORTS - CLASSES AND CLINICS

## ARCHERY

### ARCHERY BASICS

DATE: THURSDAY  
 SESSION 1: JAN. 16 – FEB. 6  
 SESSION 2: FEB. 13 – MAR. 13 (NO CLASS 2/20)  
 SESSION 3: MAR. 20 – APR. 17 (NO CLASS 3/27)  
 AGE: 7+  
 LOCATION: SLARA OFFICE  
 INSTRUCTOR: CERTIFIED USA ARCHERY INSTRUCTORS

Ready, Aim, Archery! Discover the sport of archery through instruction and games. This class will cover safety, use of equipment, and practicing the life-long skill of archery. Equipment provided. Participants may bring in their own equipment to class, but its use must be approved by the instructor. This program aligns with the USA Archery standards. Taught by local USA Archery Certified Instructors.

Code	Ses	Time	R/NR Fee
3628	1	6 - 7pm	\$55/\$73
3629	1	7 - 8pm	\$55/\$73
3630	2	6 - 7pm	\$55/\$73
3631	2	7 - 8pm	\$55/\$73
3632	3	6 - 7pm	\$55/\$73
3633	3	7 - 8pm	\$55/\$73



## BASEBALL/SOFTBALL/TEEBALL

### FUN TIME SPORTS TEE BALL

DATE: THURSDAY  
 SESSION 1: JAN. 16-FEB. 13 (NO CLASS JAN. 23)  
 SESSION 2: FEB. 27 - MAR. 20  
 AGE: 3 - 5  
 TIME: 5:30 - 6:30PM  
 LOCATION: BRUMMER ELEMENTARY - GYM  
 INSTRUCTOR: FUN TIME SPORTS STAFF

Kickstart your child's journey into the world of baseball and softball—America's beloved pastimes! This is the perfect opportunity for young athletes to dive into the basics, whether they're complete beginners or have some experience.

We'll cover essential skills like throwing, catching, fielding grounders and fly balls, playing various positions, and running the bases. Plus, kids will receive hands-on hitting instruction, starting with hitting off a tee to build confidence. Make sure to wear sneakers, bring a water bottle, and don't forget a baseball glove. Let's get ready for a summer filled with fun, teamwork, and the joy of the game!

SESSION 1 CODE: 3600  
 SESSION 2 CODE: 3602  
 R/NR FEE: \$90/\$120

### FUN TIME SPORTS BASEBALL AND SOFTBALL SKILLS AND DRILLS

DATE: THURSDAYS  
 SESSION 1: JAN. 16 - FEB. 13 (NO CLASS JAN. 23)  
 SESSION 2: FEB. 27 - MAR. 20  
 AGES: 5 - 7  
 TIME: 6:30 - 7:30PM  
 LOCATION: BRUMMER ELEMENTARY - GYM  
 INSTRUCTOR: FUN TIME SPORTS STAFF

Kickstart your child's journey into the world of baseball and softball—America's beloved pastimes! This is the perfect opportunity for young athletes to dive into the basics, whether they're complete beginners or have some experience.

We'll cover essential skills like throwing, catching, fielding grounders and fly balls, playing various positions, and running the bases. Plus, kids will receive hands-on hitting instruction, starting with hitting off a tee to build confidence.

Make sure to wear sneakers, bring a water bottle, and don't forget a baseball glove. Let's get ready for a summer filled with fun, teamwork, and the joy of the game!

SESSION 1 CODE: 3601  
 SESSION 2 CODE: 3603  
 R/NR FEE: \$90/\$120

# SPORTS - CLASSES AND CLINICS

## BASKETBALL

### FUN TIME SPORTS BASKETBALL

**SESSION 1: TUE, APR. 8 - MAY 6**  
**LOCATION: HARDY ELEMENTARY ~ GYM**  
**INSTRUCTOR: FUN TIME SPORTS STAFF**

**SESSION 2: THU., MAY 15 - JUN. 12**  
**LOCATION: BRUMMER ELEMENTARY ~ GYM**  
**INSTRUCTOR: FUN TIME SPORTS STAFF**

This is an incredible opportunity for your child to dive into one of the world's most thrilling games! Whether they're a beginner or have some experience, this program is designed to ignite their passion for the sport. Your child will master essential skills like dribbling, passing, shooting, and defense, all while having a blast! Older players will not only refine their techniques but also learn valuable in-game strategies. Don't miss out—sign your child up today, and let them make new friends, build confidence, and enjoy the game!

Code	Ses.	Ages	Times	R/NR Fees
3619	1	5-7	5:30 -6:30 pm	\$100/\$133
3620	1	7 - 10	6:30 -7:30 pm	\$100/\$133
3621	1	10 - 13	7:30 -8:30 pm	\$100/\$133
3622	2	5-7	5:30 -6:30 pm	\$100/\$133
3623	2	7 - 10	6:30 -7:30 pm	\$100/\$133
3624	2	10 - 13	7:30 -8:30 pm	\$100/\$133



## SOCCER

### FUN TIME SPORTS INDOOR SOCCER

**DATE: MONDAYS**  
**SESSION1: JAN. 13 - FEB. 10 (NO CLASS 1/20)**  
**SESSION 2: FEB. 24 - MAR. 17**  
**LOCATION: BRUMMER ELEMENTARY GYM**

The goal is for the kids to learn and have fun growing with the game of soccer! This co-ed class will focus on those who are still learning the game of soccer. The skills focused on will include soccer fundamentals of how to pass, dribble, and shoot. This is a relaxed setting where the emphasis will be on fun! Please wear shin guards, bring a soccer ball and a bottle of water.

Code	Ses.	Ages	Times	R/NR Fees
3613	1	3 - 5	5:30 -6:30 pm	\$90/\$120
3614	1	5 - 7	6:30 -7:30 pm	\$90/\$120
3615	1	7 - 10	7:30 -8:30 pm	\$90/\$120
3616	2	3 - 5	5:30 -6:30 pm	\$90/\$120
3617	2	5 - 7	6:30 -7:30 pm	\$90/\$120
3618	2	7 - 10	7:30 -8:30 pm	\$90/\$120



### INTRO TO FUTSAL CLASS

**DATE: TUE., JAN. 14 - MAR. 11**  
**TIME: 5:45 - 6:45 PM**  
**GRADES: K - 3**  
**LOCATION: CENTENNIAL MIDDLE SCHOOL ~ GYM**  
**INSTRUCTOR: ALICIA PRISTER**

Come join the fastest growing trend in soccer training! Now in its second year at SLARA! Futsal is a small-sided soccer like game played on a court similar to a basketball court and at the speed of basketball but with your feet. The rules are different but the dribbling and passing skills have helped to improve soccer player skills around the world for over 40 years.

Recommended : Futsal ball size 3 and shin guards

**CODE: 3500**  
**R/NR FEE: \$64/\$85**

# SPORTS - CLASSES AND CLINICS

## FUTSAL OPEN GYM

**DATE:** TUE., JAN. 14-MAR. 11 (NO CLASS FEB. 18)  
**TIME:** 6:45 PM-7:45 PM  
**GRADE:** 2 - 6  
**LOCATION:** CENTENNIAL MIDDLE SCHOOL ~ GYM  
**INSTRUCTOR:** ALICIA PRISTER

Join Coach Alicia for winter soccer training! This class is designed for the kids who want to keep training and developing during the winter. Following the play-practice-play model from US Soccer, kids will scrimmage, learn a soccer skill, and apply what they learned in a second scrimmage. Technical and tactical lessons will be covered each week. Working with a futsal ball on a hard court has been shown to develop skills that translate to the pitch. Kids in 2<sup>nd</sup> and 3<sup>rd</sup> grade will scrimmage each other. Kids in 4<sup>th</sup>-6<sup>th</sup> grade will scrimmage each other.

**Required equipment:** Tennis shoes, shin guards, Futsal ball size 3 for 4<sup>th</sup> grade and under, futsal ball size 4 for 5<sup>th</sup> and 6<sup>th</sup> grade. There will be a limited amount of futsal balls available, but it is ideal that most children bring their own ball.

**CODE:** 3501  
**R/NR FEE:** \$80/\$106

## SOCCER SKILL SESSIONS

**DATE:** THU., JAN. 16, 30, FEB. 13, 27, MAR. 13  
**TIME:** 5:45 PM-6:30 PM  
**GRADE:** 3 - 6  
**LOCATION:** CENTENNIAL MIDDLE SCHOOL ~ GYM  
**INSTRUCTOR:** ALICIA PRISTER

Join Coach Alicia to work on specific skills each session. This class is designed for kids who really want to improve their technical soccer skills through increased repetition and more individualized training. There will not be 5v5 scrimmages in this class, any tactical application will be done in 2v2 format. Sign up for individual classes that work for your player's interest and your family's schedule. Working with a futsal ball on a hard court has been shown to translate to soccer skill on the pitch.

Jan 16<sup>th</sup> – Dribbling  
 Jan 30<sup>th</sup> – Passing  
 Feb 13<sup>th</sup> – Shooting mechanics  
 Feb 27<sup>th</sup> – First touch and trapping  
 March 13<sup>th</sup> – Defensive skills

**Required equipment:** tennis shoes only worn in a gym, and futsal ball size 3

**CODE:** 3502  
**R/NR FEE:** \$50/\$66 , **DROP-IN FEE:** \$12

## TENNIS

### TODD BEYER INDOOR TENNIS

**DATE:** MON.  
**SESSION 1:** JAN. 6 - FEB. 10 (NO CLASS JAN. 20)  
**SESSION 2:** FEB. 24 - MAR. 31 (NO CLASS ON MAR. 24)  
**SESSION 3:** APR. 7 - MAY 5  
**LOCATION:** KENT LAKE ELEMENTARY - GYM  
**INSTRUCTOR:** TODD BEYER OR STAFF

Come join the fun and learn the exciting game of tennis with our pro Todd Beyer and/or staff. Coach Todd has taught tennis for over 30 years. Please contact him at 734.674.6754 with any questions. Bring age-appropriate tennis racket, tennis shoes and water.

**AGES 4 - 6:** Introduction to tennis using low-impact tennis balls. Fun games and exercise.

Code	Session	Times	R/NR Fee
3300	1	5:30 - 6:30 pm	\$95/\$127
3303	2	5:30 - 6:30 pm	\$95/\$127
3306	3	5:30 - 6:30 pm	\$95/\$127

**AGES 7 - 10 :** For players new to tennis or those that have some experience. Learn/review fundamentals through drills and fun/competitive games.

Code	Session	Times	R/NR Fee
3301	1	6:30 - 7:30 PM	\$107/\$143
3304	2	6:30 - 7:30 PM	\$107/\$143
3307	3	6:30 - 8:30pm	\$107/\$143

**AGES 11 - 14:** Learn/review tennis strokes, drill and rally playing out points, and working on fundamentals.

Code	Session	Times	R/NR Fee
3302	1	7:30 - 8:30 PM	\$107/\$143
3305	2	7:30 - 8:30 PM	\$107/\$143
3308	3	7:30 - 8:30 PM	\$107/\$143



# SPORTS - CLASSES AND CLINICS

## TRACK & CROSS COUNTRY

### FUN TIME SPORTS TRACK AND CROSS COUNTRY

DATE: THURSDAY  
 SESSION 1: JAN. 16 - FEB. 13  
 SESSION 2: FEB. 27 - MAR. 20  
 LOCATION: BRUMMER ELEMENTARY SCHOOL- GYM  
 INSTRUCTOR: FUN TIME SPORTS STAFF

Join us at Fun Time Sports, where you can learn from a program inspired by the excitement of the Olympics! This is a fantastic opportunity for your child to master the fundamentals of running and effective training techniques in a supportive environment. No prior experience is necessary, but any background in the sport is a plus. Don't miss out on this chance to ignite your child's passion for running—sign up today! Optional track meets are available for a separate fee, offering a great chance for your child to showcase their skills.

Code	Session	Ages	Times	R/NR Fee
3604	1	6 - 11	7:30 - 8:30 pm	\$90/\$120
3605	2	6 - 11	7:30 - 8:30 pm	\$90/\$120



## VOLLEYBALL

### VOLLEYBALL SKILLS & SCRIMMAGE

DATE: FRI.  
 SESSION 1: JAN. 17 - FEB. 14  
 SESSION 2: FEB. 28 - APR. 4 (NO CLASS MAR. 28)  
 SESSION 3: MAY 2 - MAY 23  
 LOCATION: HARDY ELEMENTARY  
 INSTRUCTOR: JO SCHIRTZINGER, LEISURE UNLIMITED LLC

**VolleyLite (Grades 2 - 4):** Learn sound fundamentals in passing, serving, and spiking. We'll cover rules, rotation, and transition. Fun, progressive drills challenge players while they work at their own pace. Instructor, Coach Jo Schirtzinger is a former Class A High School Volleyball Coach, has over 40 years of competitive playing experience and is a former MHSAA official. For info: [www.leisureunlimited.net](http://www.leisureunlimited.net)

**Volleyball (Grades 5 - 7):** Trying to make the school volleyball team? Improve your techniques in passing, spiking, setting, blocking, and serving. We'll also cover rules, serve reception, offenses, defenses, net play, court communication and transition. Scrimmages help players apply what they've learned and enhance their understanding of the game. Instructor, Coach Jo Schirtzinger is a former Class A High School Volleyball Coach, has over 40 years of competitive playing experience and is a former MHSAA official. For info: [www.leisureunlimited.net](http://www.leisureunlimited.net)

Code	Session	Grade	Times	R/NR Fee
3700	1	2 <sup>nd</sup> -4 <sup>th</sup>	6 - 7pm	\$80/\$107
3701	1	5 <sup>th</sup> -7 <sup>th</sup>	7 - 8pm	\$80/\$107
3702	2	2 <sup>nd</sup> -4 <sup>th</sup>	6 - 7pm	\$80/\$107
3703	2	5 <sup>th</sup> -7 <sup>th</sup>	7 - 8pm	\$80/\$107
3704	3	2 <sup>nd</sup> -4 <sup>th</sup>	6 - 7pm	\$64/\$85
3705	3	5 <sup>th</sup> -7 <sup>th</sup>	7 - 8pm	\$64/\$85



# SPORTS - CLASSES AND CLINICS



## FUN TIME SPORTS VOLLEYBALL

**DATE:** TUESDAYS  
**SESSION 1:** JAN. 14-FEB. 11  
**SESSION 2:** FEB. 25-MAR. 18  
**LOCATION:** HARDY ELEMENTARY - GYM  
**INSTRUCTOR:** FUN TIME SPORTS STAFF

Get ready for an exciting adventure in volleyball! This fast-paced sport is not just about skill; it's a thrilling challenge that will test your hand-eye coordination, reflexes, and jumping ability! Join us for a fantastic time as you learn to bump, volley, and spike, along with a variety of other essential skills and techniques to elevate your game.

Whether you're a seasoned player or a complete beginner, everyone is welcome—experience is a bonus, but not required! Just come ready to have fun. Don't forget to wear sneakers and knee pads, and bring along a water bottle to stay refreshed. Let's hit the court and unleash your volleyball potential!

**Ages 5-7 will use a Beachball instead of a Volleyball to focus on learning proper form and basic skills.**

Code	Session	Ages	Times	Price N/NR
3607	1	5 - 7	6 -7pm	\$100/\$133
3608	1	7 - 10	7-8 pm	\$100/\$133
3609	1	10 - 13	8 -9 pm	\$100/\$133
3610	2	5 - 7	6 -7pm	\$90/\$120
3611	2	7 - 10	7-8 pm	\$90/\$120
3612	2	10 - 13	8 -9 pm	\$90/\$120

## USA HOCKEY

### LEARN TO PLAY

**LOCATION:** USA HOCKEY ARENA  
**INSTRUCTOR:** USA HOCKEY STAFF

The Learn to Play Hockey program is a USA Hockey Cross-Ice Instructional program. All our teaching and lesson plan materials are based on USA Hockey's American Development Model (ADM). This program is designed to be the natural progression from Learn to Skate (Hockey 1 - 4) to the Compuware House League. Are you already playing hockey? The Learn to Play Hockey program is also a great way to get additional ice time and instruction for those currently playing youth league hockey! **Prerequisite:** Already learned how to skate and have a full set of hockey equipment.

**R/NR FEE:** \$161/\$215  
**No CLASS 4/2, 4/6, 4/16, AND 4/20**

Code	Ses.	Dates	Times
1134	1	Wed., 1/29 - 3/12	6:10 - 7 PM
1135	1	Sun., 2/2 - 3/16	10 - 10:50 AM
1136	2	Wed., 3/19 - 5/14	6:10 - 7 PM
1137	2	Sun., 3/23 - 5/18	10 - 10:50 AM

### LEARN TO SKATE

**AGE:** 4+  
**LOCATION:** USA HOCKEY ARENA  
**INSTRUCTOR:** USA HOCKEY STAFF

From the first steps on the ice to mastering advanced techniques, Learn to Skate is the right start for everyone. USA Hockey Arena is excited to offer a new curriculum called Learn to Skate USA. The program, endorsed by U.S. Figure Skating, USA Hockey, US Speedskating, the Professional Skaters Association (PSA) and the Special Olympics, empowers aspiring skaters to achieve athletic and personal goals on and off the ice while providing a fun and positive experience.

**R/NR FEE:** \$161/\$215  
**\*No CLASS 4/2, 4/5, 4/16, AND 4/19**

Code	Ses.	Date	Times
1140	1	Wed., 1/29 - 3/12	5:10 - 6 PM
1141	1	Sat., 2/1 - 3/15	9:30 - 10:20 AM
1142	2	Wed., 3/19 - 5/14	5:10 - 6 PM
1143	2	Sat., 3/22 - 5/17	9:30 - 10:20 AM



# Weather Cancellation Notification System

The safety and welfare of all employees and participants is of the utmost importance. This notification system has been designed to give guidance to employees, coaches, officials and participants in activities, as well as renters of SLARA facilities. The following are general guidelines. Employee judgement may be exercised in certain situations and some determinations/cancellations may be made at the facility or on the fields. ***Cancellations may occur due to inclement weather, heat index, outside restrictions or unacceptable facility conditions.***

### **If Program is Held at a South Lyon School Facility**

When the South Lyon School facilities are closed all SLARA programs held at a South Lyon School will be cancelled. ***\*NOTE: Programs will still be held in case of in-service days.***

### **If Program is Held at another other Location**

If programs are taking place at a facility other than a South Lyon school, please call that facility directly to check the status of your class. SLARA will make every attempt to remain open and stay as close to the regularly scheduled business hours as possible during inclement weather.

### **For Outdoor Events**

As a matter of safety and precaution, all activities must stop if thunder is heard or lighting is seen. All players, coaches, officials, participants, and spectators are to return to their cars. NO EXCEPTIONS. Wait 30 minutes from the last sound of thunder or sight of lightning. If the weather clears, 30 minutes after last sound of thunder or sight of lightning, activity can resume. If conditions persist the activity will be cancelled.

### **Notification System**

Time frame for such cancellations will be as follows: (if no notification has been posted, cancellations may be determined onsite)

**Day of:** Programs running prior to 4:00pm will be determined as soon as possible. Please understand that some circumstances are out of our control and prior notification might not be possible.

**Evening of:** Programs running after 4:00pm will be determined by 4:00pm

**Weekends:** Determined at least 1 hour prior to the beginning of the program

**Special Events:** Determined at least 1 hour prior to the beginning of the program

***\*Cancellation notices will be posted on SLARA social media accounts including Twitter, Facebook and Instagram. Notifications may also be made via email or by phone if determination is made during business hours and it is feasible to do so.***

***For sports leagues, coaches will be emailed and asked to contact individual players.***

Follow us on our social media platforms:



[facebook.com/southlyonarearecreationauthority](https://facebook.com/southlyonarearecreationauthority)



[instagram.com/southlyonrec](https://instagram.com/southlyonrec)



[twitter.com/southlyonrec](https://twitter.com/southlyonrec)





## NOTICE TO PARTICIPANTS

All participants are subject to the SLARA Code of Conduct. SLARA programs are offered to all persons without regard to race, color, sex, national origin, age, creed or ability. In compliance with the Americans With Disabilities Act of 1990, SLARA will make reasonable efforts to accommodate participants with disabilities for programs. For assistance, call 248.437.8105 at least seven days prior to the program or event. All athletic and recreational activities involve some risk of accident or injury. SLARA does not provide insurance nor does it assume responsibility for accidents or injuries. Participation in this program and the use of equipment is at your own risk.

## NOTE TO THE COMMUNITY

Circumstances are such that some classes will not meet in consecutive weeks as scheduled. We will make every effort to assure that students will receive the total number of sessions indicated. All classes are subject to a maximum and minimum enrollment. You will be notified only if your class is cancelled, full or in conflict. Occurrences beyond our control may necessitate a change of date, room, time, instructor and/or cancellation of a class. Often, conflicts happen without prior notice and we do not have time to notify you. Your understanding is appreciated.

## SLARA MEETING SCHEDULE

SLARA Board meetings are held at 2:00pm, the fourth Wednesday of every month.

## INCLEMENT WEATHER POLICY

When South Lyon schools are closed all SLARA programs held at a SL school will be cancelled. If your class is being held at a different facility, please call that facility directly to check the status of your class. The SLARA office will make every attempt to remain open and stay as close to the regularly scheduled business hours as possible during snow storms and other weather emergencies. We encourage you to call ahead to determine the operational status of the SLARA office when there appears to be reason for weather-related institutional delays and/or closures. You can also check the SLARA Facebook page and Instagram account for delays and closures. There will be no partial refunds, letter of credit or make-up for cancelled classes due to inclement weather, mechanical failure or natural disaster.

## NON-TRANSFERABLE REGISTRATIONS

All SLARA registrations are solely intended for the person(s) registered and are non-transferable. This includes but is not limited to programs, classes, sports, aquatics, special events, and day camp.

## PHOTO POLICY

Enrollment in SLARA programs authorizes SLARA, its employees and contractors to take your photograph for use in future brochures, flyers, documents, displays, and other publications, website and on social networking websites. SLARA will not sell, use or authorize others to use such photographs for commercial purposes.

## ALLERGY INFO

Please be sure to let us know if you and/or your child have any food allergies or restrictions. We will make reasonable efforts to accommodate participants with food allergies. You may be asked to provide your own snack.

## REGISTRATION

You can register via Fax, Mail-In, Walk-In or Online. Online registration available at [www.slrec.net](http://www.slrec.net) Please call the office to create an account. SLARA accepts Discover, VISA, MasterCard, or American Express. **NOTE:** There is a non-refundable \$4 convenience fee whenever you use a credit or debit card. However, this fee will be fully refunded if a class is cancelled by SLARA. Make checks payable to "SLARA". A \$25 fee will be assessed to all returned checks.

## RESIDENCY POLICY

**We are not affiliated with the South Lyon School District.** The SLARA service area encompasses Green Oak Township, the Charter Township of Lyon and the City of South Lyon. Any person residing within the boundaries of these municipalities will be considered a "resident" and will receive a discount for most program fees. Anyone who resides outside of these municipalities will be considered a "non-resident" and be required to pay full price to participate in programs.

## REFUNDS

All refund requests are charged a \$10 cancellation fee. Any refunds requested after the first class/program are charged the cost of the first day plus the cancellation fee. **NO REFUNDS** will be given after the second scheduled class/program.

For a refund, please follow these steps:

1. Cancellations must be made BY PHONE OR IN PERSON.
2. Call or visit the SLARA Office immediately to allow time for someone else to register for the class.
3. All requests must be made before **3:00 pm** on the last working day prior to the beginning of the second scheduled class/activity.

**YOUTH SPORTS LEAGUES: NO REFUNDS** will be given after the first practice. Refunds after the uniforms have been ordered will have the uniform and cancellation fee subtracted.

**SPECIAL EVENTS/ONE DAY PROGRAMS: NO REFUNDS** for special events, one day programs or convenience fees unless they are cancelled by SLARA.

**KIDS KAMP:** Refunds must be requested 3 weeks **PRIOR** to the week of camp requiring cancellation. If requesting a refund prior to the refund deadline, a \$20 fee is charged. After the refund deadline, absolutely **NO** refunds are allowed.

Refunds will be paid in full when classes are cancelled by SLARA. There is no refund or reduction of fees for classes missed by students. No refunds paid in cash. Refunds take 2-3 weeks to process. **NOTE:** There is a non-refundable \$4 convenience fee whenever you use a credit or debit card. However, this fee will be fully refunded if a class is cancelled by SLARA.

If a class is cancelled due to weather, mechanical failure, or other unexpected problems, an effort will be made to schedule a make-up. If it is not possible to provide a make-up, no partial refunds will be given.



# REGISTRATION/WAIVER FORM



## HOUSEHOLD INFORMATION

Last Name: \_\_\_\_\_ Primary Phone #:(\_\_\_\_\_) \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Primary E-mail : \_\_\_\_\_  
 Parent: \_\_\_\_\_ DOB: \_\_\_\_\_ Cell #:(\_\_\_\_\_) \_\_\_\_\_  
 Parent: \_\_\_\_\_ DOB: \_\_\_\_\_ Cell #:(\_\_\_\_\_) \_\_\_\_\_

## PROGRAM REGISTRATION

Allergies/Medical or Special Needs: \_\_\_\_\_  
 \_\_\_\_\_

League Shirt Size Options: YS, YM, YL, AS, AM, AL, AXL  
 League Skill Level Options: 1, 2, 3, 4, 5 (1=beginner, 5=experienced)

Participant's Name	D.O.B	Program Code #	Shirt Size	Skill Level	Fee
		#			\$
		#			\$
		#			\$
		#			\$

Total Fee: \$ \_\_\_\_\_

### Credit Card Use Only

There is a non-refundable \$4 convenience fee whenever you use Discover/Visa/Mastercard/American Express. However, the convenience fee will be fully refunded if a class is cancelled by SLARA.

Credit Card#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVW code: \_\_\_\_\_  
 Name on card (print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## PLEASE READ AND SIGN WAIVER FOR PARTICIPATION:

*In consideration for the foregoing, I for myself, my child, my executors, administrators, and assignees, do hereby release and discharge SLARA, all sponsors, coordinating groups, volunteers, and any individuals associated with the event, for all claim or damages, demands, actions whatsoever in manner arising or growing out of my or my child's participation in said event. In the absence of a parent/guardian's signature below, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release. South Lyon Area Recreation Authority will not provide health and/or accident insurance for program participants. I hereby grant permission for SLARA to use myself or my child's photograph, videotape or film to publicize activities and programs.*

★ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (Participant or Parent/Guardian if participant is under 18 years old)

Mail registration with payment to: SLARA, 10083 Colonial Industrial Dr., South Lyon, MI 48178  
 Hours: M – F, 8:00am to 4:00pm Phone: 248.437.8105  
 Fax: 248.437.4324 Website: www.slrec.net

## VOLUNTEER COACH/ASSISTANT COACH

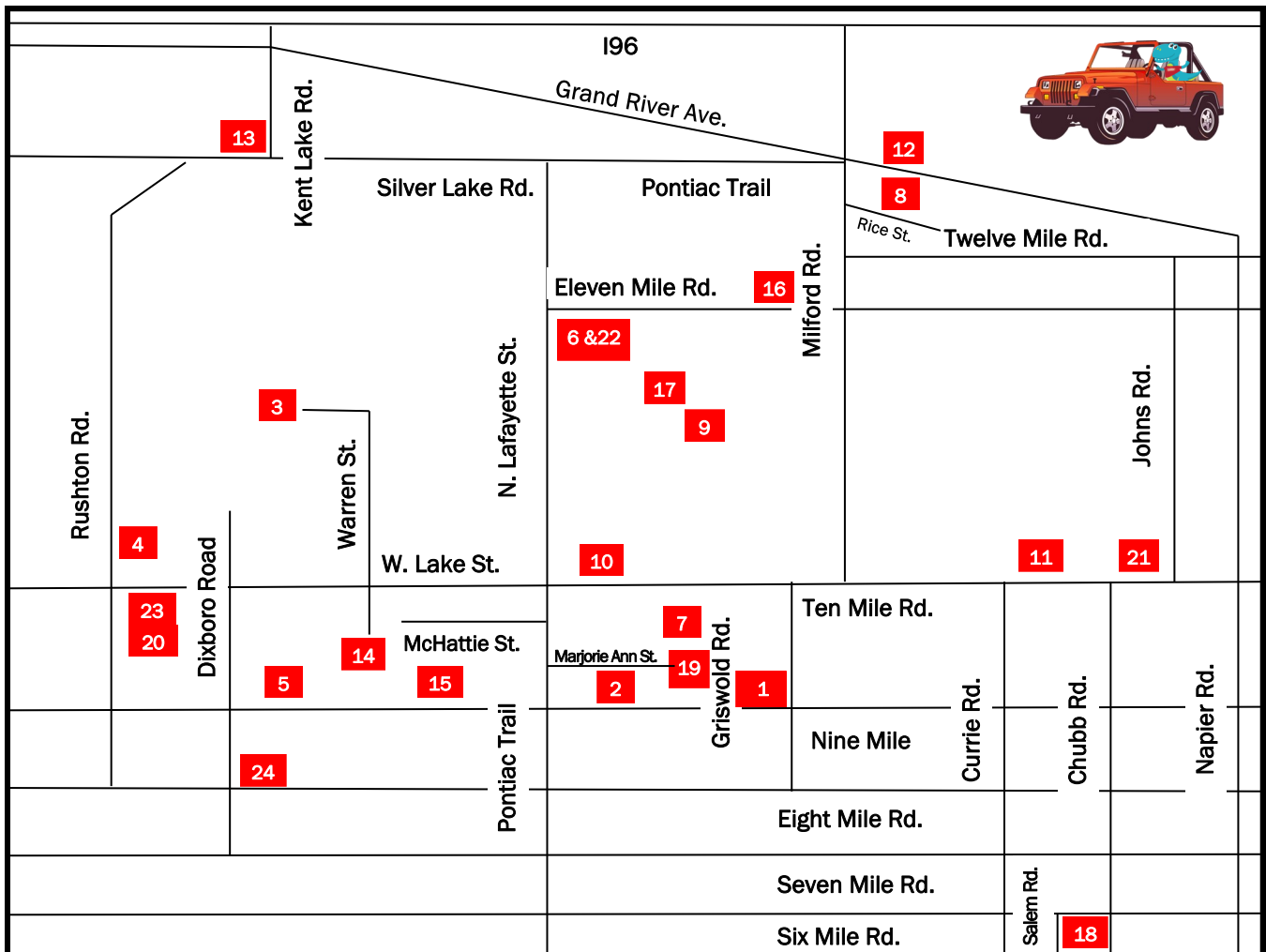
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_  
 Primary Phone #: (\_\_\_\_) \_\_\_\_\_ Secondary #: (\_\_\_\_) \_\_\_\_\_  
 Email: \_\_\_\_\_ Coach to be placed with: \_\_\_\_\_

By signing this waiver you are allowing SLARA to conduct a standard State of Michigan I-Chat System background check on yourself.

➔ If you are registering by mail, drop box or fax and you do not receive a confirmation of your registration via email, please call the office to confirm your registration. DO NOT MAIL CASH! ➔

# SOUTH LYON AREA RECREATION AUTHORITY VENUE MAP

- |   |   |
|---|---|
| <ol style="list-style-type: none"> <li>1. Action Sports<br/>23333 Griswold Rd., Suite #300</li> <li>2. American Dance Academy<br/>22886 Pontiac Trail</li> <li>3. Bartlett Elementary<br/>350 School St.</li> <li>4. Brummer Elementary<br/>9919 N. Rushton Rd.</li> <li>5. Centennial Middle School (6<sup>th</sup>)<br/>62500 W. Nine Mile Rd. (7<sup>th</sup>/8<sup>th</sup>)</li> <li>6. Center for Active Adults<br/>1000 N. Lafayette St.</li> <li>7. Columbia Park<br/>Off Ten Mile Rd, In Hunters Creek</li> <li>8. Dolsen Elementary<br/>56775 Rice St.</li> <li>9. Ethos Human Performance<br/>515 N. Mill St</li> <li>10. Hans Tae Kwon Do<br/>131 E. Lake St.</li> <li>11. Hardy Elementary<br/>24650 Collingswood (Woodwind Sub-Division)</li> <li>12. Inspiration Park<br/>56730 Grand River Ave</li> </ol> | <ol style="list-style-type: none"> <li>13. Kent Lake Elementary<br/>30181 Kent Lake Rd.</li> <li>14. McHattie Park<br/>Off Pontiac Trail between Nine and Ten Mile Roads</li> <li>15. Millennium Middle School (6<sup>th</sup>)<br/>61526 W. Nine Mile Rd. (7<sup>th</sup>/8<sup>th</sup>)</li> <li>16. Pearson Elementary<br/>57900 Eleven Mile Rd.</li> <li>17. PINZ Bowling Center<br/>700 N. Lafayette</li> <li>18. Salem Elementary<br/>7806 Salem Rd.</li> <li>19. Sayre Elementary<br/>23000 Valerie St.</li> <li>20. SLARA Office<br/>10083 Colonial Industrial Dr</li> <li>21. South Lyon East High School<br/>52200 W. Ten Mile Rd.</li> <li>22. South Lyon High School<br/>1000 N. Lafayette St.</li> <li>23. The Studio<br/>12632 10 Mile Road</li> <li>24. Volunteer Park<br/>Dixboro between Eight and Nine Mile Roads</li> </ol> |
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# Important Dates

**December 2** - Winter Registration Opens at 8am

**December 7** - Candy Cane Hunt

**December 13** - Cookie Decorating Party

**December 13** - Winter Basketball Deadline

**December 23** - Homemade Gift Party

**January 24** - New Year Dodge Off

**February 11** - Spring Soccer & Volleyball Registration opens

**February 15** - Art from the Heart

**February 28** - Mom/Son Neon Party

**March 1** - Daddy Daughter Movie Premier Dance

**March 31** - Spring-Summer Recreation Guide Released

**April 7** - Spring-Summer Registration Opens at 8am

**April 25** - Recycled Art Workshop

V I S I T   O U R   N E W   L O C A T I O N

*We have  
Moved*

10083 COLONIAL INDUSTRIAL DR.  
SOUTH LYON, MI 48178